

Nalanda Bulletin

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Thank you, Dhamma teachers!

Nalanda Buddhist Society, the Theravada Buddhist Council of Malaysia (TBCM), and the Buddhist Institute Sunday Dhamma School (BISDS) – joint organisers of the inaugural National Camp for Dhamma teachers – would like to thank all participants for making this programme a great success!

Throughout the 4-day camp from 21 to 24 September, teachers gathered to discuss how to share the Buddha's teachings in a systematic, engaging, and effective manner. There were inspiring talks, tranquil meditation sessions, and joyful fellowship activities which connected the hearts of 150 Dhamma school teachers from all over Malaysia.

See pages 22 – 23 for report and photographs.

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Dialogue on 'Chinese Buddhism'

19 August, Petaling Jaya



450 people, mainly English-speaking devotees from the Klang Valley, participated in the seminar.

On Saturday 19 August, Nalanda Institute Malaysia coorganised a seminar themed 'Face to Face & Heart to Heart' featuring Venerable Wei Wu, the abbot of Than Hsiang Temple. The seminar aimed to clear commonly-held misconceptions about 'Chinese Buddhism', and to allow for a discussion on contemporary issues affecting the Malaysian Buddhist community.

Than Hsiang Foundation was the main organiser of the dialogue, which was moderated by Editor of Eastern Horizon Bro. Benny Liow, and hosted by former Director of Nalanda Institute Achariya Vijaya Samarawickrama. Nalanda founder Bro. Tan, Nalanda Institute Director Achariya Tan Siang Chye, and a dozen other Nalandians, were among the 450 people who participated in the seminar.

The gathering provided an opportunity for English-speaking Buddhists in the Klang Valley to know more about Chinese Buddhist beliefs and practices, which Ven. Wei Wu made it a point to mention, is not exactly the same as Mahāyāna Buddhism. Over the centuries, the Chinese have incorporated many unique traditions that differ from how Mahāyāna was originally practised in India.

Bro. Tan in his closing speech applauded the efforts of Ven. Wei Wu and Than Hsiang Foundation to organise the seminar, which certainly helped foster inter-sectarian understanding and unity among Malaysian Buddhists. Nalanda Institute was also honoured to be among a dozen coorganisers of this programme which included the Theravada and Vajrayana Buddhist Councils of Malaysia. Sadhu anumodana!



1 Ven. Wei Wu's answers to questions raised were full of humour and candour, leaving the audience tickled.

2 Participants queeing up and ready with questions.



Nalanda Family Fun Fair 2017 was successfully held on 20 August with the great support of benefactors and devotees from throughout Malaysia and Singapore! This year's Fun Fair was the largest-ever held, with 168 stalls selling a wide range of quality products to raise funds for 'K. Sri Dhammananda Centre' – a new Dhamma-learning facility to be built in Sri Serdang.

Besides aiming to raise funds for holistic education, the Family Fun Fair also fulfills its community-service objective by inviting charitable homes to participate in the event. This year, Tong Sim Senior Citizens' Home in Kampung Subang, Siddharthan Care Centre in Petaling Jaya, and Bodhi Home Centre in Cheras were chosen as institutional beneficiaries. We were pleased that enterprises and individuals purchased coupons and goods to be offered to these charities.

One of the corporations which supported the Fair was Kemaman Bitumen Company Sdn. Bhd. (KBC), which generously sponsored RM5,000 worth of fresh food, dried food, and household items purchased from the Fun Fair for the three homes mentioned above. It was part of the company's annual corporate social responsibility programme to help Malaysian charities with such donations and services.

KBC's Human Resources Manager Puan Haliza even joined Nalandian officers in visiting the charity homes to distribute the company's sponsorship items.

Sunny skies and breezy weather also contributed to the huge turnout of more than 10,000 visitors, including our local Member of Parliament Y. B. Gobind Singh Deo, as well as Selangor State EXCO Member Y. B. Ean-Yong Hian Wah and his family.

Nalanda thanks generous contributors and everyone involved for the success of this fantastic Family Fun Fair. With your strong support, we have now embarked on the construction of 'K. Sri Dhammananda Centre', and shall complete it in 12 months' time to benefit the community even more in future.



Family Fun Fair 2017 – Thank you for the great support



1 Children getting creative with mobile sales around the Fair.



2 Stall operators and volunteers serving with cheerful hearts.



3 Y. B. Tuan Gobind Singh Deo presented awards to Nalanda Free School students with good results.

4 The sunny weather encouraged a good turnout for the Fun Fair.





Paying homage at the summit of Candi Borobudur after a pre-dawn meditation session.

Study tour to Borobudur in Java

23 – 27 August, Indonesia

Visits to local Buddhist communities at Vihāra Mendut, Vihāra Dhammasundāra in Solo and Vihāra Bodhivamsa in Klaten provided opportunities for exchange of ideas and strengthened the bonds of spiritual friendship amongst us. At Vihāra Bodhivamsa, host Professor Dr. Lanny Anggawati shared that it is a blessing that we were able to meet with the Dhamma this life and to be inclined towards practice. Regardless of how little we know or understand the Dhamma, everyday practice will result in spiritual progress.

In late August, Nalanda founder Bro. Tan led a study tour to Borobudur, Yogyakarta and Solo; the trip was jointly organised by Buddhist Fellowship Singapore and Nalanda Institute Malaysia. With Bro. Tan’s informative and skilful explanations, participants were as though transported back in time to over a thousand years ago to vividly visualize Javanese and Buddhist arts and culture.

At the conclusion of this amazing trip, participants shared how they now have a better understanding and appreciation of Buddhist history in our region and renewed inspiration for their personal practice. They also expressed their gratitude to Bro. Tan for his teaching, explanation, guidance and care throughout the entire journey.

The highlight of the tour was a visit to *Candi Borobudur*, the single largest Buddhist monument in the world which was constructed 1,200 years ago. With over 500 Buddha statues spread across the site and 1,460 relief carvings set atop a hillock, *Candi Borobudur* enthralled everyone with its ancient aura and majestic beauty. Surrounding *candis* such as Mendut, Sewu, Lumbung, Plaosan and Kalasan were equally awe-inspiring with their unique details.

We rejoice in their learning and wish that many others will benefit from such study tours in the future. Sadhu anumodana!



Group photograph of Buddhist Fellowship Singapore members with Nalandians at Candi Prambanan located near Yogyakarta.

Day of Gratitude

31 August, Sri Serdang

Thursday 31 August marked the 11th anniversary of the passing of Nalanda's late spiritual adviser, Venerable K. Sri Dhammananda, as well as being Malaysia's 60th National Day. Nalanda founder Bro. Tan delivered a Dhamma talk on gratitude to commemorate these two occasions.

In his talk, Bro. Tan reminded us that seemingly common facilities and comforts we enjoy today such as piped water, electricity, roads and hospitals are in fact the result of sacrifices and hard work of many people who came before us. Today we should commemorate not only national heroes but also the countless ordinary folks who had carried out their duties with integrity. Hence, any national or significant events are good occasions to reflect with gratitude.

Kataññutā (gratitude) is vital for spiritual breakthrough. A person without gratitude is not a Dhamma practitioner. The first unspoken lesson that the Buddha taught was of gratitude, when He spent 7 days gazing at the *Bodhi* tree which had sheltered Him before Buddhahood. We need to be grateful for the Dhamma, and for the teachers who taught and preserved it. Thus, as students of the Dhamma, it is our duty to practise faithfully and to pass on the teachings to future generations.

Bearing gratitude brings us joy, satisfaction, happiness, and fulfillment; with gratitude, we become truly 'wealthy'. Our lives become more qualitative and transformative as our minds change for the better. The mark of a mature Dhamma practitioner lies in the



Bro. Tan giving the talk on gratitude to a packed hall of devotees on National Day.

continuation of the flow of gratitude – being aware that the opportunities to serve others and to do good now, are due to good seeds planted in the past.

In the *Anguttara Nikāya*, the Buddha spoke about two types of persons that are rare and noble – firstly, the one who does good without being prompted by others; and secondly, the one who bears gratitude. Bro. Tan urged everyone to think deeply about becoming the rare and noble ones who live their lives in gratitude.

We thank Bro. Tan for his insightful and reflective teaching. May the practice of gratitude nourish and support our spiritual journeys until the attainment of liberation. *Sadhu kataññu!*



The traditional and stately "Robes Procession" from Nalanda House to Nalanda Centre is held on 31 August annually.

A truly illuminating youth camp

1 – 4 September, Puchong

Nalanda Youth Centre organised an illuminating “Dhamma Living Camp for Young Adults” in early September, with the theme “Ignite the Light Within”. 200 participants from all over Malaysia and Singapore spent four days learning and experiencing the Dhamma together under the skilful guidance of Bro. Tan and a team of caring facilitators.

There were many blissful moments listening to Dhamma talks, chanting, and meditating. There were also plenty of laughter and light-hearted moments with sketches, group activities and meaningful discussions. The combination of all these little details gave rise to important insights into our minds and our lives – how they can be far better when the light of Dhamma is glowing within us.



The camp programme provided a motivating journey of self-discovery as well as a means to explore the timeless beauty of Dhamma. Only with wisdom can we successfully dispel the enveloping darkness of ignorance.

We thank everyone for participating actively with high spirits and great friendship in this amazing camp! Let us continue to maintain the light we have ignited within our hearts and minds – let it grow, and let it glow!



1 Nalanda founder Bro. Tan conducted many teaching sessions to explain the Dhamma clearly.

2 Quiet meditation with mindfulness is an important part of the camp programme.

3 Group members rejoicing with each other and spiritual friendship is born!

4 From drama to Dhamma! Creative sketches on Day 3 of camp.





Bro. Tan and members of Mettārama Meditation Centre from Kota Bharu paying Ven. Cattāmalo a visit while they were in Terengganu.

Bro. Tan's Dhammaduta tour to Kuala Terengganu

8 September, Terengganu

In early September, Nalanda founder Bro. Tan embarked on a Dhammaduta tour of Kuala Terengganu to deliver talks at several centres. While there, he paid a visit to Venerable Cattāmalo Mahathera at Bodhi Vihāra, accompanied by members of Mettārama Meditation Centre from Kelantan. 83-year old Ven. Cattāmalo was very happy to receive the visitors, and had a lively discussion with everyone.

After lunch dāna, Bro. Tan gave a talk at the vihāra on how to prevent and overcome worries and anxieties in daily life. He said that

many of our mental anxieties were created by an over-active mind, proliferating with desires and thoughts. Furthermore, when we become ensnared by and attached to sensual pleasures, views, and unwholesome habits, we become increasingly stressed out by efforts to fulfill our excessive cravings. Bro. Tan emphasised that in order to overcome anxiety, we should develop mindfulness, contentment, tranquility, and *Right Views*.

It was Bro. Tan's first visit to Terengganu in six years, and many devotees took advantage of the opportunity to come and listen to his talks. Besides Bodhi Vihara, he also gave teachings at Suttārama Buddhist Centre and Terengganu Buddhist Association over two days. Sadhu anumodana.



Youths from the Buddhist Fellowship of Singapore strengthened bonds of spiritual friendship with their Nalandian hosts after the visit.

Hosting Buddhist Fellowship youths from Singapore

9 – 10 September, Serdang

On 9 and 10 September, Nalanda Youth Centre hosted a group of youth members from Buddhist Fellowship Singapore. Their short but fruitful visit was an opportunity for Nalandian youths to reconnect with our spiritual friends from across the causeway, and to exchange ideas on how to reach out to the youth community with Dhamma.

The visit saw hearty sharing of our personal Dhamma cultivation. It also included a tour of Buddhist Maha Vihāra in Brickfields to see the legacy of our late teacher, Ven. K. Sri Dhammananda, who inspired many

youth movements throughout Malaysia. We thank BFY Singapore for visiting us and look forward to more such exchanges to grow together in the Dhamma as young Buddhists.



BFY members having a fruitful discussion with Bro. Tan during their visit to Nalanda Centre.

Nalanda House handed over to contractors

9 September, Sri Serdang

On Saturday 9 September, Nalandians gathered for the last time at Nalanda House to conduct a blessing ceremony before it was handed over to the contractors for demolition and reconstruction. The ceremony began at 4.30pm with flag-raising to the chant of 'Jayamangala Gathā'.

Nalanda officers including President Sis. Evelyn Chow, Director of Dhamma School Sis. Sunanda Ong, and Chairman of Building Committee Bro. Louis Chan, all spoke about the urgent need to expand facilities to accommodate more students coming to learn Dhamma.

They also expressed deep gratitude to all benefactors and donors who have supported the construction of Nalanda House twelve years ago, and who are now supporting its reconstruction to become 'K. Sri Dhammananda Centre'.

Nalanda founder Bro. Tan led the chanting of 'parittas', followed by the dedication of merits to all teachers, students, parents, benefactors and volunteers. Both Buddhist and Nalanda flags were lowered for the last time at Nalanda House. When the flags are next raised, it will be at the dawn of a new, 'reincarnated' facility – the 'K. Sri Dhammananda Centre' (KSDC).

The proposed 'KSDC' will be four times the size of Nalanda House (4,500 square feet compared to 1,035 square feet currently). It will be able to comfortably accommodate 120 students or more. Construction is expected to take 12 months, and be completed in September 2018.

We urge the community to help us raise funds for this vital project for the Dhamma education of our present and future generations. While this meritorious project is in progress, let us all generate good thoughts that the construction will progress smoothly, safely, and successfully. Sadhu! [\[See its progress on Pages 30–31. \]](#)



Nalanda members look forward to the completion of the project so that we can serve more people for a long time to come. Sadhu!



The ceremonial lowering of flags to conclude the last gathering at Nalanda House.



Nalanda President Sis. Evelyn thanking everyone for supporting this noble project.



Sis. Sunanda Ong emphasizing the importance of holistic education for the well-being of people.



Bro. Tan leading everyone in reciting 'parittas' before handing-over the house.



Dedication of merits to all benefactors of Nalanda House as well as to supporters of the new project.



Performing the traditional sprinkling of water after reciting the 'parittas'.



Joyful Family Fun Fair in Johor Bahru

16 September, Johor Bahru

Since its establishment in 2013, Nalanda Johor Bahru Branch has been actively and selflessly providing invaluable services to the local community with free academic tuition, Dhamma classes, and meditation courses. All these services are critical for increasingly stressed-out families and individuals to achieve balance and well-being in life.

Our ability to continue with all these free wholesome programmes depends very much on public funding and support. Thus, Nalanda's 'Family Fun Fair' at NEO Centre Johor Bahru was joyfully and successfully held on Saturday 16 September, with

thousands of people having a great day with family and friends, while supporting holistic education for the community.

This year's Family Fun Fair had 82 stalls selling food, plants, and a wide range of household products to raise funds for Nalanda Dhamma School and 'Wisdom Park', a new Dhamma-learning facility located in Kuala Kubu Bharu.

Our deepest gratitude to all stall operators, sponsors, and visitors from near and far who supported this fund-raising event. We also wish to thank our hard-working volunteers and organisers who laboured for months to prepare for this big event. Your dedication and selfless spirit was simply amazing! Thank you everyone.



Dhamma School student Wei Yuan (right) leading the opening blessing for Family Fun Fair.



8.00 am - Start of the Fun Fair! And the crowd continued to stream in throughout the day.



A corner of NEO Centre was dedicated to sharing with visitors about 'Wisdom Park'.



Our remarkable friends from Singapore! Thank you for lending us your support.

National Conference on Buddhist Civilization in Malaysia

15 – 17 September, Kedah

Leading Buddhist federations in Malaysia came together to celebrate the 60th anniversary of our nation's independence in a meaningful way – by organising the “National Conference on Buddhist Civilization” from 15 to 17 September 2017, in Sungai Petani. The unique gathering of 130 Buddhist leaders from all traditions aimed at spotlighting the long history of Buddhist presence in this country, especially in northern Peninsular Malaysia.

The 3-day Conference included panel discussions on Malaysian Buddhist history, the preservation of local Buddhist heritage, and enhancing intra-sectarian understanding and cooperation. The highlight of the Conference was a special study tour to Bujang Valley archaeological sites and museum, led by Nalanda founder Bro. Tan. The half-day tour on 16 September was remarkably enriching, and revealed an invaluable treasure trove of Buddhist heritage in Central Kedah.

The Conference participants also visited Nalanda Education & Outreach (NEO) Centre in Bandar Mutiara, Sungai Petani, where Bro. Tan gave a presentation on Buddhist presence in Southeast Asia, starting with its arrival in ‘Suvarnabhumi’ twenty-three centuries ago.

This Conference was part of a grand celebration billed the ‘Malaysian Buddhist Festival’ (MBF) to mark our nation’s ‘Diamond Jubilee’. The joint organisers of this festival include Malaysian Buddhist Association (MBA), Theravāda Buddhist Council, Vajrayana Buddhist Council, Fo Guang Shan (佛光山) Malaysia, and Selangor Buddhist Development Council. A series of religious, cultural, and academic programmes have been lined up under MBF until 2018, which will be held in several states around the country.



Participants of the National Conference gathered for three days in Central Kedah to explore the rich Buddhist heritage in northern Malaysia.



The study tour on 16 September was remarkably enriching, and revealed an invaluable treasure trove of Buddhist heritage in Malaysia.



At the Archaeological Museum in Merbok, Bro. Tan explained how the geography and topography of Bujang Valley affected its development as an entrepôt.



Bro. Tan presenting a lecture on the history of Bujang Valley at NEO Centre Sungai Petani. There was an interactive Q&A session following the talk.



Panelists at the Conference (from left): Bro. Tan, Dato' Nadarajan, Archaeological Museum curator En. Azman, and moderator Bro. Loka Ng.



Panel discussion on the historical development of Chinese Buddhism, Theravāda, and Vajrayana Schools in Malaysia, held on the last day of Conference.



The 3-day conference passed quickly with a lot of informative presentations and great camaraderie among participants.

Continued from the Cover page.

The camp participants gelled very quickly as the main conductor Bro. Tan emphasised that everyone was there as part of a greater 'clan' of teachers, and not as representatives of different Dhamma schools. Fellow teachers readily opened up during group discussions, building deep bonds with one another from having shared experiences in serving school communities.

Over nine formal lectures, Bro. Tan covered important lessons for the teachers, namely (1) what is the right motivation for us to teach (compassion); (2) what skill sets are needed to become effective teachers (competence); (3) what do we teach our students (content); and (4) how to teach Dhamma properly and confidently (communication).

The emphasis on competencies caught everyone's attention, as the essence of successful Buddhist education lies in having competent teachers who embody and exemplify the Dhamma.

To demonstrate the positive effect and impact of Buddhist education on student development, a special workshop was arranged where 10 students from Nalanda Dhamma School and Youth Centre aged 9 to 24 were invited to share their learning experiences. They answered questions from teachers with candour, spontaneity, and maturity, eliciting all-round admiration and praises.

With every passing day and activity, teachers at the camp gained deeper insight and higher spirit as the purpose and value of Buddhist education becomes more apparent than ever. Participating teachers developed a clearer sense of direction on how to conduct their lessons.

We thank the wonderful organising team, volunteers and all participants for coming together to accomplish this heart-warming camp which offered us great hope for the future of Buddhist education in Malaysia. Sadhu anumodana!

National Camp for Dhamma School Teachers



Participants in an upbeat and jubilant mood at the conclusion of the awesome 4-day camp.



There was much rejoicing and appreciation for the teaching and learning at the insightful camp.



Teachers enjoying great camaraderie while doing group assignments and having discussions.



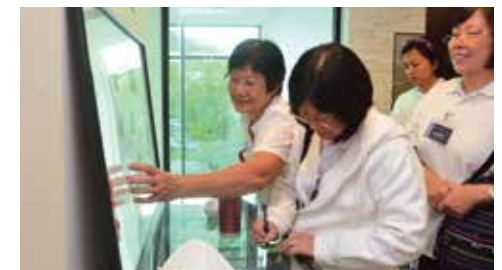
Admiring drawings by participants on their initial motivation to teach Dhamma.



Nalanda students were invited to share their experience about Dhamma School in a forum.



Achariya S. Vijaya conducting the drama and story-telling workshop on the third day of camp.



Teachers placing their messages on the "Expressions" board.

Visit to Vihāra Buddha Gotama

29 September, Perak

On Friday 29 September, a group of 20 blessed Nalandians from Nalanda Kuala Lumpur Branch led by founder Bro. Tan visited Vihāra Buddha Gotama (VBG) in Temoh, Perak. The group was warmly welcomed by abbot of VBG, Venerable Dhammavuddho Mahāthera and other resident monks there.

After offering lunch dāna, Nalandians actively participated in many activities of the monastery such as cleaning, chanting, group meditation, and Dhamma discussion with Ven. Dhammavuddho. They also gained many insights from the tour of VBG led by Bro Tan.

The Nalandian group stayed overnight at VBG to experience a day in the life of a monk, and to soak in the atmosphere of a forest monastery. The next morning, they went along for *Pindacāra* (monks on alms-round) in Teluk Intan.

The Nalandian visit was in preparation for the upcoming Sangha Day observance to be held at Nalanda Education & Outreach Centre, Happy Garden on 12 November, and at Nalanda Centre on 19 November. One of the purposes of the visit was to provide members with an experience of the daily activities and practices in a monastery, and to be inspired by the wholesome ways of monastic life.

Since the theme of the visit was “*To know, to appreciate, and to be inspired*”, some video recordings of the daily routine of VBG monks were made as part of the effort to bring awareness on the importance of Sangha members to our Buddhist community today.



Bro. Tan and Nalanda Kuala Lumpur Branch members paying respect to Ven. Dhammavuddho, abbot of Vihāra Buddha Gotama.

The brief visit ended the next evening after grateful Nalandians took leave from Ven. Dhammavuddho. Everyone was gladdened by the association with such wise and humble Sangha members. We wish Ven. Dhammavuddho and monks in VBG good health and long life. May we work together to support the Buddha-Sāsana!

- 1 Fruitful Dhamma discussion between Ven. Dhammavuddho and Nalandians.
- 2 Nalandians participating in the Pindacāra in Teluk Intan the next morning.
- 3 Preparing food to offer dāna.
- 4 Chairman of Nalanda Kuala Lumpur Branch Bro. Ng and Deputy Chairman Bro. Yong present tokens of appreciation to Ven. Dhammavuddho.



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4

A Youthful 'Night of Togetherness'

30 September, Sri Serdang

On 30 September, Nalanda Youth Centre organised a special gathering to celebrate the Mid-Autumn Festival. Everyone enjoyed a sumptuous potluck dinner, before delving into a Dhamma sharing on "Right Friendship" by Sis. Sunanda Ong.

The youths learned that right friendship means having friends who possess four essential qualities, namely: faith, virtue, generosity, and wisdom. Sis. Sunanda also spoke about her personal experience on how right friends had guided her days in university.

After the talk, everyone tried their hands in making lanterns out of paper cups. The joyful youths expressed gratitude for the warm-hearted friends they found at Nalanda who made for wise companionship and social support through challenges in their lives. Sadhu!



Sis. Sunanda sharing about the essential qualities found in good friends.



The youths having wholesome fun with songs, discussions, and Dhamma sharing to celebrate Mid-Autumn.

2nd anniversary of Wisdom Park Development Committee

14 October, Sri Serdang



1

WPDC holding its monthly technical and consultant meeting at Nalanda Centre recently.

14 October 2017 marked the second anniversary of the establishment of Wisdom Park Development Committee (WPDC) – the coordinating body to draw up and implement the masterplan for the learning facility. From an initial membership of 13 people, WPDC has been expanded with the appointment of more professionals and community representatives to the committee; it currently has 20 members.

WPDC meets once a month to keep the development of Wisdom Park on track. The tendering of Phase 1A had been called in September, and the package is expected to be awarded in November 2017. Construction will begin in December this year, and is expected to take up to 18 months.

Nalandians would like to express our deep appreciation to the enthusiastic members of WPDC who have been working tirelessly to survey, plan, apply to authority for approval, and invite tenders for the project. The next stage after the award of contract is of course to monitor the physical construction of the facility in Kuala Kubu Bharu.

We look forward to the continuous support from the entire Buddhist community to realise the dream of having a well-equipped training centre and holistic educational facility in Malaysia, so that we can produce good leaders and teachers to teach Dhamma in future. Let us all work hand-in-hand for the success of this noble, impactful project. Thank you!

Visit Wisdom Park's facebook page to know more about its progress at <https://www.facebook.com/wisdompark.malaysia/>

2 Bro. Tan highlighting a point to members of the Committee.

3 Bro. Tan Say Kee showing the survey plan of Wisdom Park during a meeting.



2



3

K. Sri Dhammananda Centre progress



20 October, Sri Serdang

[Also see Pages 16-17 for related news.]

'Nalanda House' was formally handed over to the appointed contractors on 9 September. Demolition of the building began on 19 September and took 3 weeks to complete. The old foundation was also dug up in order for piling work to commence.

Nalandians are happy to see the construction finally taking off, and work is progressing well. The redevelopment of the facility into 'K. Sri Dhammananda Centre' (KSDC) will take approximately 12 months, and the new building will be welcoming its first batch of Dhamma School students in January 2019.

We would like to appeal for your donations to help us complete this vital and noble school project to provide a place for more children and teenagers to learn Dhamma.

Contribution of any amount is welcome, and can be made at Nalanda Centre Sri Serdang, or via bank transfer to :

"Nalanda Buddhist Society" –
Maybank account number 5121-4702-3622.

Thank you for your good wishes and kind support. Let us build this Dhamma-learning facility for the benefit, welfare and happiness of generations to come! Sadhu.





Visit by Firefly Mission Singapore

21 October, Sri Serdang

On Saturday 21 October, 80 members of Firefly Mission from Singapore led by their President Dr. Ng Yee Kong visited Nalanda Centre as part of their 'Kathina' season merit-making tour of Malaysia. It was Firefly's sixth consecutive year visiting Nalanda, and one of the events Nalandians look forward to annually.

Nalanda President Sis. Evelyn led officers to accord our Singaporean friends a warm welcome. The host-officer for their visit was Bro. Tong of Nalanda Institute. After a brief building tour, Bro. Tan gave a talk on the importance of cultivating both merits and wisdom to improve our quality of life.

In his talk, Bro. Tan said that the opportunity for us to do good today is due to the effects of *kamma* – the consequences of wholesome deeds we performed in the past. Thus, the good that we sow now will afford us future possibilities of continuing a meritorious way of life.

After the uplifting talk, visitors and Nalandians enjoyed a communal lunch together. They later left for Sasanārakkha Buddhist Sanctuary in Taiping for the 'Kathina' celebrations there.

We thank Firefly Mission members for bringing so much joy to all of us on their visit to Sri Serdang. Friendship and camaraderie indeed extend beyond boundaries, as true *mettā* and *muditā* are boundless and borderless! We look forward to welcoming them back to Nalanda again next season.



Bro. Tan giving a talk on the importance of cultivating both merits and wisdom for a holistic development of character.

Learning camps this holiday

Teenagers' Learning Camp "Connect Within"

30 November – 3 December | Nalanda Centre, Sri Serdang, Selangor
Registration at <https://goo.gl/nd1rY8> | Sis. Sunanda Ong 012-678 5100

Teenagers' Learning Camp "Right Friendship"

8 – 11 December | Nalanda Education & Outreach (NEO) Centre, Sungai Petani, Kedah
Registration at <https://goo.gl/svSQYR> | Bro. Song 011-5502 9702

Teenagers' Learning Camp "Mangala Sutta"

8 – 11 December | Wat Prachumthat Chanaram, Tumpat, Kelantan
Sis. Poay Phing 017-384 3569, Bro. Tee 012-922 8963 | poayphing@gmail.com

Teenagers' Learning Camp "Dhamma through Drama"

15 – 18 December | Pure Karma Buddhist Centre, Ulu Tiram, Johor
Registration at <https://goo.gl/4Te4Nr> | Sis. Ann Yap 012-727 8820

Children's Learning Camp "Blessings"

20 – 23 December | Nalanda Centre, Sri Serdang, Selangor
Registration at <https://goo.gl/SNFdUy> | Sis. Sunanda Ong 012-678 5100



Upcoming Events November – December 2017

NOV



03	Full-moon Uposatha Service	Nalanda Centre
04	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K. L. / Taman O.U.G. & Happy Garden
	* BPS102 Buddhist Studies in Mandarin	NEO Centre K. L.
11	* BPS102 Buddhist Studies in Mandarin	NEO Centre K. L.
12	* Sangha Day – Robes Offering Ceremony	NEO Centre K. L.
18	<i>Pindacāra</i> – Alms-round by Sangha members in Seri Kembangan	Nalanda Centre / Seri Kembangan market
	* BPS102 Buddhist Studies in Mandarin	NEO Centre K. L.
	New-moon Uposatha Service	Nalanda Centre
19	* Sangha Day – Robes Offering Ceremony	Nalanda Centre
21	* SET509 Pilgrimage to India for Buddhist youths	India & Nepal
25	* BPS102 Buddhist Studies in Mandarin	NEO Centre K. L.
30	* Teenagers' Learning Camp	Nalanda Centre

DEC



02	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K. L. / Taman O.U.G. & Happy Garden
08-11	* Kedah Teenagers' Learning Camp	NEO Centre S. P.
	* Kelantan Teenagers' Learning Camp	Tumpat
11	Nalanda Education Day	Nalanda Centre
15-18	* Johor Teenagers' Learning Camp	Johor Bahru
15-29	* SET510 Pilgrimage to India & Nepal	India & Nepal
16	<i>Pindacāra</i> – Alms-round by Sangha members in Seri Kembangan	Nalanda Centre / Seri Kembangan market
20-23	* Children's Learning Camp	Nalanda Centre
31	Nalanda Dhamma School Appreciation & Honours Day	Nalanda Centre

* Registration is required for these programmes / activities.

Weekly activities at Nalanda Centre include "Sunday Service" (Sundays, 9am–12pm) and "Meditation & Dhamma Sharing" (Wednesdays, 8pm–10pm). For full details or updates on Nalanda's many programmes, kindly visit our website at www.nalanda.org.my or facebook www.facebook.com/nalanda.org.my

Four Principles of Living

Nalandians choose to lead spiritual, grateful and fulfilling lives by following these *Four Principles of Living*, namely :

1. Leading a life of simplicity, modesty, and moderation.
2. Maintaining a serene, calm, and contented mind.
3. Living gracefully and harmoniously with the community.
4. Living in accordance to Dhamma.

'Like' our Facebook fanpage at www.facebook.com/nalanda.org.my to connect with Nalanda for more *Dhamma-rich* news, views and articles!

Nalanda Contacts Please visit our website for directions to Nalanda.

Nalanda Buddhist Society Malaysia

Nalanda Centre, 3357, Jalan 18/31, Taman Sri Serdang, 43300 Seri Kembangan, Selangor.

Tel. No. +603-8938 1500 / 1501

Website www.nalanda.org.my

E-mail info@nalanda.org.my

Facebook www.facebook.com/nalanda.org.my

Nalanda Centre is open daily from 10.00 am to 10.00 pm. For visits, kindly call to make appointments.

Nalanda Education & Outreach (NEO) Centre, Kuala Lumpur

524 A, 1st Floor, Jalan Riang 12, Taman Gembira, 58200 Kuala Lumpur.

Tel. No. +603-7971 7151

E-mail neo-kl@nalanda.org.my

Facebook www.facebook.com/NeoCentre.KL

NEO Centre KL is open every first Saturday of the month from 7.30 am to 5.00 pm;
Mondays to Thursdays : 8.00 pm to 10.00 pm; and every Sunday from 2.00 pm to 4.00 pm.

Nalanda Education & Outreach (NEO) Centre, Johor Bahru

30, Jalan Dedap 26, Taman Johor Jaya, 81100 Johor Bahru, Johor.

Tel. No. +607-350 3870

E-mail neo-jb@nalanda.org.my

Facebook www.facebook.com/NeoCentre.JB

NEO Centre JB is open on Sundays : 8.30 am to 11.30 am; Mondays to Wednesdays : 8.00 pm to 10.00 pm;
and on New-moon / Full-moon weekdays : 8.00 pm to 10.00 pm.

Nalanda Education & Outreach (NEO) Centre, Sungai Petani

210, Jalan Bandar Mutiara 2/2, Bandar Mutiara, 08000 Sungai Petani, Kedah.

E-mail neo-sp@nalanda.org.my

Facebook www.facebook.com/NeoCentre.SP

NEO Centre SP is open on Fridays : 7.30 pm to 9.30 pm; and on Saturdays : 9.30 am to 12.00 pm.