

# Nalanda Bulletin

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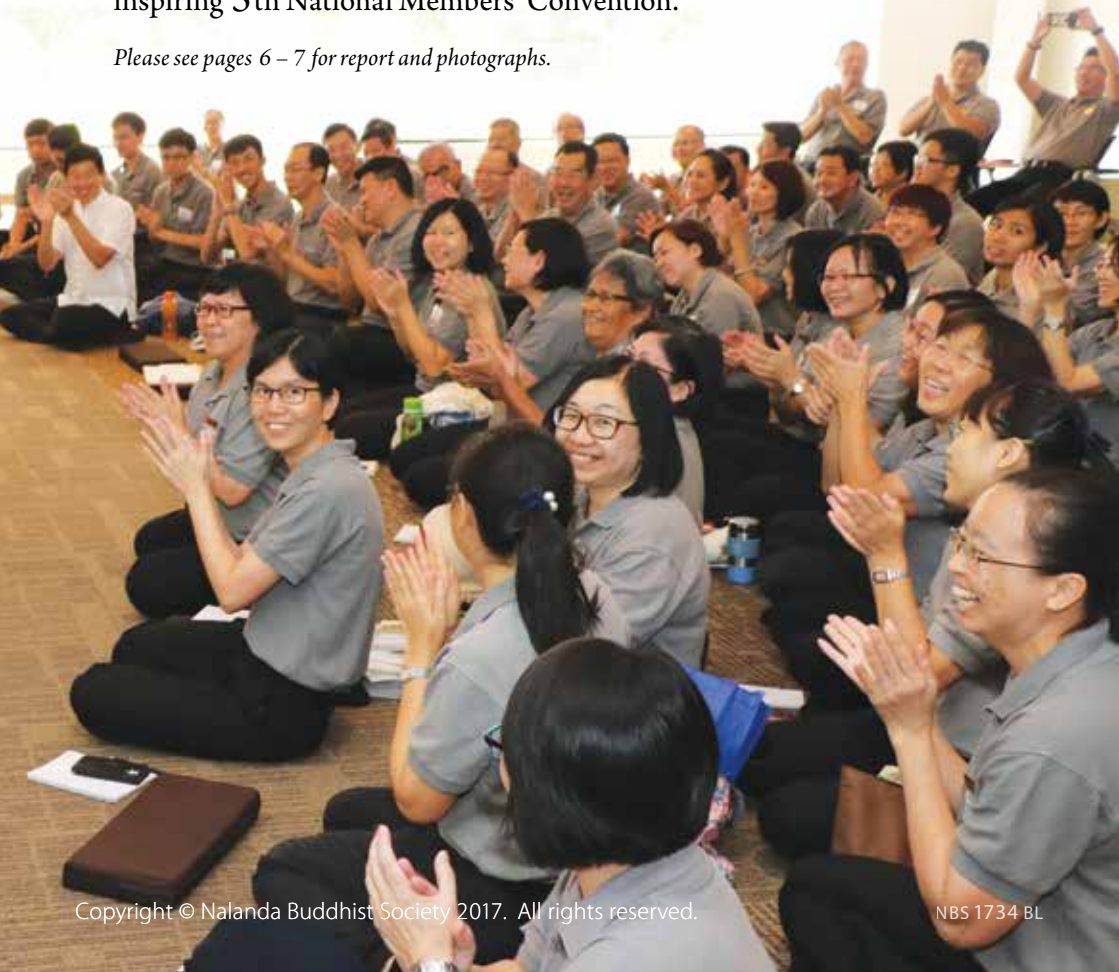
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For Non-Muslims Only

## A jubilant National Members' Convention

Nalandians spent the long weekend from 29 April to 1 May in a jubilant mood as members from all branches gathered at Nalanda Centre for the inspiring 5th National Members' Convention.

*Please see pages 6 – 7 for report and photographs.*





## 5th Nalanda National Members' Convention

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18 – 20 April

## Landmark agreement to **revitalise** Buddhism in India

Nalanda Centre was honoured to host Ven. Sanghasena Mahāthera and his two key assistants from Mahabodhi International Meditation Centre in Ladakh on their recent visit to Malaysia from 18 to 20 April. Ven. Sanghasena was here to conduct discussions with Nalanda founder Bro. Tan on plans to help revitalise Buddhism in India.

The 2-day fruitful meeting concluded with an agreement between Mahabodhi and Nalanda to conduct (1) exchange programmes between Indian and Malaysian Buddhist youths with special emphasis on community-leadership training; and (2) several missionary tours every year by Malaysian Dhamma-speakers to propagate Buddhism in India.

A “Fund for the Revitalisation of Buddhism in India” will be set up by Nalanda to sponsor

the above 10-year programmes, beginning from 2017 until 2026.

During the weekly meditation session on Wednesday 19 April, Ven. Sanghasena also shared with Nalandians his experience and inspiration of missionary work in Ladakh and other parts of India. Ven. Sanghasena truly embodies the spirit of ‘Maha-karunā’ with his relentless efforts in spreading Buddha’s message through words and deeds in many parts of India.

Nalandians would like to express our appreciation to Ven. Sanghasena and his assistants for their visit and commitment to the Buddhist revitalisation programme. We also thank Datuk Charlie Chia and Bro. Raymond Ang for coordinating their visit, and accompanying them throughout their stay at Nalanda Centre. Sadhu anumodana!



*Several meetings were held between Ven. Sanghasena and Nalanda officers on plans to revitalise Buddhism in India.*



*Devotees took turns to offer meals to Ven. Sanghasena during his stay at Nalanda Centre.*



*Ven. Sanghasena giving an inspiring talk on compassion on 19 April to an appreciative crowd.*





*"Moving forward and upward, Nalandians!"*

29 April – 1 May

## 5th Nalanda National Members' Convention



*The convention started with paying respects to our teachers.*



*Discussions on Dhamma to enhance our understanding.*



*Sis. Santī welcoming Nalandians 'home'.*



*Bro. Tan giving daily Dhamma lessons on the qualities of a good practitioner.*



*Members and devotees took turns to share their personal experience and insights.*

The 5th National Members' Convention held from 29 April to 1 May began on a high note as Honorary Secretary Sis. Santī recollected the Society's success stories in the past one year to much rejoicing. The focus of this year's convention was on personal spiritual development, which differed from the past years' focus on directional and operational aspects.

Nalanda founder Bro. Tan gave many talks throughout the 3-day convention; he encouraged everyone to be more introspective and develop strength, humility, kindness, and faith within our hearts. Bro. Tan said that as the Society experiences growth and success, it is even more important for members to be spiritually grounded, modest, and well-practised.

Taking this wise advice to heart, Nalanda members concluded the convention and returned to their respective branches with renewed vigour, deepened understanding, and blissful spirits.

1 May 2017 also marked the 14th anniversary of Nalanda Buddhist Society's establishment. On that occasion, President Sis. Evelyn Chow gave an uplifting message to members, which can be read at: [www.nalanda.org.my/happy-nalanda-day-2/](http://www.nalanda.org.my/happy-nalanda-day-2/)



# Humble thanks for a fabulous Wesak

Nalanda Buddhist Society recently concluded our successful and spiritually uplifting 4-day 'Buddha Day' Observance from 7 to 10 May. The B.E. 2561 (2017) celebration theme was "*Buddha – Our Teacher and Refuge*".

This year, we had the most number of educational programmes lined up ever – featuring nine different speakers with an average of two Dhamma talks every day, a forum, an exhibition, and the distribution of 12,000 Dhamma books. Correspondingly, there was a significant increase in the number of participants in all activities, including the largest ever crowd at our Wesak Heritage Procession.

Though we are thankful for the great support received from the community, and the large number of participants who came, we rejoice even more in witnessing a vast improvement in the interests taken by devotees in meditation, listening to Dhamma, and sutta studies this year.

Knowing that more people are drawn to proper Dhamma learning and practice gives us greater satisfaction than just having huge crowds. It clearly shows that our Dhamma propagation and educational efforts are paying off considerably.

We record our humble appreciation to our benefactors, teachers, Dhamma speakers, members, volunteers, and devotees for your immense contributions to a fabulously inspiring Wesak celebration. Our unity and harmony in working for the welfare of the multitude is both a form of cultivation, as well as a result of it. Sadhu anumodana!



7 – 10 May

*This year's Wesak Heritage Procession attracted the largest ever number of participants.*



*Member of Parliament for Serdang YB Dr. Ong Kian Ming paying homage to the Buddha Relic.*



*Ven. Changzao of Dharma Drum Mountain Malaysia, and Bro. Wong Choon Tatt from the Bodhi Musical Group anchoring the Buddhist forum on 7 May.*

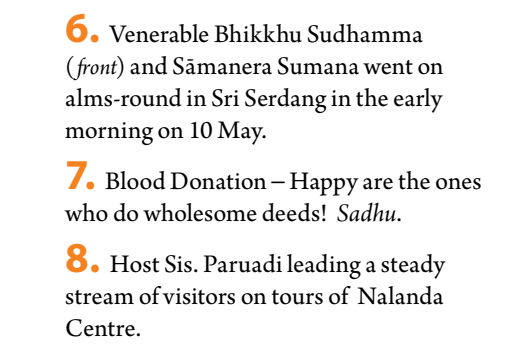




**1.** A large congregation of participants attended the afternoon Sutta Study session with Bro. Tan on Wesak Day.

**2.** The 4-day Wesak programme featured nine different speakers with an average of two Dhamma talks every day.

**3.** Nalanda founder Bro. Tan launching the annual Dhamma School project – the 'Buddha Jayanti' Exhibition.



**6.** Venerable Bhikkhu Sudhamma (front) and Sāmanera Sumana went on alms-round in Sri Serdang in the early morning on 10 May.

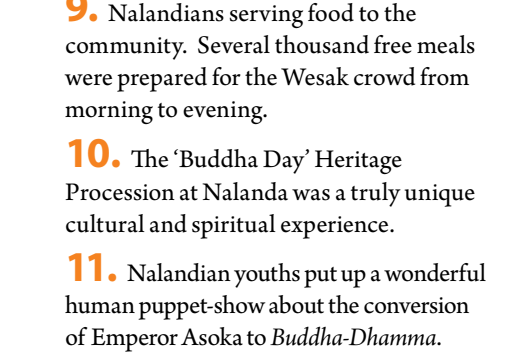
**7.** Blood Donation – Happy are the ones who do wholesome deeds! *Sadhu*.

**8.** Host Sis. Paruadi leading a steady stream of visitors on tours of Nalanda Centre.



**4.** Special guests to Nalanda Centre were given the honour of striking the gong to open the exhibition. (From left) Sis. Fannie and Dr. Stuart Chin from Sabah, and Bro. Tan Kim See from Malacca.

**5.** We owe it to the diligent publicity team for promoting the 4-day 'Buddha Day' programme to the public, weeks before the events. *Sadhu!*



**9.** Nalandians serving food to the community. Several thousand free meals were prepared for the Wesak crowd from morning to evening.

**10.** The 'Buddha Day' Heritage Procession at Nalanda was a truly unique cultural and spiritual experience.

**11.** Nalandian youths put up a wonderful human puppet-show about the conversion of Emperor Asoka to *Buddha-Dhamma*.







9 – 10 May

*Dhamma talk in Mandarin conducted by Bro. Ooi Boon Keat.*

## Wonderful Wesak at Nalanda J. B.



*Wesak Heritage Procession around NEO Centre.*



*Ven. Narada going on alms-round in Johor Jaya.*

This year, Nalanda Johor Bahru Branch arranged a wholesome two-day 'Buddha Day' Observance programme on 9 and 10 May at NEO Centre Taman Johor Jaya.

The Branch hosted three Dhamma talks, the 'Buddha Jayanti' Exhibition prepared by our Dhamma School students, the traditional evening *Heritage Procession*, mass food offering, and monk going on alms-round in Taman Johor Jaya Dedap zone.

This is the fourth year of 'Buddha Day' celebrations at NEO Centre J. B. since its opening in May 2013; and it is heartening to see a yearly increase in the number of devotees coming to participate in our Wesak educational programmes.

We would like to record our appreciation to our founder, teachers, benefactors, Dhamma speakers, members, volunteers, and devotees for your invaluable contribution to an inspiring Wesak celebration. Anumodana!



9 – 10 May

*Devotees watching the live telecast of Dhamma talks held in Sri Serdang.*

## Buddha Day at Nalanda S.P. Branch

For two days on 9 and 10 May, devotees observed a joyful 'Buddha Day' at NEO Centre Sungai Petani with wholesome educational activities. Many people from the neighbourhood dropped in at the Centre on this auspicious occasion to offer flowers, listen to Dhamma talks, and meditate on impermanence.

On 'Buddha Day', Nalandians and devotees gathered with high learning spirit to watch a live telecast of the Dhamma teaching by Bro. Tan given at Nalanda Centre Sri Serdang, on the topic "Buddha – Our Teacher and Refuge". After the insightful talk, students from AIMST University and IPSAH Teachers' College sang Dhamma songs which praise the great qualities of the Buddha.

Everyone rejoiced at the opportunity to commemorate the Enlightenment of our great Teacher, the Buddha, by learning the Dhamma with good friends. This year's observance was indeed filled with much joy and gratitude. We thank everyone for joining us in the Wesak celebrations. May all beings be well and happy!



*In quiet meditation and contemplation.*



*Devotees contributing rice, symbolising wholesome deeds performed.*





10 May

*Starting the day spiritually with meditation and the observance of Eight Precepts.*

## Wesak joy at Nalanda K.L. Branch

On 10 May, members of Nalanda Kuala Lumpur Branch joyfully celebrated 'Buddha Day' with the local community at Nalanda Education & Outreach (NEO) Centre, Happy Garden. Wesak full-moon day marked the auspicious occasions of Buddha's Birth, Enlightenment, and Passing Away (*Parinibbāna*) twenty-six centuries ago. It is the most sacred occasion for Buddhists to recollect His noble teachings that lead to liberation from suffering.

The theme of this year's 'Buddha Day' was "*Buddha – Our Teacher and Refuge*". We came together to deepen our understanding at the morning service, which started with meditation, Pāli chanting, and a hymn performance by Nalanda Junior Dhamma School students.

Achariya Vijaya Samarawickrama thereafter gave a Dhamma talk on "*Going for Refuge*" to the *Three Jewels*. The talk was followed by offering of lunch *dāna* to venerable Sangha members.

Nalanda K.L. Branch would like to thank everyone for offering your invaluable services and participating in our Wesak programme, making this 'Buddha Day' more joyful and meaningful to devotees. Sadhu anumodana!



*Achariya Vijaya giving a Dhamma talk on "Going for Refuge".*



20 May

*A wonderful gathering of Buddhist community leaders and activists at the Selangor State Wesak celebration.*

## Selangor State Wesak celebration

On Saturday 20 May, a team of Nalandians attended the Selangor State Wesak celebration organised by the State government and supported by the Selangor Buddhist Development Council (SBDC). The event served to showcase traditional and contemporary Buddhist cultural performances from Malaysia and neighbouring countries.

At the event in Shah Alam, SBDC President Bro. Loka Ng spoke about the importance of unity among Malaysian Buddhists, and urged fellow Buddhists to serve and help each other. While we may volunteer almost exclusively at one organisation, ultimately any noble Dhamma work we perform will benefit the whole Buddhist community.

The evening was filled with the spirit of comradeship and heartfelt appreciation. We thank the State government and SBDC for spearheading this official celebration of Wesak in Selangor.



*The Nalanda team at the Wesak celebration in Shah Alam.*



# Sangha members visit Nalanda

On Saturday 13 May, Nalanda Centre was blessed by the visit of 20 monks and 2 nuns from Sri Lanka. The monastic congregation had come to Malaysia to serve the local community on the occasion of Wesak, when many Buddhist centres requested Sangha members to conduct religious activities.

The visiting Sangha members were hosted by President Sis. Evelyn Chow, Director of Nalanda Centre, Sis. Nandini, and Nalanda Institute Head of Department, Sis. Sandy. The venerables were brought on a building tour, followed by a meeting with Nalanda founder Bro. Tan for discussions.

The venerables were very happy and impressed with Nalanda's educational work, and gave us their encouragement and blessings to continue with our Dhammaduta endeavours. Bro. Tan also expressed our gratitude for their visit, remarking that it is a rare occurrence and a great honour to receive so many monks at Nalanda Centre in a single day!

We would like to thank the venerable monks and nuns for their kind visit. We wish them a fruitful stay in Malaysia. *Namo Sanghaya!*



13 May

The group of 22 monks and nuns visited Nalanda as part of their Malaysian tour of duty during Wesak period.



Making offerings to the Three Jewels upon arrival.



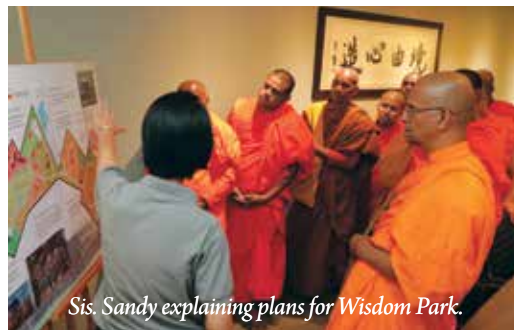
Bro. Tan receiving a Buddha-rupam from Ven. Vijitha.



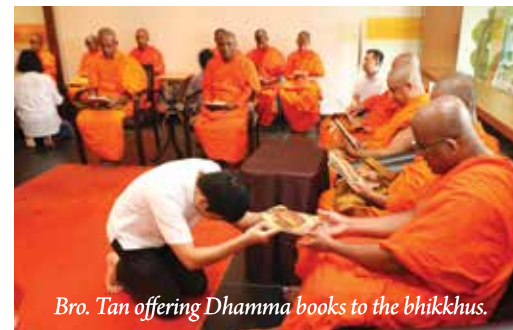
The monks visiting the Buddha Jayanti Exhibition.



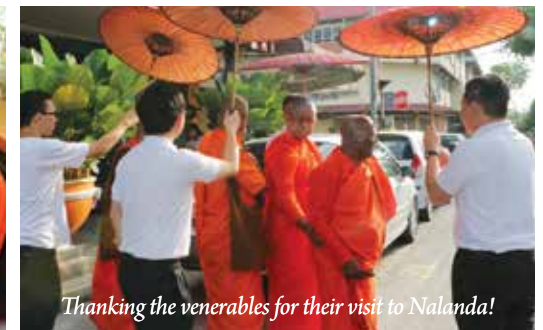
Paying respect to the late Ven. K. Sri Dhammananda.



Sis. Sandy explaining plans for Wisdom Park.



Bro. Tan offering Dhamma books to the bhikkhus.



Thanking the venerables for their visit to Nalanda!



# Joint Mother's & Teacher's Day Celebration

On 14 May, Nalandians celebrated Mother's and Teacher's Day in a most meaningful way - by learning the Dhamma on the importance of spiritual practice and the development of gratitude.

In his talk, Bro. Tan urged parents to lead their children to reduce sensual desires, and to guide them to develop inner strength to face worldly conditions. He explained the importance of bestowing the *gift of Dhamma* to children with a simile: the medicine we feed them might be bitter, but it cures their illness. We all need the Dhamma because we are plagued with suffering. The sooner we practise Dhamma, the earlier we will be free from suffering, though we may regard it as burdensome at first.

Bro. Tan then spoke of the importance of gratitude. Mothers and fathers are very helpful to their children, by bringing them up and showing them the world. Thus children should always feel thankful and appreciative towards parents.

Apart from parents, teachers are also invaluable people in our lives. They guide us in the right direction, and teaching us good values and conduct. We should thus have gratitude and respect towards them as well.

Nalandians held a simple celebration where children presented flowers and small gifts to their mothers and teachers as tokens of gratitude and love. We would like to wish all mothers and teachers the best of health! Our utmost gratitude for what you have done for us. Without you, where would we be today?



14 May

Nalandians making well wishes to all mothers and teachers for their happiness and good health.



Bro. Aggaphala giving the Mandarin Dhamma talk.



Nalanda President warmly greeting fellow mothers.



Sis. Grace sharing her aspirations for her children.



Dhamma School student Chin Yi Hao reciting a touching poem dedicated to all mothers.



Mothers receiving flowers from their children.



A hug full of love and gratitude to 'Mother'.





22 – 28 May

The 8th International Buddhist Research Seminar organised by Mahachulalongkorn University in Bangkok.

## Bro. Tan's visit to Thailand



The serene environment at Suan Mokkh, Chaiya.

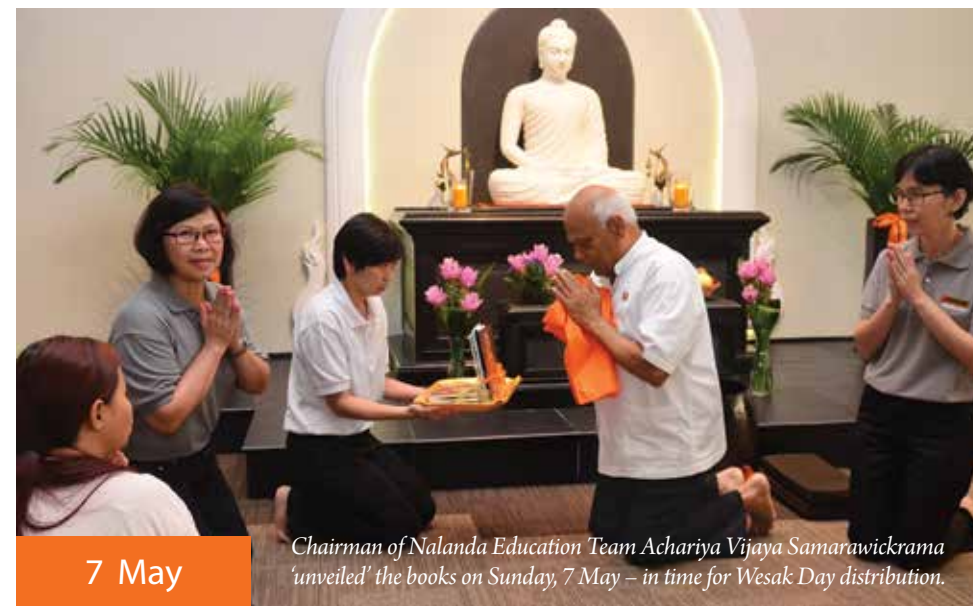


Bro. Tan giving a Dhamma talk to meditators.

Nalanda founder Bro. Tan was recently invited to participate in the 8th International Buddhist Research Seminar organised by Mahachulalongkorn University and hosted at the Buddhadasa Indapañño Archives. The seminar was held in honour of the 111th birth anniversary of the late Bhikkhu Buddhadasa.

After 3 days in Bangkok, Bro. Tan proceeded to Surat Thani in southern Thailand, where he spent a few nights at *Suan Mokkh*, the monastery established by Ajahn Buddhadasa in the 1930s. During Buddhadasa's lifetime, *Suan Mokkh* was a hive of Dhamma activities with many local and foreign monks attracted there to learn and practise with him.

While staying there, Bro. Tan was invited to deliver talks at *Suan Mokkh Nanachat* to Thai and foreigners participating in meditation retreat. The modest facilities and pristine environment there were truly conducive for the teaching and experiencing of Dhamma.



7 May

Chairman of Nalanda Education Team Achariya Vijaya Samarawickrama 'unveiled' the books on Sunday, 7 May – in time for Wesak Day distribution.

## Sponsorship of new books

Nalanda records our sincere appreciation to all generous devotees who sponsored the printing and distribution of three booklets this Wesak – “*Kamma in Buddhism*”, “*Living in the Present*”, and “*Getting Started in Mindfulness with Breathing*”.

All three titles were authored by the late Ajahn Buddhadasa (1906-1993) – a revered Thai meditation teacher and thinker who attracted many local and Western disciples to his monastery – *Suan Mokkh* in Chaiya – to learn and practise Dhamma.

12,000 copies of those booklets were fully distributed to the public on ‘Buddha Day’ at 14 vihāras and Buddhist centres in Kuala Lumpur, Selangor, Johor, Melaka, and Kedah. Due to the good response and further demands, we intend to print another 12,000 copies in July 2017 to be distributed progressively to Buddhist centres in other states as well as in Singapore.

We are grateful to the original publishers of these booklets in Thailand and the United States of America for allowing their reprinting for free distribution in Malaysia. We are also thankful to Pustaka Nalanda (the Library) and the local printer for the effort to edit and produce the books.

“*The gift of Dhamma excels all gifts!*” We at Nalanda rejoice over your wholesome and meritorious deed in making these books widely available for the public to learn the *Buddha-Dhamma*. Sadhu anumodana!



Dhamma dāna on Buddha Day.





26 - 28 May

Members from the three Nalanda branches gathered for the inaugural Inter-branch Conference held at NEO Centre Johor Bahru.

## Inaugural Inter-branch Conference

Nalandian officers and members from Kuala Lumpur, Johor Bahru and Sungai Petani branches participated in the Inaugural Inter-branch Conference from 26 to 28 May at NEO Centre Johor Bahru. The conference brought members together to share their joys, learning experiences, and challenges in operating a Nalanda branch.

Members firstly identified the purpose and functions of a branch centre. Everyone then revisited the Society's long-term goals and objectives. Viewing things from this broader perspective allowed for the realignment of the branches' programmes with the vision and mission of the Society.

Members also discussed the challenges faced and their possible solutions in conducting weekly services, learning programmes, and large-scale community events. After the discussions, everyone gained a clearer understanding on the importance of better planning and communication skills, in order to meet the needs of the public.

Throughout the joyful 3-day meeting, Nalandians were inspired and rejoiced over the amount of selfless effort that each branch has contributed to the propagation of Dhamma to their respective communities. Let us continue to strive diligently so that the *Buddha-Sāsana* may long endure!



Branch Chairmen sharing their thoughts with members.



Sis. Buddhini sharing her experience with branch officers.



Members actively discussing ideas at the conference.



Communal lunch begins with reflection before meals.





28 May – 9 July

## 7-week 'Gimhāna Retreat' at Nalanda Centre

For seven weeks after the Buddha's Enlightenment on Wesak full-moon day in May, He contemplated on the Dhamma with his perfectly clear faculty of comprehension. Then, He travelled for seven days from Bodhgaya to Sarnath, where He preached the *Dhammacakkappavattanā Sutta* on Asalha Day, the full-moon in July.

It is during this period between Buddha Day and Asalha Day that Nalanda members and devotees observe the *Gimhāna Retreat* annually. For seven weeks, Nalandians devote ourselves to relatively more intensive Dhamma learning and practice. The past few years have seen an increase in the number of devotees attending the Dhamma talks and meditation sessions during *Gimhāna*.

We invite you to join us for the closing week of this *Gimhāna* season with meditation on Wednesday 5 July (8pm – 10pm), *Dhamma Day* teaching on 8 July (8pm – 10pm), and *Dhammacakka Day* morning service on 9 July (9am – 12pm). All are welcome!

Please visit [www.nalanda.org.my](http://www.nalanda.org.my) for details.



Sitting calmly in meditation before the Gimhāna Sunday Service Dhamma talk.



Happy is the discussion of Dhamma with learned spiritual friends.





3 – 6 June

Students explored many well-known Buddhist landmarks including Wat Mai Suwankiri, a traditional Thai temple.

## Dhamma School trip to Kelantan

During the recent school holidays in June, 80 Nalanda Dhamma School students from Sri Serdang and Johor Bahru were privileged to embark on a study tour to Kelantan. The teenagers enjoyed many teachings by Bro. Tan while visiting Buddhist temples such as Wat Machimaram, Wat Photivihan, and Wat Mai Suwankhiri.

Bro. Tan also brought them to the Kelantan State Museum, which coincidentally held a

special exhibition about the local Chinese community in Kelantan. With its rustic scenery, rich culture, and history, touring Kelantan was indeed an enlightening experience, especially with an expert guide!

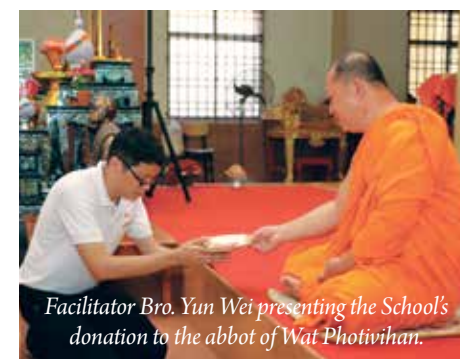
During the trip, Bro. Tan delivered two public teachings at Mettārama Meditation Centre and SRJK (C) Chung Hwa. Both talks were very well received and local devotees raised many good Dhamma-related

questions which were skillfully addressed by Bro. Tan. It was indeed heartening to see the local community's eagerness to learn and practise the Dhamma.

We thank Bro. Tan for sharing his great knowledge and wisdom with the students. Our wholehearted appreciation to our Kelantanese friends who helped to make this study tour such an enlightening and memorable experience for everyone!



*Practising meditation and chanting as the sun rises in Pantai Geting.*



*Facilitator Bro. Yun Wei presenting the School's donation to the abbot of Wat Photivihan.*

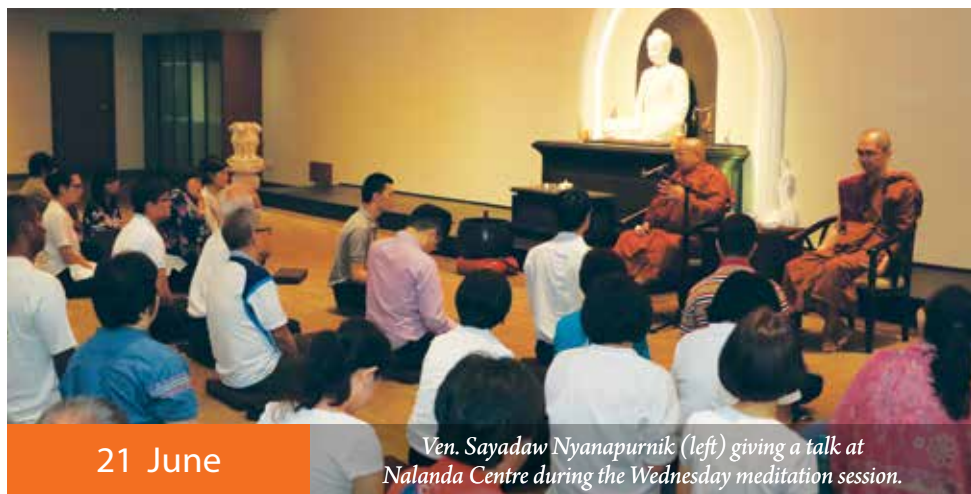


*Bro. Tan explaining the method to produce traditional Kelantanese batik.*



*Bro. Tan bringing history to life with his vivid explanations at the State Museum.*





21 June

Ven. Sayadaw Nyanapurnik (left) giving a talk at Nalanda Centre during the Wednesday meditation session.

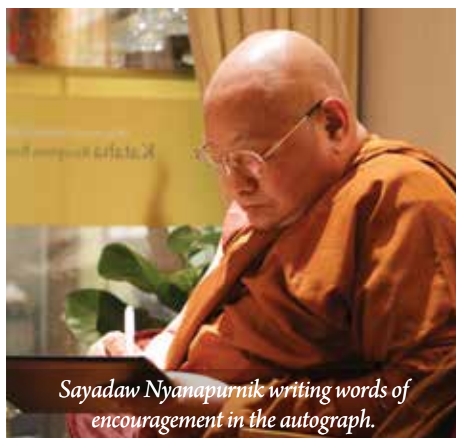
## Dhamma talk by Ven. Sayadaw Nyanapurnik

On Wednesday 21 June, Nalanda Centre once again welcomed the return of Ven. Sayadaw Nyanapurnik Mahāthera from Nepal, accompanied by Ven. Gavesi, Maechi Chini and Ven. Sayalay Vimalanani. Nalandians took the opportunity to invite Sayadaw Nyanapurnik to give a Dhamma talk to the evening crowd.

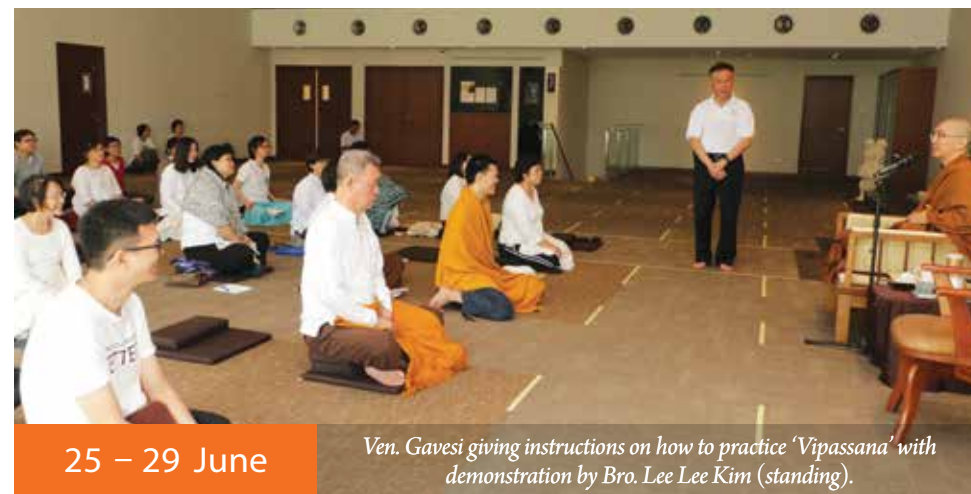
Sayadaw Nyanapurnik spoke about the five factors necessary for attaining *jhana* (meditative absorption), explaining that they can be used to counter the *Five Hindrances* which prevent us from achieving a state of calm. Nevertheless, *Samatha* or mental calmness, only serves to suppress our defilements temporarily. In order to be free from suffering, *Vipassana* or insight into the nature of arising and passing of mind and matter, is critically needed.

Sayadaw Nyanapurnik further added that greed is the most dangerous among the three evil roots. While ignorance is the 'director' of all our suffering, it works behind the scenes. Greed is the 'actor' – the apparent cause of our suffering. Therefore, we should focus on eradicating greed by mindfully guarding our six senses to prevent defilements from arising through a lack of awareness.

We thank Sayadaw Nyanapurnik for his profound teachings. Let us take this advice to heart and practise meditation diligently. Sadhu!



Sayadaw Nyanapurnik writing words of encouragement in the autograph.



25 – 29 June

Ven. Gavesi giving instructions on how to practice 'Vipassana' with demonstration by Bro. Lee Lee Kim (standing).

## Meditation Retreat conducted by Ven. Gavesi

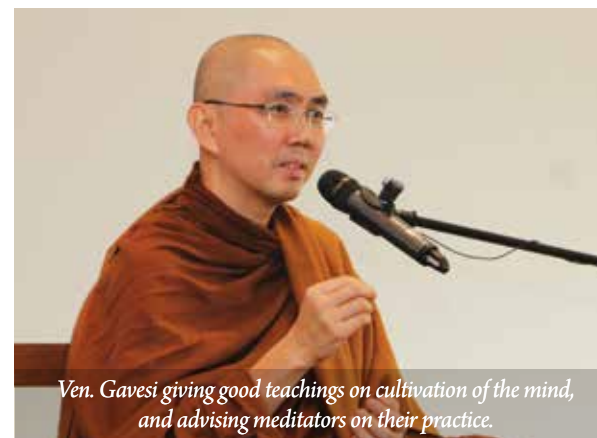
From 25 to 29 June, 30 participants gathered at Nalanda Centre for a non-residential Meditation Retreat for beginner and intermediate meditators, guided by Venerable Gavesi.

Throughout the retreat, participants were given clear instructions on *Vipassana* meditation by Ven. Gavesi, who was trained in *Samatha* and *Vipassana* techniques under several teachers, such as the late Sayadaw U Pandita, Sayadaw Nyanapurnik, and Ven. Sujiva. Participants were personally guided with patience, and their queries and doubts about their practice were skilfully answered by the teacher through small group interviews.

Throughout the 5-day retreat, Ven. Gavesi gave Dhamma talks to the public every evening. His

teachings mostly relate to the practice of meditation, with emphasis on enhancing our understanding of Dhamma through personal experience.

It was indeed an enlightening retreat for many participants. We thank Ven. Gavesi for his compassion in guiding the practitioners closer to their realisation of truth. May the meditators strive on diligently in their practice and never falter. Sadhu anumodana!



Ven. Gavesi giving good teachings on cultivation of the mind, and advising meditators on their practice.





16 June

*Bro. Tan brought the verses of Dhammapada to life with their relevant background stories throughout his series of lectures.*

## Dhamma course at Maha Vihara KL



*Ven. Dr. S. Pamaratana leading the congregation in transference of merits and blessings.*



*Sis. Evelyn presenting a donation to the BMV.*

Bro. Tan and Achariya Vijaya Samarawickrama recently concluded a series of 12 talks on Buddhist doctrines and practice as part of the “Dhamma Dāna Lecture Series” organized by Buddhist Maha Vihara (BMV) in Brickfields.

The lectures were in honour of the late Ven. K. Sri Dhammananda, who was the long-time abbot of BMV, as well as the Spiritual Adviser to Nalanda Buddhist Society.

Each insightful lecture was well attended by devotees and students eager to learn the Dhammapada and to listen to Buddhist views on contemporary issues.

The last session of Dhamma teaching was delivered on 16 June by Bro. Tan, who gave an uplifting talk on the purpose of knowing and practising the Buddha’s teachings. We would like to thank the BMV for inviting Nalanda achariyas to share Dhamma there. Sadhu!



25 June

*Nalanda President Sis. Evelyn handing over the “Sri Lanka Relief Fund” to TBCM Honorary Treasurer, Sis. Paruadi.*

## Flood relief fund handed to TBCM

Nalanda Buddhist Society members and devotees were very concerned about the recent floods which devastated parts of Sri Lanka, and caused severe damages with hundreds of casualties.

Nalanda immediately launched a public donation drive on 30 May to raise funds for relief work and helping communities there to rebuild their livelihood. Nalanda’s donation campaign recently closed on 16 June.

We thank Nalandians, devotees, and members of the public for responding to our call to lend a helping hand. Approximately RM50,000 was raised for this worthy cause; we wish to record our deepest appreciation and gratitude to everyone.

As advised by Venerable Sri Saranankara of Sri Lanka Buddhist Temple, the fund was handed over to Theravāda Buddhist Council

of Malaysia (TBCM), which was appointed by the Buddhist fraternity to spearhead and coordinate relief and rebuilding efforts in Sri Lanka. Nalanda officers handed a cheque to TBCM’s Honorary Treasurer, Sis. Paruadi, on Sunday 25 June.

Let us continue to invoke blessings for the flood victims in Sri Lanka: may they be free from harm and danger, and be able to rebuild their lives soonest possible. May all beings be free from suffering!



*Due to the heavy rain, many parts of Colombo District were severely flooded and damaged..*





1 July

*The current and former Directors of Nalanda Institute and their capable officers.*

# Nalanda Institute Malaysia's 10th Anniversary

1 July 2017 marks the 10th Anniversary of Nalanda Institute Malaysia. Since its inception in 2007, the Institute has successfully organized many courses, conferences, seminars, and study tours, benefitting nearly 12,000 participants throughout Malaysia to date.

We wish to record our deepest gratitude and appreciation to our Founding Director Achariya Dr. Tan Ho Soon, our immediate past Director Achariya Vijaya Samarawickrama, and our present Director Achariya Tan Siang Chye, all officers past and present, our benefactors, sponsors, supporters, volunteers, as well as the alumni of the Institute. We thank you for your unrelenting belief and confidence in the endeavours of the Institute, and for your contributions to its mission.

We constantly look out for opportunities to do more for the community, and for the advancement of Dhamma education to benefit many more people in future. Happy 10th Anniversary!



**Nalanda Institute**  
**10<sup>th</sup> Anniversary**  
**2007 - 2017**  
*In service of Buddha-Sāsana*



*Receiving the Royal Tipitaka in year 2010.*



*WACANA Buddhist Conferences.*



*Institute courses conducted by guest speakers.*



*Convocation for Buddhist & Pāli certificate studies.*



*The Buddha Jayanti inter-sectarian Seminar.*



*Dhammayatra, the pilgrimage to India.*



*Study & cultural heritage tours.*



*Skill-enhancement courses and workshops.*



# Nalanda Family Fun Fair 2017

## 家庭欢乐日筹款义卖会

Nalanda Family Fun Fair 2017 aims to raise funds for a new Dhamma learning facility – the K. Sri Dhammananda Centre in Sri Serdang. Once completed, the facility will provide opportunities for more children and teenagers to attend Dhamma School. We humbly invite you to be part of this important community project, and make a significant contribution to the development of holistic education! Thank you for your kind support.

2017年的Nalanda家庭欢乐日义卖会是为了筹募K. Sri Dhammananda佛学校的建设。这是一所为儿童及青少年提供佛学班的教育设施。我们欢迎您携带家人及亲友，踊跃支持这项意义深远的筹款义卖会。您的支持将成就社区的教育发展及福利。我们衷心感谢您！

**Sunday, 20 August 2017**  
**八月二十日, 星期日**  
**9 am – 4 pm | Nalanda Centre**

Kindly obtain coupons from Nalanda Centre. Thank you for your support!  
 请到Nalanda教育中心获取固本, 谢谢您的支持!

### Contacts 联络人

For more information on the Family Fun Fair, please contact Mdm. Livin Leow at 012-239 3882, Mdm. Gih Gik Choo at 013-269 0327, or Mr. Charlie Teng at 019-212 6382.

### Attractions 特备项目

- ☀ **Food & beverages** 食品, 饮料及干粮
- ☀ **Handicrafts** 手工艺品
- ☀ **Kitchenware** 厨房用具
- ☀ **Garments** 服饰
- ☀ **Stationery** 文具
- ☀ **Plants** 盆栽及园艺品
- ☀ **Performances** 才艺表演
- ☀ **Games & Children's Corner**  
游戏及儿童天地

### Ways you can help 我们欢迎您的参与

- ☀ **Setting up stalls** 开设摊位及零售物品
- ☀ **Donations in cash or kind**  
捐助或赞助商品
- ☀ **Helping to sell coupons**  
销售固本
- ☀ **Serving as volunteers**  
加入义工阵团
- ☀ **Bring your family and friends to the Fun Fair**  
扶老携幼, 共襄盛举

## Upcoming Events

July – September 2017

JUL



Dhamma Day  
B.E. 2561

01	Nalanda Institute Malaysia's 10th Anniversary	Nalanda Centre
	* WACANA 2017 Buddhist Conference "The Buddha-Word – Discovering the Essential"	The Saujana Hotel, Subang, Selangor
02	Sunday Service and "Dhamma Forum"	Nalanda Centre
08	<b>Dhamma Day</b> – Asalha Full-moon	Nalanda Centre
09	<b>Dhammacakka Day</b> at Nalanda	Nalanda Centre
15	<b>Pindacāra</b> – Alms-round by Sangha members at Jalan Besar market & Pasar Rakyat in Seri Kembangan	Nalanda Centre / Seri Kembangan markets
23	New-moon Uposatha Service	Nalanda Centre
29	* Volunteer Induction Programme (VIP)	Nalanda Centre

AUG



Nalanda  
Family Fun Fair

05	<b>Pindacāra</b> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre KL / Taman O.U.G. market & Happy Garden
06	Full-moon Uposatha Service	Nalanda Centre
19	<b>Pindacāra</b> – Alms-round by Sangha members in Seri Kembangan	Nalanda Centre / Seri Kembangan markets
	Dialogue with Ven. Wei Wu	Petaling Jaya
20	Nalanda Family Fun Fair 2017	Nalanda Centre
22	New-moon Uposatha Service	Nalanda Centre
31	K. Sri Dhammananda Memorial Day	Nalanda Centre

SEP



Dhamma-Living  
Camp for Youths

01-04	* Dhamma-Living Camp for Young Adults "Ignite the light within"	Kinrara Resort, Puchong, Selangor
02	<b>Pindacāra</b> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre KL / Taman O.U.G. market & Happy Garden
05	Full-moon Uposatha Service	Nalanda Centre
16	<b>Pindacāra</b> – Alms-round by Sangha members in Seri Kembangan	Nalanda Centre / Seri Kembangan markets
20	New-moon Uposatha Service	Nalanda Centre

\* Registration is required for these programmes / activities.

Weekly activities at Nalanda Centre include "Sunday Service" (Sundays, 9am–12pm) and "Meditation & Dhamma Sharing" (Wednesdays, 8pm–10pm). For full details or updates on Nalanda's many programmes, kindly visit our website at [www.nalanda.org.my](http://www.nalanda.org.my) or facebook [www.facebook.com/nalanda.org.my](https://www.facebook.com/nalanda.org.my)



# Six Well-beings in life

As Buddhists, we strive to attain balance and happiness in our lives, as well as to help other people achieve greater joy and success in their lives, by realising the *Six Well-beings*, namely :

1. **Physical** well-being and good health.
2. **Mental** well-being and joyful living.
3. **Family** well-being and domestic bliss.
4. **Economic** well-being and career success.
5. **Interpersonal** well-being and social harmony.
6. **Spiritual** well-being and inner peace.

‘Like’ our Facebook fanpage at [www.facebook.com/nalanda.org.my](http://www.facebook.com/nalanda.org.my) to connect with Nalanda for more *Dhamma-rich* news, views and articles!

## Nalanda Contacts Please visit our website for directions to Nalanda.

### Nalanda Buddhist Society Malaysia

Nalanda Centre, 3357, Jalan 18/31, Taman Sri Serdang, 43300 Seri Kembangan, Selangor.

Tel. No. +603-8938 1500 / 1501

Website [www.nalanda.org.my](http://www.nalanda.org.my)

E-mail [info@nalanda.org.my](mailto:info@nalanda.org.my)

Facebook [www.facebook.com/nalanda.org.my](http://www.facebook.com/nalanda.org.my)

Nalanda Centre is open daily from 10.00am to 10.00pm. For visits, kindly call to make appointments.

### Nalanda Education & Outreach (NEO) Centre, Kuala Lumpur

524 A, 1st Floor, Jalan Riang 12, Taman Gembira, 58200 Kuala Lumpur.

Tel. No. +603-7971 7151

E-mail [neo-kl@nalanda.org.my](mailto:neo-kl@nalanda.org.my)

Facebook [www.facebook.com/NeoCentre.KL](http://www.facebook.com/NeoCentre.KL)

NEO Centre KL is open every first Saturday of the month from 7.30am to 5.00pm;  
Mondays to Thursdays : 8.00pm to 10.00pm; and every Sunday from 2.00pm to 4.00pm.

### Nalanda Education & Outreach (NEO) Centre, Johor Bahru

30, Jalan Dedap 26, Taman Johor Jaya, 81100 Johor Bahru, Johor.

Tel. No. +607-350 3870

E-mail [neo-jb@nalanda.org.my](mailto:neo-jb@nalanda.org.my)

Facebook [www.facebook.com/NeoCentre.JB](http://www.facebook.com/NeoCentre.JB)

NEO Centre JB is open on Sundays : 8.30am to 11.30am; Mondays to Wednesdays : 8.00pm to 10.00pm;  
and on New-moon / Full-moon weekdays : 8.00pm to 10.00pm.

### Nalanda Education & Outreach (NEO) Centre, Sungai Petani

210, Jalan Bandar Mutiara 2/2, Bandar Mutiara, 08000 Sungai Petani, Kedah.

E-mail [neo-sp@nalanda.org.my](mailto:neo-sp@nalanda.org.my)

Facebook [www.facebook.com/NeoCentre.SP](http://www.facebook.com/NeoCentre.SP)

NEO Centre SP is open on Fridays : 7.30pm to 9.30pm; and on Saturdays : 9.30am to 12.00pm.