

Nalanda Bulletin

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For Non-Muslims Only

Buddhist Leadership Summit

Theme : *“Heart of a Buddhist Leader”*

For three days from 30 March to 1 April, representatives of Theravāda Buddhist organisations in Malaysia gathered for the first-ever Leaders’ Summit to discuss ways to improve leadership quality for the community.

See pages 18 – 19 for more photographs and report.





Leadership Summit :
Participants began their daily programmes
with meditation and devoted chanting.

Nalanda
15th
anniversary
2003–2018

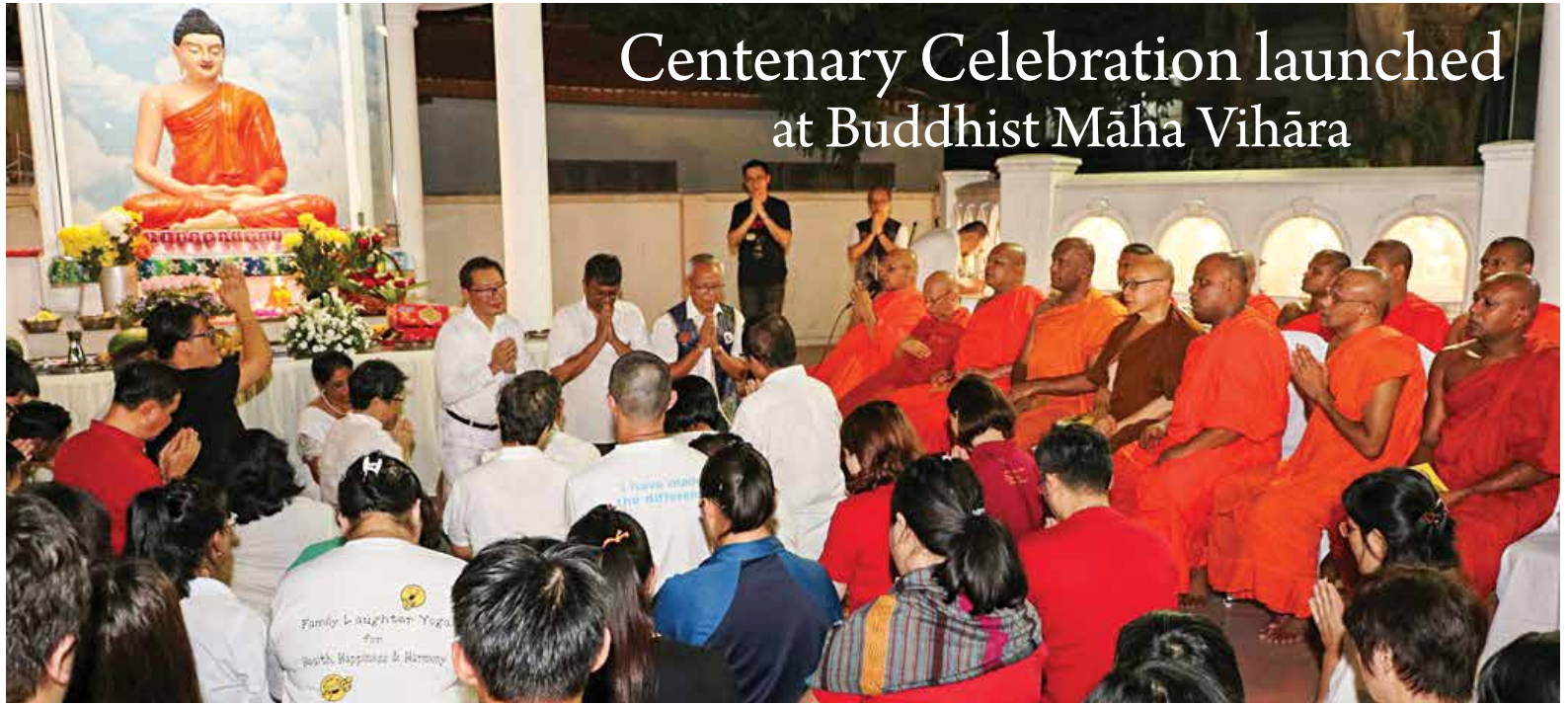
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Abbot Ven. Dhammaratana addressing devotees



Centenary Celebration launched at Buddhist Māha Vihāra



Datuk Seri Dr. Victor Wee giving a speech.



Offerings of light and flowers at the memorial stupa.



Ven. Mahinda paying respects at the stupa.



Nalanda members joining other devotees in the 'Bodhi Pūja'.

17 March, Kuala Lumpur

“ To honour those who are worthy of honour, this is the highest blessing. ”
— *Mangala Sutta*

On Saturday 17 March, the ‘K. Sri Dhammananda Centenary Celebrations : *Honouring His Legacy*’ was launched at Buddhist Māha Vihāra (BMV), Brickfields, Kuala Lumpur. The launch was attended by many disciples and followers of Venerable Dr. Kirinde Sri Dhammananda (1918 – 2006), the late Sanghanāyaka Thera of Malaysia and Singapore, and Nalanda Buddhist Society’s Spiritual Adviser.

The evening began with Sangha members and devotees gathering under the Bodhi Tree for ‘*Bodhi Pūja*’. After which, there were speeches by BMV Abbot Ven. Sri Dhammaratana, Ven. Mahinda, and Buddhist community representatives.

The ‘K. Sri Dhammananda Centenary Celebration’ is jointly organised by Nalanda, the Theravāda Buddhist Council of Malaysia, Young Buddhist Association of Malaysia, and 8 other Buddhist organisations. A series of programmes will be held until March 2019 to pay tribute to the iconic Dhammaduta who had greatly contributed to the development of Buddhism in modern times.

We rejoice in the wholesome effort of all organizers of the Centenary Celebrations that will surely benefit and uplift the entire Buddhist community. *Sādhu ānumodanā!*

Launch of 'K. Sri Dhammananda Centenary Celebration' at Nalanda

18 March, Sri Serdang

18 March 2018 marked the birth centenary of our late Spiritual Adviser, Most Venerable Dr. K. Sri Dhammananda Nāyaka Thera. A large joyful crowd gathered at Nalanda Centre to celebrate and commemorate his lifetime of achievements and contributions to the *Buddha-Sāsana*.

Nalanda founder Bro. Tan, who was a lay disciple of the late venerable, gave a talk on the meaning of the name 'Dhammānanda' – one who experiences joy in Dhamma. He

spoke of how practising Dhamma releases us from selfishness and defilements, which are the causes of much unhappiness. Several of the late venerable's students also paid glowing tributes and shared their experiences of learning from this remarkable teacher.

The launching culminated with a lunch dāna to the Māha Sangha headed by Ven. B. Sri Saranankara. May we continue the late venerable's legacy of propagating the Dhamma for the benefit of all beings. *Sādhu!*



Devotees paying tribute to Ven. Dhammananda's immeasurable contributions and invaluable teachings.



Nalanda officers paying respects at the K. Sri Dhammananda Memorial altar.



Procession of Ven. Dhammananda's robes from the Sumangala Room to the Dhamma Teaching Hall.



Devotees listening attentively to Bro. Tan's teachings on how the practice of Dhamma releases us from unhappiness and brings about much joy.



Achariya Vijaya recollecting Ven. Dhammananda.



Sharing by Achariya Tan Siang Chye.



Offering of dāna to the Maha Sangha.



Bro. Tan chatting with Ven. Saranankara.

MBMC Visitors

18 March, Sri Serdang

Sunday 18 March marked the 100th birth anniversary of the late Venerable K. Sri Dhammananda (1918 – 2006). The launching of the Centenary Celebrations at Nalanda Centre was attended by hundreds of devotees, including a group of 32 Dhamma friends from the Malaysian Buddhist Meditation Centre (MBMC) in Penang, consisting of teachers, parents, and teenagers from its Dhamma School.

Members of MBMC were warmly received by Nalanda Dhamma School (NDS) Director Sis. Sunanda and friendly Nalandians at Nalanda Book Café on Saturday evening. Everyone participated in the Sunday Service the next day, and witnessed tributes to the late Ven. Dhammananda.

The parents and teachers of MBMC attended the Dhamma teaching by Nalanda founder Bro. Tan, while teenagers joined their Nalandian peers at the Dhamma School.

The Nalanda experience continued with a building tour by Nalanda Institute officer, Bro. Tong. The core teachings of the Buddha were represented in every little corner of Nalanda Centre. This rich symbolism deeply motivated the teenagers, parents and teachers of MBMC to strive harder in their Dhamma knowledge.

The Penang visitors provided their services by rearranging chairs and cleaning the Centre, as well as offering books and donations to Nalanda.

Before their leaving, Bro. Tan advised everyone to not merely travel on journeys and taking trips hither and thither. Rather, they should start to embark on a longer journey – the journey towards *Nibbāna* – to be free from all suffering. We thank our MBMC friends for visiting Sri Serdang and look forward to welcoming them back again! *Sādhū*.



Bro. Tan and Nalanda officers with friends from Malaysian Buddhist Meditation Centre, Penang.



Sis. Sunanda welcoming MBMC members to Nalanda Centre on Saturday.



Bro. Tan giving advice and encouragement to students before their departure back to Penang.



Presentation of Nalanda's publications to Bro. Tham, Principal of the MBMC Dhamma School.



Bro. Tong leading a building tour.



MBMC members and Nalandians enjoying fellowship.



Having a wholesome meal at Nalanda Book Café.



Director Sis. Sunanda and students at the camp.



Senior students leading the daily chanting.



Joyful Dhamma discussions in small groups.

Holiday stay-in for teenagers

18 – 20 March, Sri Serdang

From 18 to 20 March, Nalanda Dhamma School teenagers spent their school holidays fruitfully by participating in a 3-day stay-in programme in Sri Serdang. The camp was specially organised to enhance their understanding of the *Three Jewels*, and to learn core Buddhist teachings.

School Director Sis. Sunanda taught them Dhamma and explained the 4 different ways of journeying through life: one who goes from darkness to darkness; another who goes from darkness to light; one who goes from light to darkness; and yet another one who journeys from light to light.

In addition to Dhamma discussions and outdoor activities, the teenagers were encouraged to step out of their comfort zones and participate in a debate. The exercise enhanced everyone's confidence in public speaking and even revealed hidden talents in some students!

To conclude the camp, students took part in a quiz to gauge their level of Buddhist knowledge. Everyone did well by showing traits of courage especially the junior students who attempted to help their older team-mates in answering tough questions.

It was indeed an amazing and memorable camp for everyone. We thank the facilitators, helpers and students for making this School programme another roaring success!



The teenagers took turns to speak about what they have learned during their holiday stay-in.

Nalanda S.P. Branch



5th A.G.M. at all Nalanda Branches

3 March, Sungai Petani

The 5th Annual General Meeting of Nalanda Buddhist Society Sungai Petani Branch was held on Saturday, 3 March. The meeting was also attended by Nalanda President Sis. Evelyn Chow, Honorary Secretary Sis. Santi Cheang, and Board Member Bro. Pee Che Yong.

The A.G.M. saw the election of a new Branch Management Committee headed by Chairman Dr. Song Wai Leng. The full list of Committee Members elected is as follows :

<i>Chairman</i>	Song Wai Leng
<i>Deputy Chairman</i>	Khaw Seng Giap
<i>Branch Secretary</i>	Ong Yen See
<i>Branch Treasurer</i>	Lau Yun Lee
<i>Assistant Secretary</i>	Sumedhā Lee An May
<i>Assistant Treasurer</i>	Heng Sok Hoon
<i>Committee Members</i>	Aw Seong Chee
	Chan Guan Yan
	Cheah Siew Chin
	Fong Chee Meng
	Hoe Pin Pin
	Koay Kim Beng
<i>Internal Auditors</i>	Cheng Wei Leng

Nalanda K.L. Branch



and the election of new Committees

10 March, Kuala Lumpur

On 10 March, Nalanda K.L. Branch held its 5th A.G.M. where Chairman Bro. Ng Eek Chon thanked everyone for the opportunity to lead the Branch for the past term. The election saw the leadership line-up little changed as members were happy with their good work.

Nalanda EXCO Member Bro. Lee Kong Foo who was at the meeting congratulated the reelected Branch Management Committee. The full Committee list is as follows :

<i>Chairman</i>	Ng Eek Chon
<i>Deputy Chairman</i>	Yong Keok Fatt
<i>Branch Secretary</i>	Tan Hui Mei, May
<i>Branch Treasurer</i>	Chong Chee Ling
<i>Assistant Secretary</i>	Ng Tung Yan
<i>Assistant Treasurer</i>	Ng Chee Hui, Grace
<i>Committee Members</i>	Gan Chin Hock, Rudy
	Lim Meng Jiew
	Tan Choi Hong, Ovia
	Thong Fee Shen
	Wong Koi Wah, Rita
	Choo Poh Ling, Pauline
<i>Internal Auditors</i>	Tan Jee Jian

Nalanda J.B. Branch



11 March, Johor Bahru

The 5th A.G.M. of Johor Bahru Branch was held on Sunday, 11 March. During the meeting, members were given updates on the Branch's development in 2017 and informed of upcoming plans for this year. The meeting was also attended by Nalanda's Honorary Secretary Sis. Santi Cheang and EXCO Member Sis. Margaret Ng.

Members elected a new Branch Management line-up as follows :

<i>Chairman</i>	Yap Chong Huat
<i>Deputy Chairman</i>	Lim Chin Huat
<i>Branch Secretary</i>	Ong Ai Geok
<i>Branch Treasurer</i>	Ng Swee Foon
<i>Assistant Secretary</i>	Cheong Boy Liew
<i>Assistant Treasurer</i>	Yap Chong Yin, Alice
<i>Committee Members</i>	Gan An Hean
	Lina Lim
	Ng Swee Meng
	Tan Mui Cheng
<i>Internal Auditors</i>	Tay Chai Hong
	Tan Chor Hwa
	Bella Gan Cui Ying



Nalanda's 15th National Annual General Meeting

Nalanda
15th
anniversary
2003-2018



Nalandians showing much appreciation to the Board of Management members for their selfless service.



Bro. Tan introducing Wisdom Park Development Committee members to resounding applause.



Members voting unanimously to approve the provision for Wisdom Park's development expenditure.

25 March, Sri Serdang

On Sunday 25 March, Nalanda Buddhist Society members congregated at Nalanda Centre for the Society's 15th Annual General Meeting (A.G.M.). There was much rejoicing and appreciation for the hard work put in by the Board of Management, EXCO Members, education team, administrative staff, Society members and volunteers which brought Nalanda to a higher level of success in 2017.

Turnout for the A.G.M. was more than 70%. President Sis. Evelyn opened the meeting by warmly welcoming everyone back to Sri Serdang. This was followed by the customary speech by founder, Bro. Tan.

Honorary Secretary Sis. Santi Cheang thereafter

presented the Board of Management's annual report to members; while Honorary Treasurer Sis. Mei Yee presented the financial report. Members also heard updates from Bro. Tan on the progress of 'K. Sri Dhammananda Centre' and 'Wisdom Park' projects – both currently under construction.

Bro. Vincent Lee was called to present plans to celebrate Nalanda's 15th anniversary this year. He outlined three objectives for the celebrations, and enlisted members to help out in the year-long series of programmes.

The A.G.M. concluded joyfully with much expression of gratitude by members for another splendid and productive year at Nalanda. We thank all benefactors, teachers, supporters and volunteers for making our community service possible! *Ānumodānā.*

Nalanda
15th
anniversary
2003–2018

Learning trip to National Museum in Kuala Lumpur



Junior Dhamma School facilitators and students cheering at the entrance of National Museum.

25 March, Kuala Lumpur

On Sunday 25 March, 60 students from Nalanda Junior Dhamma Schools in Sri Serdang and Kuala Lumpur took part in a half-day study tour to the National Museum. They had the opportunity to experience the joy of investigating, learning and discovering history outside the classroom.

The students explored artefacts and exhibits in the *Pre-Historic*, *Malay Kingdoms*, *Colonial Era*, and *Malaysia Today* galleries. They were exposed to the development of our nation from the Paleolithic Age to the formation of Malay polities, the unwavering struggle for independence, the formation of Malaysia, as

well as the rapid physical transformation and achievements in the past few decades.

Throughout the visit, students were closely guided by facilitators in their learning. They were also given assignments to complete their special learning notebooks, and while doing so, forged healthy friendship and cooperation with others.

Before leaving the museum, Nalanda Dhamma School Director Sis. Sunanda led students in a group reflection to consolidate their learning experience.

We thank facilitators and parents who helped to organise this meaningful museum tour which proved most beneficial to our young students. *Sādhu ānumodanā.*



Briefing before departing for the museum.



Students listening to Sis. Sunanda's explanations.



Jotting down findings in their notebooks.



Inspecting the exhibits under teacher's guidance.



Joy of serving and growing together

The inaugural Summit of Buddhist leaders saw over 80 participants gather to discuss ways of enhancing leadership quality in Buddhist societies.

30 March – 1 April

The inaugural Summit of Buddhist leaders saw over 80 Buddhist leaders gather for learning and discussions to enhance leadership quality of local Buddhist societies.

Nalanda founder Bro. Tan was the main speaker at the Summit, delivering 6 anchor presentations covering the topics from 'how to build leaders', 'the leadership process', to 'qualities of a good leader'.

We were inspired by the camaraderie, unity of purpose, and the learning spirit among the participating leaders at the Summit.

Thank you for your services to the Buddhist community! May the *Buddha-Sāsana* prosper and long endure under wise stewardship.

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Bro. Tan delivered 6 lectures at the 3-day Summit.



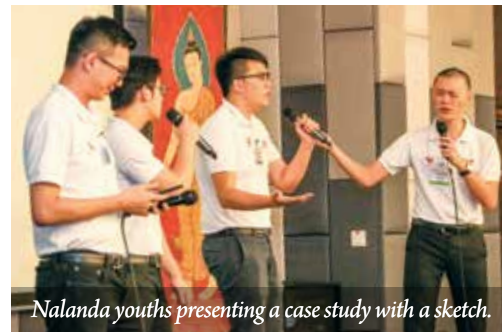
Forum where devotees shared their encounters with leaders.



Forum with Ven. Chang Zao and Bro. Goh of YBAM.



A number of university-level leaders attended the Summit.



Nalanda youths presenting a case study with a sketch.



Daily group discussions were great learning avenues.



The Organising Team and volunteers happily rendered their services at the Summit.

After the end of the Inaugural Summit of Buddhist Leaders, the Organising Team comprising officers of Nalanda Institute Malaysia and Theravāda Buddhist Council met on Monday, 2 April to evaluate the outcome and effectiveness of the programme.

Team members offered and reviewed feedback on programme content, learning materials, impact of forums, facilitation skills, logistics, volunteer performance, *et cetera* – from pre-event preparations to post-event follow-ups.

The overall response from Summit participants had been marvellous, with many of them requesting that such conventions be made a

regular feature for Buddhist leaders, so as to enhance the quality of visionary leadership in our community.

The Organising Team headed by Bro. K. C. Tan, Achariya Tan Siang Chye, Sis. Paruadi, and Bro. S. Y. Tong would like to thank all participating leaders and supporting organisations for championing this Summit. Many thanks and kudos also to all volunteers who worked joyfully and diligently to ensure the event was efficiently run.

Mahā sādhu to all good deeds performed in the course of organising this programme. May the *Buddha-Sāsana* long endure!



Joyful reflections and discussions by the Organising Team just a day after the successful Summit.



Sis. Nandini, the NFS Management Team and volunteer teachers at the meeting.

Free School Teachers' Meeting

15 April, Sri Serdang

On Sunday 15 April, Nalanda Free School (NFS) volunteer teachers met to discuss various aspects of their teaching for reflection and improvement. The meeting started with a round of introductions of senior and novice teachers, followed by sharing of challenges and cherishable moments in teaching. The Management Team headed by Sis. Nandini reviewed the direction and purpose of NFS to ensure continued alignment of teachers to Nalanda's philosophy of education.

All teachers then actively shared their views on 'What makes a good teacher?'. The majority of teachers acknowledged that being enthusiastic, patient, sincere, disciplined, and curious about the needs of students were important factors. Senior teacher Sis. Khor Swee Moi shared some educational strategies for effective teaching and learning. She spoke about the 4C model of *Communication, Critical thinking, Collaboration, and Creativity*, which was recommended to instill good learning

attitude in students. She also introduced the SE model – to *Explore, Elaborate, Engage, Explain* and *Evaluate* to help teachers deliver knowledge and skills with fresh perspective. Following that, parent representative Sis. Queenie shared story-telling as a strategy to deliver wholesome values to students, which runs parallel to the delivery of knowledge and training of skills.

Towards the end, teachers were updated about the vast opportunity which lies ahead for holistic education through the development of Wisdom Park. Sis. Nandini encouraged teachers to continue their noble efforts of teaching for the welfare and benefit of future generations.

The meeting concluded with a warm-hearted and inspirational teaching by Nalanda founder Bro. Tan, who encouraged teachers to remain positive, patient, compassionate, simple and sincere towards our students. We thank all volunteer teachers and the Management Team of NFS for being dedicated to this noble mission of community education. *Sādhu ānumodanā.*



Nalandians paying respects to Ven. Prof. Dr. Gnanarama and Ven. Ananda at Tisarana Buddhist Association.

Nalanda officers visit Singapore

13 – 14 April, Singapore

Nalanda founder Bro. Tan accompanied by several officers from Serdang and Johor visited Singapore recently to meet with monks and lay leaders there. Their first stop on 13 April was the Buddhist Fellowship, followed by visits to Tisarana Buddhist Association and the newly-established Dhammakami Buddhist Society on 14 April.

Nalandian officers paid respects to 87-year old Venerable Prof. P. Gnanarama Nāyaka Thero, who expressed great delight in receiving the guests. Ven. Gnanarama had visited Nalanda Centre before and was greatly impressed by what he witnessed.

The officers then paid a courtesy visit to Venerable K. Rathanasara Thero who also spoke admiringly about Nalanda. We thank the venerables and Singaporean friends for their warm welcome and kind hospitality.



Visiting Ven. K. Rathanasara at the newly-opened Dhammakami Buddhist Society in Geylang



Nalanda J. B. Branch members listening attentively to Bro. Tan's teachings and advice.

Nalanda J.B. Branch Members' Day

14 April, Johor Bahru

On 14 April, Nalanda members in Johor Bahru gathered for their quarterly Members' Day to hear updates on the Society's development projects and to receive Dhamma teachings from Nalanda founder, Bro. Tan.

Development of our character in accordance to Dhamma ensures the endurance of *Buddha-Sāsana*. We do so by paying attention to the teachings, investigating its meaning, and by associating with wise friends who contemplate and practise the Dhamma.

Bro. Tan also spoke about the importance of having wise friends. They motivate us to avoid evil, do good, and purify our minds. They also encourage us to take refuge in the *Three Jewels* and practise the Noble Eightfold Path.

Nalanda Board Member Bro. Vincent Lee and Wisdom Park officer Bro. Tan Say Kee were also in Johor Bahru with Bro. Tan. Both of them updated members there on the progress

of Wisdom Park, the 'K. Sri Dhammananda Centre', the upcoming National Members' Convention, and Nalanda's 15th Anniversary celebrations to be held this year.

All members rejoiced in the noble mission that Nalanda is pursuing to date. Let us therefore continue to learn, practise, preserve, and propagate the Dhamma earnestly. With our persistent efforts to educate the community, may the *Buddha-Sāsana* spread further and endure longer. *Sādhu!*



Bro. Say Kee updating members on Wisdom Park.

Dhamma talk by Ajahn Chandako



Ajahn Chandako teaching a full hall of devotees on how to overcome the fear of change.

17 April, Sri Serdang

On Tuesday 17 April, Nalanda Centre was honoured to host Venerable Ajahn Chandako, the founder and Abbot of Vimutti Buddhist Monastery near Auckland, New Zealand. Ajahn Chandako imparted dhamma teachings on “How to overcome the fear of change” to devotees and practitioners who rejoiced over this opportunity to learn.

Ajahn emphasised that impermanence brings about the fear of the unknown. To mask this fear, our minds habitually plan for things to create the illusion of security for the future. Moreover, we may make decisions driven by fear, which often result in poor outcomes and does not provide fulfillment in life. Ajahn advised that it is therefore important to calm our minds through meditation, enabling us to clearly see our motivations and intentions behind the choices we make in life.

The wise response to fear is to practise the Dhamma and develop wholesome mental

states. For instance, life becomes more stable through the practice of *mettā*, because it directly undermines fear and insecurity.

In addition, the practice of mindful awareness in every posture whether sitting, standing, walking or lying down, helps to anchor us to the present moment. Letting go of identification with, and attachment to a self or ‘I’ brings about true security. With mindfulness and clarity, we can live and move into the future without fear.

In conclusion, Ajahn encouraged us to seek and trust the clarity of our intentions when making decisions, instead of being driven by fear or blind social expectations.

Ajahn Chandako said that he was inspired to revisit Nalanda Centre, and to witness here the active involvement of so many people in Dhamma practice and community service. We in turn are grateful to Ajahn for his compassion in teaching us during his trip to Malaysia. May we all practise the Dhamma diligently to move forward in life with fearlessness. *Sādhū ānumodanā*.

Intermediate-level Buddhist Studies



The second lecture on “Buddhist Text & Scriptures” was conducted by Sis. Sandy Lim.

10 March – 28 April

On Saturday 10 March, Nalanda Institute Malaysia commenced its second BPS202 Intermediate-level Buddhist Course in Mandarin at Nalanda Education & Outreach Centre, Kuala Lumpur. The course which was conducted over 8 consecutive weekends consisted of lectures and discussions on Buddhist doctrines, such as the *Mangala Sutta* and Dependent Origination. Students also took part in a study tour to Nalanda

Centre Sri Serdang, and sat for a written assessment to graduate. The lecturers for this course were Sis. Sandy Lim, Sis. Sua Siau Theng, Bro. Aggaphala Yap and Bro. Tong Siong Yeow.

Most of the 25 participants who signed up for the course were eager to further their learning in the Dhamma; they had previously completed the BPS102 – Basic Buddhist Studies. We rejoice in the enthusiasm and interest of all participants and wish them much joy, peace and success in their Dhamma journey. *Sādhū ānumodanā!*



Satisfying Dhamma discussions between facilitators and participants every weekend.



Sis. Sandy leading the building tour at Nalanda Centre.

'Silver-Lining Day' for 60 youths

22 April, Kuala Lumpur



Nalandian youths and the children of Mon Refugee Children Learning Centre.

On Sunday 22 April, Nalandian youths extended their care and attention to the children at the Mon Refugee Children Learning Centre in Pudu, Kuala Lumpur. The Mon people were one of the earliest ethnic groups to settle in Southeast Asia, and were responsible for the spread of Buddhism in the region. The youths started the day with chanting and taking refuge in the *Three Jewels*, thus establishing a strong bond based on Dhamma with the children there.

Nalandian youth Bro. Zhen Shun gave a talk on developing *Mettā* (Loving-kindness). He also spoke about the importance and benefits of having loving-kindness and respecting others in life, as everyone would like to be respected in a similar way.

The youths headed back to Nalanda Centre after their visit where they had a reflection and sharing session. Feeling happy to have spent quality time with the kids, they felt inspired by the positive spirit and enthusiasm of the children despite their challenging backgrounds and circumstances. Nalandian youths bonded well with the children because they were treated not as refugees, but like our younger brothers and sisters.

It was another meaningful 'Silver-Lining Day' of service and contemplation for our youths. We thank everyone who joined this wholesome endeavour to spread joy and love to the community at large, thus acquiring a broader perspective of society and maturity in terms of our thoughts, emotions and social responsibility. Let us all strive to be 'Silver-Linings' to create a more mindful, caring, and compassionate world.



Chanting together to pay homage to the Three Jewels.



Presentation of requisites by Youth Leader Bro. Jie Sheng.



Children and youths bonding and having fun together.



Youths lending their hands to clean the centre.



Wishing each other well after a fruitful and happy visit.



Youths reflecting on their wholesome actions for the day.

21 April, Wisdom Park

22 April is celebrated annually as 'Earth Day' in more than 170 countries with meaningful activities to promote environmental awareness and responsibility. Nalandians marked the special occasion by planting trees at the site of Wisdom Park in Hulu Selangor.

The first tree to be planted was a 'Mesua ferrea', or 'Penaga' tree in Malay. It is a native tree commonly found in Malaysian forests. It is also the national tree of Sri Lanka, where it is called 'Nā', and is significant to Theravāda Buddhists as they regard it as the 'Bodhi (Enlightenment) Tree' of several past Buddhas.

Besides the 'Nā', three other species of trees were planted in this first batch of 30 saplings. 'Tree-planting Day' will henceforth be organised every two months at Wisdom Park as an effort to return the former plantation land back to a sustainable state of natural environment.

We would like to thank the sponsor of this first batch of trees Mr. Alex Toong, members of Wisdom Park Development Committee, and Nalandian volunteers for a meaningful celebration of 'Earth Day' 2018 by greening the environment! *Sādhu ānumodanā.*

We invite you to share in this noble mission to provide proper and holistic Buddhist education, so that more people can learn Dhamma to achieve well-being, joy and inner peace.

Help construct Wisdom Park by donating towards this noble project, via bank transfer to :

"Nalanda Buddhist Society"

[Maybank account number 5121-4702-3622]

Thank you for your kind support, and may we all continue to progress in the Buddha-Dhamma!



Planting trees at Wisdom Park to mark 'Earth Day'

For more news on Wisdom Park, please visit:
www.wisdompark.org and
www.facebook.com/wisdompark.malaysia

**Nalanda
15th
anniversary
2003 - 2018**

'Tree-planting Day' will henceforth be organised every two months at Wisdom Park as an effort to return the former plantation land back to a more natural state of environment.



Helping to move saplings to their planting sites.



Digging holes for trees on the upper slope.



Chanting 'Paritta' for the ceremonial tree-planting.



Planting the first tree at Wisdom Park.



Bro. Tan led the ceremonial watering of the first tree.



A greening job well done on "Earth Day"!

K. Sri Dhammananda Centre – construction progressing well on schedule



The 'K. Sri Dhammananda Centre' under construction as of 24 April 2018.

Construction of 'K. Sri Dhammananda Centre' continues to progress smoothly with only about 32% of work remaining. The Centre's interior is being completed and work has shifted to the exterior façade.

The Centre is on schedule for completion and begin operations by 31 August; it will be officially launched later this year. The Centre will primarily be used to cater for

more teenagers and children who wish to attend Dhamma School.

Please help us build this Dhamma-learning facility to train future generations of Buddhist leaders and teachers. Contribution of any amount can be made at Nalanda Centre, or via bank transfer to : **"Nalanda Buddhist Society"** [Maybank account number 5121-4702-3622]. Thank you!



Bro. Tan reviewing plans on site.



The architects checking on the progress of construction.



Brick-cladding at the ground floor exterior.



Carefully laying out the electrical cables.



A worker cleaning the newly-laid clay bricks.

佛陀日庆典 节目表

Buddha Day Programme at Nalanda

26 May
Saturday

- 8.00 pm Evening Chanting 诵经
- 8.30 pm Dhamma Sharing 佛法分享会
- 9.30 pm *Mettā Bhāvanā* – Cultivation of Loving-kindness 慈爱禅坐
- 10.00 pm Dedication of Merits 迴向无量功德

27 May
Sunday

- 9.00 am Meditation & Chanting 禅坐及诵经
- 9.45 am Buddha Day Message from Nalanda Nalanda 佛教会代表献词
- 10.00 am Dhamma Talk in English 英语佛学讲座
Dhamma Talk in Mandarin 华语佛学讲座
- 11.30 am Launching of “*Buddha Jayanti*” Exhibition 佛陀日展览会开展仪式
- 2.00 pm Workshop on “*A Life of Humility, Modesty and Moderation*” 《实践谦逊及节制的生活》工作坊

28 May
Monday

Wesak Eve
卫塞节前夕

- 8.00 pm Offering of Lamp & Opening Salutation 供灯及赞佛
Buddha Day Message from Nalanda Nalanda 佛教会代表献词
- 8.15 pm Dhamma Talk in English “The Significance of Buddha Day” 英语佛学讲座 《佛陀日的意义》
- 9.30 pm *Mettā Bhāvanā* – Cultivation of Loving-kindness 慈爱禅坐
- 9.45 pm Wesak-Eve Chanting 诵经
- 10.00 pm Dedication of Merits 迴向无量功德

实践谦逊及节制的生活

A Life of Humility, Modesty & Moderation

29 May
Tuesday

Buddha Day
佛陀日卫塞节

- 7.00 am *Pindacāra* – Monks going on Alms-round in Sri Serdang 僧众托钵
- 8.00 am Breakfast dāna for monks 供养僧众
- 9.00 am Buddha Pūja 供佛及诵经
- 9.45 am Buddha Day Message from Nalanda Nalanda 佛教会代表献词
- 10.00 am Dhamma Teaching in English 英语佛学讲座
Mandarin Dhamma Talk 华语佛学讲座
- 11.15 am Lunch dāna for monks 供养僧众
- 11.30 am Lunch for 8-preceptees and devotees 午餐招待信众
- 2.30 pm Meditation Session 禅坐
- 3.00 pm Sutta Study 研习经典
- 5.30 pm Mass Food Offering 膳食招待信众
- 7.30 pm Heritage Procession 传统灯火游行
Stage Performances 舞台表演
- 10.00 pm Dedication of Merits 迴向无量功德

Special Programmes 特别节目

- 26 – 29 May 10am – 6pm “*Buddha Jayanti*” Exhibition 佛陀日展览会
Wisdom Park Corner 智慧园资讯站
Nalanda Centre building tour | 导览 Nalanda 教育中心
- 27 May 10am – 4pm Blood donation & Organ-pledge campaign 捐血活动与器官捐赠登记
- 28 & 29 May 10am – 6pm Worshipping of Buddha Relic 膜拜佛舍利

All are welcome to Nalanda’s Wesak celebration! 欢迎大家踊跃出席, 谢谢!

Be a happy

Volunteer

Make a difference to the Community!

Sign up now at www.nalanda.org.my/volunteer

Contacts **Queenie** 012-935 8518 | **Emily** 016-339 9887 | **Buddhini** 012-295 5245



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Upcoming Programmes

May – July 2018

MAY



01	<i>Nalanda Day</i> – Nalanda Buddhist Society's 15th Anniversary	Nalanda Centre
05	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K. L. / Taman O.U.G. & Happy Garden
19	<i>Pindacāra</i> – Alms-round by Sangha members in Seri Kembangan * Meditation Day for Youths Theme: "Thoughtfulness & Heartfulness with Metta"	Nalanda Centre / Seri Kembangan market Nalanda Centre
26–29	<i>Buddha Day</i> – Wesak Observance B.E. 2562	Nalanda Centre

JUNE



02	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K. L. / Taman O.U.G. & Happy Garden
14	New-moon Uposatha Service	Nalanda Centre
16	<i>Pindacāra</i> – Alms-round by Sangha members in Seri Kembangan	Nalanda Centre / Seri Kembangan market
28	Full-moon Uposatha Service	Nalanda Centre

JULY



01	Nalanda Institute's 11th Anniversary	Nalanda Centre
07	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K. L. / Taman O.U.G. & Happy Garden
13	New-moon Uposatha Service	Nalanda Centre
21	<i>Pindacāra</i> – Alms-round by Sangha members in Seri Kembangan	Nalanda Centre / Seri Kembangan market
27	<i>Dhamma Day</i> – Asalha Full-moon	Nalanda Centre
29	<i>Dhammacakka Day</i> at Nalanda	Nalanda Centre

* Registration is required but free-of-charge.

Special events :

6th National Members' Convention – 28 April – 1 May
 Meditation Day for Youths – Saturday, 19 May
 Buddha Day Observance – 26 – 29 May
 Nalanda 'Gimhāna Period' – 13 June – 29 July
 Family Fun Fair 2018 – Sunday, 5 August

Nalanda
15th
 anniversary
 2003–2018

Weekly activities at Nalanda Centre include "Sunday Service" (Sundays, 9 am–12 pm) and "Meditation & Dhamma Sharing" (Wednesdays, 8 pm–10 pm). For full details or updates on Nalanda's many programmes, kindly visit our website at www.nalanda.org.my or facebook www.facebook.com/nalanda.org.my

Dhamma Reflection

“The Buddha considered economic welfare as a requisite for human happiness, but He did not recognize progress as real and true if it were only material, devoid of a spiritual and moral foundation. While encouraging material progress, Buddhism always lay great stress on the development of moral and spiritual character for a happy, peaceful and contented society.”

— Excerpt from “*What Buddhists Believe*” by Ven. Dr. K. Sri Dhammananda



‘Like’ our Facebook fanpage at www.facebook.com/nalanda.org.my to connect with Nalanda for more *Dhamma-rich* news, views and articles!

Nalanda Contacts Please visit our website for directions to Nalanda.

Nalanda Buddhist Society Malaysia

Nalanda Centre, 3357, Jalan 18/31, Taman Sri Serdang, 43300 Seri Kembangan, Selangor.

Tel. No. +603-8938 1500 / 1501

Website www.nalanda.org.my

E-mail info@nalanda.org.my

Facebook www.facebook.com/nalanda.org.my

Nalanda Centre is open daily from 9.00 am to 10.00 pm. For visits, kindly call to make appointments.

Nalanda Education & Outreach (NEO) Centre, Kuala Lumpur

524 A, 1st Floor, Jalan Riang 12, Taman Gembira, 58200 Kuala Lumpur.

Tel. No. +603-7971 7151

E-mail neo-kl@nalanda.org.my

Facebook www.facebook.com/NeoCentre.KL

NEO Centre KL is open every first Saturday of the month from 7.30 am to 5.00 pm;
Mondays to Thursdays : 8.00 pm to 10.00 pm; and every Sunday from 2.00 pm to 4.00 pm.

Nalanda Education & Outreach (NEO) Centre, Johor Bahru

30, Jalan Dedap 26, Taman Johor Jaya, 81100 Johor Bahru, Johor.

Tel. No. +607-350 3870

E-mail neo-jb@nalanda.org.my

Facebook www.facebook.com/NeoCentre.JB

NEO Centre JB is open on Sundays : 8.30 am to 12.00 pm; Mondays to Wednesdays : 7.30 pm to 10.00 pm;
and on New-moon / Full-moon weekdays : 8.00 pm to 10.00 pm.

Nalanda Education & Outreach (NEO) Centre, Sungai Petani

210, Jalan Bandar Mutiara 2/2, Bandar Mutiara, 08000 Sungai Petani, Kedah.

E-mail neo-sp@nalanda.org.my

Facebook www.facebook.com/NeoCentre.SP

NEO Centre SP is open on Fridays : 7.30 pm to 9.30 pm; and on Saturdays : 9.00 am to 12.00 pm.