

Nalanda Bulletin

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For Non-Muslims Only

10th Anniversary of Nalanda

Celebrating a decade of excellence in
Education • Development • Propagation

2003 – 2013



Nalanda
10th
anniversary
2003 – 2013

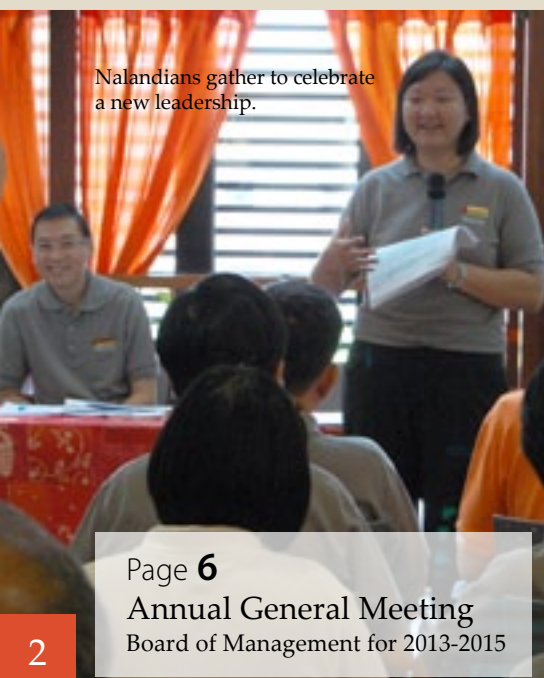
Nalanda Buddhist Society will be observing our 10th Anniversary on 1 May 2013! This year's extra-special celebrations will begin with the customary morning pūja, followed by anniversary messages from leaders, sharings, and Sanghika Dāna. In the evening, there is the "*Malam Mengenang Budi*" appreciation dinner and performances in honour of Nalanda's benefactors, supporters and volunteers who have contributed to our educational mission for the past 10 years. Let us all rejoice in the noble deeds performed in the past decade, and share in the vision of serving the community through holistic Buddhist Education!

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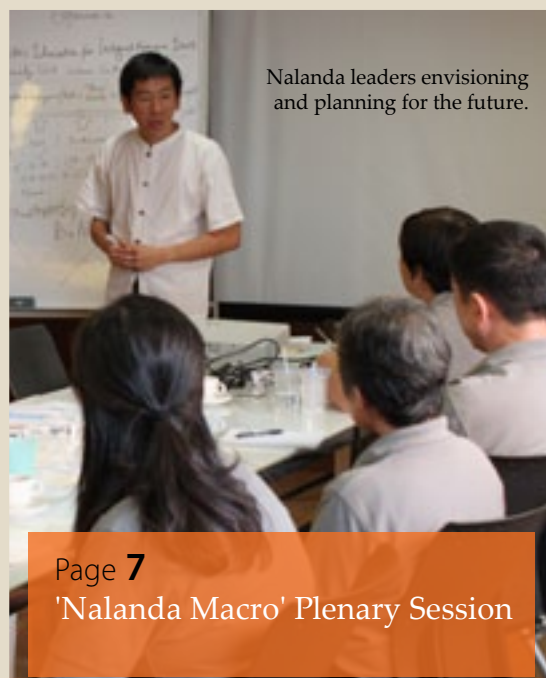
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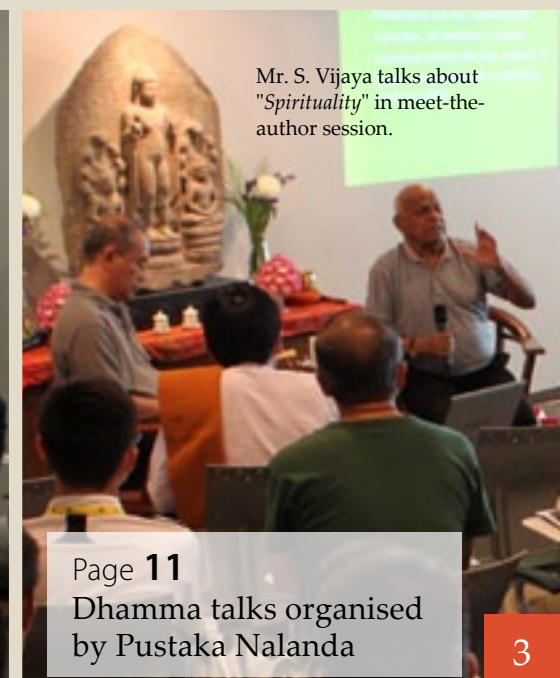
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Nalanda's 10th Annual General Meeting

24 March

Nalanda Buddhist Society Malaysia's 10th Annual General Meeting (AGM) was held on 24 March. President Mr. Lee Kong Foo convened the meeting with the President's Address, summarising the Society's highlights and achievements in the past year. Nalanda Founder Bro. H S Tan offered inspiring advice and shed positive glow on the direction and future of Nalanda, while reminding all members to uphold the lofty Nalandian culture and spirit.

After the members received and approved the minutes of the previous AGM, Honorary Secretary Sis. Buddhini Tan, and Honorary Treasurer Sis. May Wong, presented the Secretary's Annual Report and Treasurer's Financial Report respectively. Following this, the Board of Management for 2013-2015 was duly elected. This is the first two-year term Board of Management for Nalanda, following the constitutional amendments in January 2013. Congratulations to the newly-elected members of the Board! May you progress well and serve diligently.

Board of Management 2013 - 2015

President	: Bro. Lee Kong Foo
Deputy President	: Bro. Lee Teck Beng
Honorary Secretary	: Sis. Buddhini Tan Poay Lin
Honorary Treasurer	: Sis. May Wong Fong Mui
Assistant Secretary	: Sis. Mudita Chan Yin Fan
Assistant Treasurer	: Sis. Margaret Ng Siew Bee
Board Members	: Bro. Mittananda Chong Kuet Lin, Bro. Charlie Teng Chia Yee, Sis. Chan Mei Yee, Sis. Gioh Gik Choo, and Sis. Joyce Lim Saw Hong

Nalanda
10th
anniversary
2003 - 2013



'Nalanda Macro' Plenary Session

7 April

On 7 April, Nalanda leaders had a plenary session to discuss *Nalanda Macro* 2014-2015. *Nalanda Macro* is an important document published annually which outlines the programmes and objectives of all divisions and departments for the ensuing period. This plenary session was facilitated by Honorary Secretary Sis. Buddhini Tan, and attended by the President, Deputy President, Treasurer, Members of the Board, Directors, and Heads of Departments.

Nalanda Institute, Dharma School, Free School, Pustaka Nalanda, and Youth Centre presented their divisional plans for the next two years in the session. Founder Bro. Tan also took time to join in the discussions, sharing his views and ideas with Nalandian leaders.



Nalanda leaders listening to Bro. Tong Siang Yeow presenting Nalanda Institute's Departmental plans for the next two years.



YBAM Seminar in Kedah

8 March

On 8 March, the Young Buddhist Association of Malaysia (YBAM) Kedah State Liaison Committee organised a fruitful one-day seminar to discuss the development of Buddhism in the state. This is one of the most important events in the Buddhist movement in this northern state in recent years. The seminar was held at Cinta Sayang Resort, Sungai Petani, and was participated by 230 attendees representing 33 Buddhist societies and 3 university Buddhist groups across Kedah.

YBAM Kedah invited 4 notable Buddhist leaders in Malaysia to speak at the seminar – Venerable Jue Cheng, the Chief

Superintendent of Fo Guang Shan Malaysia & Singapore; Bro. Goh Qing Song, President of National YBAM Committee; Dr. Hea Ai Sim, President of Hilir Perak Buddhist Association; and Nalanda's founder, Bro. Tan Ho Soon. The 2 sessions of the forum were moderated by Mr. Chong, President of Central Kedah Buddhist Association; and Bro. Chong Hung Wang, former President of YBAM.

It was truly an inspiring gathering of like-minded Buddhist leaders and movers, both young and old, to rejuvenate the learning and propagation of Buddhism locally. Nalanda wishes to thank YBAM Kedah for inviting us to be one of the presenting organisations at the seminar. It was a great honour and pleasure being part of this programme. Sadhu anumodana to the capable organisers and our wonderful hosts in Kedah!



9 March

Volunteer Induction Programme

On 9 March, a Volunteer Induction Programme (V.I.P.) was organised to introduce new volunteers to Nalanda's culture and service quality. During the 4-hour session, Sis. Buddhini, Sis. Santi and Sis. Faith took turns to present the volunteer guide-lines and to facilitate group discussions. It was a fruitful workshop and by the end of it, everyone was feeling like a V.I.P.!

Can you please Volunteer?

The success of an organisation is often due to the people behind it. Over the past 10 years, Nalandians have worked diligently to bring the Dhamma to more people, promoting harmony and happiness in all that we do. Sincere and true to our Core Values, we continue to provide opportunities for all to learn and practise the Buddha's Noble Teachings in a pro-active way.

As we expand into new horizons to serve a wider community, we invite you to join us in a dynamic journey ahead! Below are some of the areas where help is needed :

- Preparations for Wesak 2013
- Publications (in English & Chinese)
- Videography & Photography
- Website design & maintenance
- Graphic design
- Housekeeping & Building maintenance
- IT Support & Basic programming
- Activity/Event organising

Whether you are studying or working, young or retired, if you believe in doing good and giving back to society, we warmly welcome you! **Call us at 03-8938 1500** and find out how you can help to grow the community through positive action!

Pustaka Nalanda Dhamma-learning Programmes



Meet-the-Author Session with Mr. S.Vijaya

16 March

Pustaka Nalanda regularly organises sessions to meet with Dhamma-book authors and discuss the Dhamma in a group setting. The systematic way in which these sessions were conducted is especially helpful to those who are new to Buddhism but are keen to deepen their understanding of Dhamma. The first *Meet-the-Author* session this year (*photograph above*) was held with Mr. Vijaya Samarawickrama, who spoke on "*Spirituality*".

Monthly Dhamma Discussions (*photograph below*) this year are based on two Dhamma books – "*Good Question, Good Answer*" by Ven. S. Dhammika, and "*One Life, Five Precepts : Buddhist Ethics for Modern Living*" by Ven. Faxun. All are welcome to participate in these regular discussions and learn the Dhamma together!



Monthly Dhamma Discussion

12 April



Salam Nusantara kepada semua!

Visit by Indonesia Buddhist Fellowship

31 March

On 31 March, Nalanda warmly welcomed our friends from the Buddhist Fellowship Indonesia and Buddhist Reborn, who visited and spent the day at Nalanda Centre in Sri Serdang. It was a day full of friendly interactions as we got to know each other better and exchanged information and ideas related to Buddhism. Sharing much laughter and singing along together to Buddhist songs, it was like a big *Nusantara Buddhist family* reunion, revelling in the spirit of the Dhamma!

16 March

Visit by Singapore Buddhist Fellowship Youth

On 16 March, members of Singapore Buddhist Fellowship (BF) arrived at Nalanda Centre to a warm welcome and hearty lunch. They were then guided on a tour of the building before proceeding to "Meet-the-Author" session with Mr. Vijaya Samarawickrama.

During the afternoon tea-break, Bro. Tan shared Dhamma teachings with the BF members. In the evening, Dr. Wong Yin Onn gave a Dhamma talk to the youths about the importance of making decisions wisely and taking responsibility for their choices. It was truly a day of camaraderie, learning, and experiencing the Dhamma in new, refreshing ways!





Sis. Nandini leading other Nalandians in paying respects at the Ven. K Sri Dhammananda Memorial Stupa at the Buddhist Maha Vihara.

18 March

Nalanda Patron's Day

18 March 2013 marked the 95th birth anniversary of Nalanda's late Spiritual Advisor, the Most Venerable K Sri Dhammananda Nayaka Thero. This day is also designated as Nalanda Patron's Day, an annual event to commemorate and appreciate all our donors, benefactors and volunteers who have contributed tremendously to the growth of Nalanda over the years.

Nalandians visited the Buddhist Māha Vihāra in Brickfields on that day, and offered Sanghika Dāna with faith and devotion. May the merits accrued lead all beings to freedom from suffering. May all be well and happy!

Dhamma Talk by Luang Por Dumrong & Luang Por Jundee

Nalanda was honoured by the visit of Luang Por Dumrong, Luang Por Jundee and Tahn Ajahn Moshe to Nalanda Centre on 30 March. The venerables belong to the Thai Forest tradition and were disciples of the late Ajahn Chah.

30 March



Luang Por Dumrong and Luang Por Jundee both gave inspiring Dhamma talks in Thai, which were translated into English by Tahn Ajahn Moshe. The key message was on how one can nurture faith in the *Buddha-Dhamma* through right understanding and diligent practice, while keeping it all very clear and simple. After the talk, devotees were uplifted by the beautiful Dhamma, and were inspired by the compassion and wisdom of the visiting venerables. Sadhu anumodana!

Sis. Buddhini showing the Venerable Ajahns around Nalanda Centre.



Mr. Lok Eng Hong's career talk for the youths was very informative and beneficial for those who are contemplating their future directions.



17 March

Education & Career Talk

A career talk for youths with the topic "Plan Your Education and Career Now" was held recently at Nalanda Centre. The speaker, Mr. Lok Eng Hong, pointed out that the world is ever-changing rapidly. We should keep up with the news every day and be competent enough to cope with changing market demands. Potential employers can adjudge a person's character by merely viewing the first page of one's résumé.

Mr. Lok advised that if youths are still unclear about the career path they would like to take, they ought to observe their response to news and things in daily life. There must be something which motivates one more than other things.

We are very grateful to Mr. Lok for his beneficial sharing. May all those who participated in the talk share their knowledge and insights gained, especially with other youths who are also embarking on their further education or career paths.

14 April

National Service Trainees' Service Sunday

On 14 April, Nalanda Youth Centre warmly welcomed a new batch of 55 National Service Trainees to Service Sunday. After an entertaining ice-breaking session with the participants, our youth facilitators conducted an informative session with them on Buddhist culture and common practices. It was a meaningful afternoon well-spent making new friends and learning about Buddhism together!



Nalanda Youth Centre members discussing the Dhamma in their own Sunday session suited for young adults.

14 April

Youth Dhamma Discussion

On 14 April, the Nalanda Youth Centre organised the first Sunday Youth Dhamma Discussion Programme. Its objective is to deepen the youths' knowledge and understanding of Dhamma and how one can apply the Buddha's teachings in daily life. It was a lively and interactive discussion as bright young minds came together to exchange views and share their understanding and insights. Discussing Verses 1 & 2 of the *Dhammapada*, the session served to re-emphasise the importance of nurturing a wholesome mind and maintaining mental purity.



"Buddhism needs a youthful spirit.
The youthful spirit needs Buddhism."
– Bro. Tan Ho Soon

10 March

Dharma School Trip

Education often takes place beyond the classroom. On 10 March, students of Nalanda Dharma School had an outing to the Kuala Lumpur Crafts Complex to broaden their horizons on the handicraft industry. Apart from visiting the exhibitions, students were also given a chance to try their hands at making some simple handicraft.



Nalanda Dharma School facilitators and students visiting the Kuala Lumpur Crafts Complex.



On this one-day trip, the students also spent the afternoon in a treasure hunt at Bukit Gasing. They worked together in groups and helped each other hiking across the terrain and hunting for clues. Joyous faces were apparent as they successfully accomplished each task given to them. Facilitators and students alike had an enjoyable and meaningful time together.



26 – 28 March

Junior NDS Students' Stay-in Programme

Over a three-day period from 26 – 28 March, Nalanda Dharma School organised a Stay-in Programme for junior students from the Happy Garden, Kuala Lumpur (KL) Branch. As part of the programme, the students had an outing to the KL Bird Park, had lunch at the Lake Gardens, and visited the Malaysian Association for the Blind (MAB).

On the last night, the students had a session to reflect on gratitude to their parents for providing them with family comfort and taking care of their well-being. The Stay-in Programme concluded with a wonderful performance on the story of 'Angulimala' by the students on the last day.





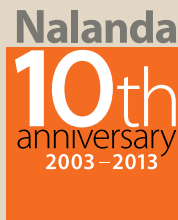
Bro. Tan and other Nalandian officers from Serdang visiting NEO Centre Johor Bahru on 13-14 April.

13-14 April

Nalanda JB Branch Pro-tem Committee Elected

Nalanda Buddhist Society Johor Bahru Branch achieved an important milestone on Sunday, 14 April. The inaugural meeting of the Pro-tem Committee was held under the chairmanship of Bro. Yap Chong Huat. The meeting was also attended by Honorary Secretary Sis. Buddhini Tan, representing Nalanda's Board of Management, 3 Board Members, and 4 other Nalanda officers. The meeting elected a Pro-tem Committee comprising 13 members as follows :

Chairperson	Yap Chong Huat
Deputy Chairperson	Ng Swee Meng
Secretary	Ong Ai Geok
Treasurer	Vivienne Ng Swee Foon
Assistant Secretary	Cheong Boy Liew
Assistant Treasurer	Yap Chong Yin
Committee Members	Yap Chong Tai, Lian Chiew Lian, Lim Teck Yong, Lim Chin Huat, Thock Kiah Wah
Honorary Auditors	Ng Choy Hong, Tan Chor Hwa



The Pro-tem Committee will now spearhead the formation and registration of the Nalanda Johor Bahru Branch, and plan activities for the upcoming Wesak celebrations. It will function until the inaugural General Meeting of the Branch later this year, whereby a new Management Committee will be elected by members. Congratulations to the newly-elected Pro-tem Committee members! May you progress well and serve diligently.

After their first meeting and lunch, there was a sharing session by Nalandians on their experience in voluntary service. It was an inspiring and heart-warming session as many people shared their personal challenges and joy in serving the public.

Nalandians and visitors were all impressed by the earnest progress of the renovation work being carried out at the JB Centre. Our great admiration and appreciation to the spirited drive by our JB Branch Pro-tem leaders, and the contributions by many contractors working on the project. Sadhu anumodana!

The NEO Centre Johor Bahru will be launched on 26 May.



The inaugural meeting of the Pro-tem Committee, chaired by Bro. Yap Chong Huat.



An inspiring sharing session by all present after lunch.



20 April

Piṇḍacāra at Seri Kembangan Market

In April, Nalanda organised a *Piṇḍacāra* (alms-round) at the Seri Kembangan wet market for the first time to introduce this ancient Buddhist practice to the local community. After the morning invocation at Nalanda Centre, volunteers and devotees alike set out to the market together to offer alms-food to venerable bhikkhus. It was a unique and new experience for many amongst the marketing crowd and stall operators; but they responded to the venerables on alms-round with much warmth, devotion and generosity!

Aiming to intensify efforts in educating the public, Nalanda will be organising *Piṇḍacāra* three times a month in May and June, at two locations stated below :

Taman O.U.G. morning market : 4 May, 1 June (Saturdays)

Seri Kembangan morning market : 11 & 18 May, 8 & 15 June (Saturdays)

Come and participate in this wonderful programme, and experience the great joys of generosity!

Mass Taking Refuge Ceremony in the Three Jewels

Buddha Day Friday, 24 May

Programme

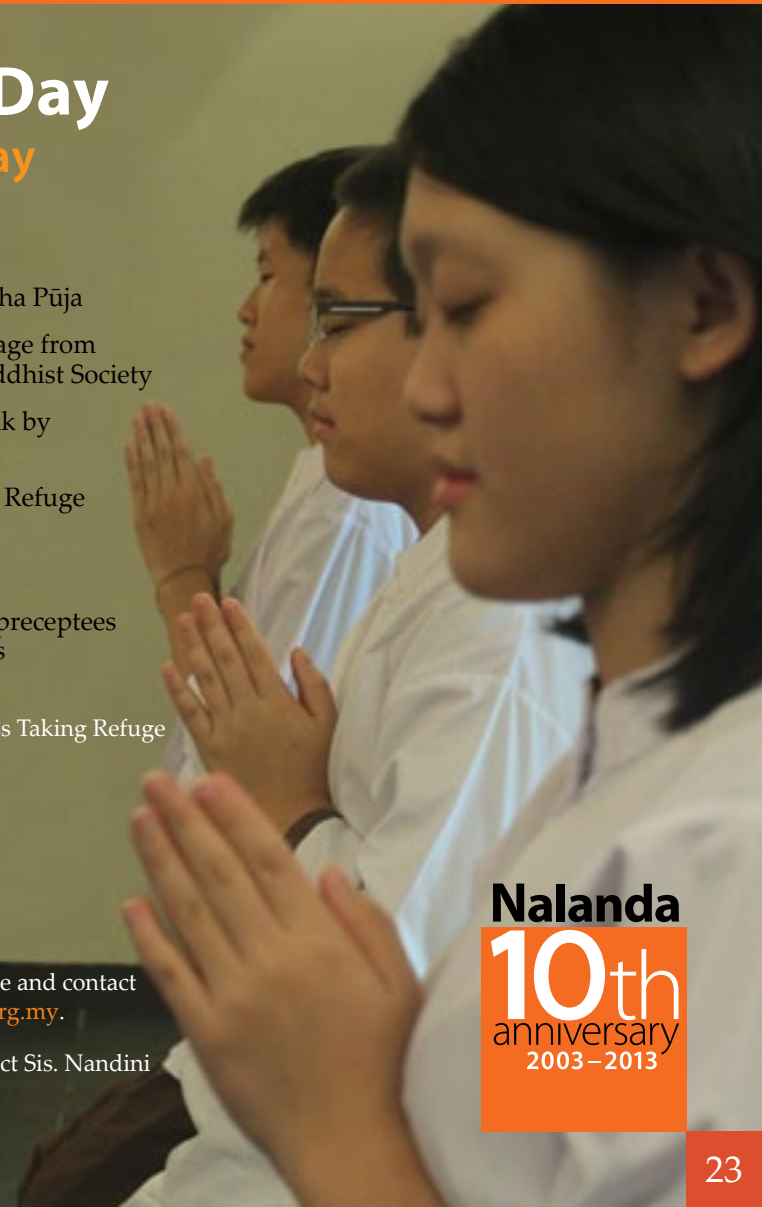
- 9.00 am Wesak Buddha Pūja
- 9.30 am Wesak Message from Nalanda Buddhist Society
- 9.45 am Dhamma Talk by Bro. H S Tan
- 10.30 am Mass Taking Refuge Ceremony
- 11.00 am Lunch Dāna
- 11.30 am Lunch for 8-preceptees and devotees

* Registration for the Mass Taking Refuge Ceremony is required.

Please email your full name and contact number to info@nalanda.org.my.

For enquiries, please contact Sis. Nandini at 03-8938 1500/1501.

Nalanda
10th
anniversary
2003–2013



Fly our Buddhist Flag Campaign

2600
Years of
Buddhism

May is the month of **Wesak**! In conjunction with this most important celebration for Buddhists world-wide, we are urging all Buddhists to proudly display the Buddhist Flag at home for the entire month, so as to share the blessings of Dhamma and our joy with others.

For your convenience, Nalanda has prepared high-quality, made-in-Malaysia Buddhist Flags which you can purchase for display at home. The 90cm x 60cm flags can be obtained from Nalanda Centre in Sri Serdang. Please contact us at 03-8938 1500 for enquiries or purchases.

Let's fly our Buddhist Flag with devotion and confidence!

Learn the meaning and symbolism of the Buddhist Flag from Nalanda's website at www.nalanda.org.my/the-international-buddhist-flag/

Family Fun Fair 2013 家庭欢乐日



Building for the Community

Nalanda Family Fun Fair is held in aid of Nalanda Building & Development Fund. The proceeds will also be channeled to support educational programmes of Nalanda Free School, Nalanda Institute, and Nalanda Dharma School.

家庭欢乐日主要目的是为了筹募Nalanda发展及建设基金。其款项也将供Nalanda义学校、佛学院、及佛学班为教育用途。

**4 August 2013, Sunday
10am – 6pm, Nalanda Centre**

Come enjoy a fun & meaningful day with family and friends while supporting a great cause.

All are welcome!

For enquiries, kindly contact Nalanda's representatives :

Nalanda Centre	03-8938 1500
Mdm. Chooi Kum Ying	012-268 3376
Mr. Lee Teck Beng	016-235 9333
Mdm. Gloh Gik Choo	013-269 0327

Kindly obtain coupons from Nalanda Centre.
Thank you for your support!

Attractions

- ★ Food & Beverages
- ★ Handicrafts
- ★ Garments
- ★ Stationeries
- ★ Games
- ★ Performances
- ★ Children's Activities

The Young Buddhist Quiz

Test your Buddhist knowledge
& win interesting prizes!

31 August 2013



How to take part :

- i** The Young Buddhist Quiz is open to all Malaysian youths aged 13 to 16 years as on 1 July 2013. Each participating team shall consist of 4 contestants and one teacher/mentor. For Dhamma School participation, each School is allowed to submit multiple entries.
- i** Each team is to submit a minimum of 40 quiz questions according to the categories listed in the Rules and Regulations. Please submit them together with the completed Application Form by 31 May 2013.
- i** Other Rules and Regulations apply. Check our website www.nalanda.org.my to download the Application Form and to know more. Gather your teammates TODAY & sign up for the Quiz!

For enquiries, email institute@nalanda.org.my or call **Sis. Maggie** at **012-6151413** (after 6pm).

Upcoming Events May – July 2013

MAY

Nalanda
10th
anniversary
2003–2013

01	Nalanda Day - 10th Anniversary Celebrations	Nalanda Centre
	<i>Malam Mengenang Budi</i>	Nalanda Centre
04	<i>Pindacāra</i> - Alms-round by Sangha members at the morning market in Taman O.U.G.	NEO Centre, KL/ O.U.G. Market
10	Monthly Dhamma Discussion	Nalanda Centre
11	<i>Pindacāra</i> - Alms-round by Sangha members at the morning market in Seri Kembangan	Nalanda Centre/ S. K. Market
	* BPS 068 – <i>True Significance of Wesak</i>	Nalanda Centre
12	* 中文初级佛学班—第九讲: 日常生活的修行	Nalanda Centre
	* BPS 068 – <i>True Significance of Wesak</i>	NEO Centre, KL
16	Teacher's Day	Nalanda Centre
	Mandarin Dhamma Talk by Ven. Ajahn Cagino	Nalanda Centre
18	<i>Pindacāra</i> - Alms-round by Sangha members at the morning market in Seri Kembangan	Nalanda Centre/ S. K. Market
23-26	Wesak (<i>Buddha Day</i>) Observance B.E. 2557	Nalanda Centre
26	Launching of Nalanda Education & Outreach (NEO) Centre, Johor Bahru	NEO Johor Bahru

JUN

01	<i>Pindacāra</i> - Alms-round by Sangha members at the morning market in Taman O.U.G.	NEO Centre, KL/ O.U.G. Market
08	<i>Pindacāra</i> - Alms-round by Sangha members at the morning market in Seri Kembangan	Nalanda Centre/ S. K. Market
14	Monthly Dhamma Discussion	Nalanda Centre
15	<i>Pindacāra</i> - Alms-round by Sangha members at the morning market in Seri Kembangan	Nalanda Centre/ S. K. Market

JUL

01	Nalanda Institute's 6th Anniversary	Nalanda Centre
06	<i>Pindacāra</i> - Alms-round by Sangha members at the morning market in Taman O.U.G.	NEO Centre, KL/ O.U.G. Market
21	<i>Dhammacakka Day</i> at Nalanda	Nalanda Centre

Nalanda 'Gimhāna Period' starts on 8 June until 22 July.

** Registration is required for these courses / programmes.*

Regular activities at Nalanda Centre include "Service Sunday" (Sundays, 9am–12pm) and *Chanting & Meditation* (Wednesdays, 8.30pm–9.30pm). For full details or updates on Nalanda's many programmes, kindly log on to our website at www.nalanda.org.my

Interpersonal Well-being & Social Harmony

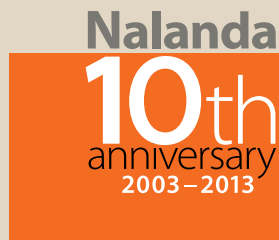
Our ability to communicate well and develop a capacity for intimacy with those around us is the bedrock of social harmony. We need to learn good communication and social skills to relate to and connect with other people in our world.

We need people in our lives to cherish, have meaningful relationships with, and cultivate a support system involving friends, co-workers and family members. When we establish and maintain positive relationships, we see the value in our interpersonal well-being, which in turn spurs us on to reap the rewards of social harmony.

What are our objectives in life?

As Buddhists, we strive to attain balance and happiness in our lives, as well as to help others achieve greater joy and success in their lives, by realising the *Six Well-beings*, namely :

1. *Physical well-being* and good health.
2. *Mental well-being* and joyful living.
3. *Family well-being* and domestic bliss.
4. *Economic well-being* and career success.
5. *Interpersonal well-being* and social harmony.
6. *Spiritual well-being* and inner peace.



Visit us on Facebook at www.facebook.com/nalanda.org.my

Nalanda Contacts Please visit our website for the directions to Nalanda.

Nalanda Buddhist Society Malaysia

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Tel. No. +603-8938 1500 / 8938 1501

E-mail info@nalanda.org.my

Fax No. +603-8938 1502 / 8948 8055

Website www.nalanda.org.my

Nalanda Education & Outreach (NEO) Centre, Kuala Lumpur

524 A, 1st Floor, Jalan Riang 12,
Taman Gembira, 58200 Kuala Lumpur.

Tel. No. +603-7971 7151

E-mail gembira@nalanda.org.my

Nalanda Education & Outreach (NEO) Centre, Johor Bahru

30, Jalan Dedap 26, Taman Johor Jaya,
81100 Johor Bahru, Johor.

**The NEO Centre Johor Bahru will be
launched on 26 May 2013.**

Nalanda Centre is open daily from Tuesdays to Sundays, 10am to 10pm. Closed on Mondays.
Nalanda Institute, Nalanda Dharma School, and Nalanda Free School are based at Nalanda Centre, Sri Serdang.