

# Nalanda Bulletin

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## Heartfelt Appreciation on Nalanda's 20th Anniversary

We extend our deepest gratitude to all Sangha members, Buddhist leaders, Dhamma teachers, members, donors, benefactors and volunteers for the outpouring of warmth and camaraderie at Nalanda's milestone 20th Anniversary celebration. As everyone rejoiced in the positive and enduring impact of effective and holistic Buddhist education, the call for a united community to expand these efforts to reach even more people became clear. Let us together join in this noble mission to brighten the lives of more people and make quality education the focus of every Buddhist.

Nalanda  
**20<sup>th</sup>**  
anniversary  
2003-2023

*"Making Lives More Meaningful"*

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*Nalanda members and volunteers rallied after the 20th anniversary luncheon to thank our benefactors and donors who have enabled Nalanda to deliver Dhamma programmes which reach and benefit thousands of people every year.*

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29 April, Seri Kembangan

# Flowing Gratitude & Appreciation at **20th** Anniversary Luncheon

On Saturday 29 April, Nalanda members were honoured to host an appreciation luncheon for 600 guests at Hee Lai Ton Restaurant, Taman Muhibbah in conjunction with Nalanda Buddhist Society's 20th Anniversary celebration. On this momentous occasion, gratitude abounded as everyone rejoiced over the past two decades of holistic education, spiritual development and Dhamma propagation.

We are grateful to receive recorded congratulatory messages and 'ovāda' (advice) from esteemed spiritual teachers Ven. Dr. H. Gunaratana and Ven. Ajahn Jayasaro which were screened during

the programme. Their advice inspires us to be relentless in carrying out our noble mission of Dhamma education for the community. We hope to help people transform to become more compassionate, peaceful and wise, thus living a more meaningful and purposeful life.

Our heartfelt tribute to all past and present spiritual teachers, leaders, members, volunteers, donors, benefactors, and Dhamma friends for your unwavering support to Nalanda's educational mission. May all beings be blessed with peace and happiness, and always be guided by Dhamma to eventually realise the final bliss of *Nibbāna*. May the *Buddha-Sāsana* long endure!



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**1.** We thank the Sangha members for gracing this important occasion and for always providing your support to Nalanda in encouragement, guidance and teachings.

**2.** Welcoming guests from near and far who graced the occasion. It was a joyful occasion to reconnect with many *kalyana mittas* and thank them for their continuous support over the years.



3.

**3.** Ven. K. Sri Dhammaratana led the congregation in the chanting and offering of lunch *dāna* to the Mahā Sangha.

**4.** Nalandians personally served the first dish as an expression of gratitude to our benefactors.



4.

**5.** Acharya S. Vijaya, Chairman Emeritus of Nalanda Education Committee congratulated the Society for its progress thus far and exhorted us to move forward on this noble mission for the benefit of many.

**6.** Sis. Buddhini Tan, President of the Society expressed her appreciation to all past and present teachers, leaders, members, benefactors and volunteers for their unwavering support to Nalanda.

**7 & 8.** Lively performances by Dhamma School students and Youths.

**9 & 10.** Heartfelt gratitude to all the Buddhist leaders and friends who have been ardent supporters of Nalanda as well as the whole Buddhist community.



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# Renewed spirit at 20th Nalanda Day

Nalanda  
**20th**  
anniversary  
2003-2023

*This auspicious occasion celebrates and strengthens our Buddhist missionary spirit to provide holistic educational opportunities for the prolongation of Buddha-Sāsana.*

## 1 May, Sri Serdang

On Monday 1 May, Nalanda members, volunteers and devotees gathered to mark the Society's milestone 20th Anniversary. Recollections of the past strengthened the strong missionary spirit which unites us and our resolve to continue making a positive impact on the community.

As we forge forward, a refresh in management and education leadership roles were also effected, including appointing Achariya S. Vijaya as Chairman Emeritus of Nalanda Education Committee, and installation of the new Board of Management. With renewed spirits, we pledge to keep moving forward in carrying out our noble mission – "Ma Nivatta, abhikkama".



*The elected Board of Management for 2023/25 signing the pledge of commitment to advance the Society's mission.*



*Achariya Tan Siang Chye addressing the congregation as the new Chairman of Nalanda Education Committee.*



*Bro. Ananda Fong delivering his speech as the new Director of Nalanda Dhammaduta College.*



*Unveiling the commemorative board highlighting '20 Years, 20 Milestones'.*



*Appreciation to Nalanda members who have actively served the Society for more than a decade.*



*Achariya Vijaya launched the year-long 20th Anniversary Special Exhibition at Nalanda Centre.*

佛誕日 2567 BUDDHIST ERA 2567  
**Happy Wesak**

**Nalanda**

Wesak theme 活出生命的意义  
LIVING A MEANINGFUL LIFE

*“Living A Meaningful Life”*

# Observing Buddha Day B.E. 2567 meaningfully at Nalanda

3 – 7 May, Sri Serdang

From 3 to 7 May, Nalanda Centre hosted over 3,000 people to honour the Enlightenment of our Great Teacher the Buddha. The programmes organised during the observance period brought the community together to cultivate stronger faith in the Three Jewels, develop a deeper understanding of the Dhamma, practice virtuous qualities, and perform wholesome deeds.

The highlight of the Wesak Observance was the Heritage Procession, which made its return after a 3-year hiatus due to the Covid-19 pandemic. Steeped in tradition and culture, devotees held candle lights and walked serenely behind the Buddha-rupam conveyed on a wooden sedan, parasols and other handcrafted items to the harmonious beat of drums and gongs.

We extend our deepest appreciation to members of the Sangha, Dhamma speakers, volunteers and devotees for your contributions in making this Buddha Day Observance a meaningful one.



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5. *Mass Food Offering* – Volunteers joyfully offering free meals to all visitors and our neighbours as a cultivation of generosity, gratitude, and selflessness.

6. *Buddha Jayanti Exhibition* – Dhamma School facilitators and students hosted an interactive exhibition to showcase the richness and beauty of Buddha’s teachings.

7. *Heritage Procession* – Devotees walking calmly and peacefully to the rhythmic beating of drums and gongs, as members hoisted colourful flags and parasols signifying honour and respect to the Three Jewels.

8. *Dhamma through Drama* – Dhamma School students and youths bringing to life the Buddha Day theme of ‘Living a Meaningful Life’ through a musical performance and compelling story-telling.

9. *Film Screening : Dhammayatra* 正觉之道 – Big turnout for a special documentary to retrace the path taken by the Buddha, followed by a special interview with Director Mr. Yang Wei Han who shared his reflections on the production of this film.

10. *Blood Donation* – Over 250 donors registered to donate blood, with the noble intention of helping others in need. This meritorious deed is indeed faceless, selfless and nameless as each donation will be channelled anonymously and without bias to those whose lives depend on it.



佛陀日吉祥 BUDDHIST ERA 2567

# Happy Wesak

**Nalanda** Wesak Theme 活出生命的意义  
LIVING A MEANINGFUL LIFE

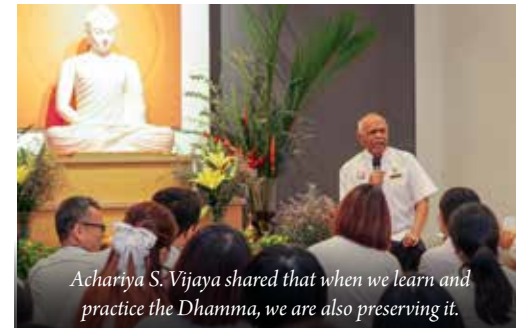


## Cultivating serenity in Peace Walk at NEO KL

4 & 6 May, Kuala Lumpur



*Devotees packed into NEO KL's new hall for the evening service before the Peace Walk.*



*Achariya S. Vijaya shared that when we learn and practice the Dhamma, we are also preserving it.*



*Calmness and serenity around NEO Centre in Happy Garden during the Peace Walk.*

On 4 & 6 May, devotees congregated at Nalanda Education & Outreach Centre, Happy Garden to observe Buddha Day. On 4 May, the Morning Service featured a Mandarin Dhamma talk by Bro. Aggaphala Yap who shared that faith in the Buddha's Enlightenment enables the development of Right View to face the vicissitudes of life.

On 6 May, the day started with *Pindacāra* (monks on alms-round) around Taman OUG and Happy Garden markets. In the evening, devotees gathered again for the Peace Walk which commenced with an English Dhamma talk by Achariya S. Vijaya. Achariya advised that the opportunity to learn Dhamma is rare, hence we must make best use of this lifetime to develop ourselves in the Dhamma.

The evening Peace Walk ensued with over 150 devotees walking together calmly and mindfully. While reciting the Jaya Mangala Gatha, serenity permeated the neighbourhood despite the large crowd and narrow roads.

The Peace Walk was also graced by Ven. Piyaratana from Sri Lanka and Ven. Ajahn Visālo from Indonesia. At the end of the Peace Walk, Ajahn exhorted that peace should be cultivated not just on Buddha Day, but every day and every moment.

*Sadhu anumodāna* to our KL Branch for a meaningful Wesak Observance!



*Ven. Piyaratana (right) and Ajahn Visālo (left) led the Peace Walk and delivered words of advice to the congregation on how we can cultivate peace in our lives every day.*





# Buddha Day at NEO JB

3 – 4 May, Johor Bharu

Devotees in the South congregated at Nalanda Education & Outreach Centre, Johor Bahru to observe Buddha Day in a simple and meaningful observance to learn Dhamma, practice meditation, and perform wholesome deeds. The observance commenced on 3 May, with the Wesak Eve service cultivating *mettā bhāvanā*.

On 4 May, the community made offerings to Ven. B. Dheerananda Thero during the morning alms-round. They continued their learning with Bro. Ooi Boon Keat on making our lives more meaningful through developing *dāna* (generosity), *sīla* (morality) and *bhāvanā* (mental cultivation).

The highlight of the observance was the Peace Walk around the neighbourhood, led by Ven. Dheerananda. *Sadhu anumodāna* to our friends in JB for a meaningful Buddha Day Observance.



*Pindacāra around the neighbourhood and shoplots gave the community an opportunity to perform meritorious deeds.*



*Bro. Ooi Boon Keat delivered a Dhamma talk on the morning of Buddha Day Observance.*



# Buddha Day at NEO SP

4 May, Sungai Petani

On Wednesday 12 June, over 30 members and devotees commemorated Buddha Day at Nalanda Education & Outreach Centre, Sungai Petani by learning and reflecting on Dhamma.

The Buddha Day Morning Service commenced with offerings, chanting and meditation followed by a Dhamma talk by Bro. Ānanda Fong. Bro. Ānanda expounded on the Buddha's Enlightenment and how He decided to teach the Dhamma out of great compassion. Bro. Ānanda also led devotees to understand that when we commit our lives to wholesome deeds and intentions, we are able to bring well-being and happiness to both ourselves and to others. This leads us to live more meaningful lives.

We thank the organisers for enabling the community around Sungai Petani to spend this sacred commemoration in a meaningful manner. *Sadhu anumodana!*



*Devotees eagerly learned about the Buddha and asked questions to dispel assumptions and past beliefs.*



*The congregation also made offerings of flowers at the water feature, reflecting on the truth of impermanence.*



# Ven. Ajahn Visālo's maiden visit to Nalanda

*Despite the short stay, Ajahn lent his presence heavily to support the Buddha Day programmes at Nalanda and gave many precious teachings in formal sessions and candid discussions.*

**5 – 7 May, Sri Serdang**

From 5 to 7 May, Nalanda was honoured to host Ajahn Visālo on his maiden visit here. Venerable hails from Indonesia and received his monastic training in Wat Pah Nanachat in Thailand where he has been residing for the past 15 years.

In his short stay, Ajahn lent his presence heavily to support the Buddha Day programmes and frequently relayed the insights and wisdom of his practice to the community during the Buddha Day talks as well as candid discussions with devotees.

We are grateful to Ajahn Visālo for visiting and establishing a connection with Nalanda. We wish him best of health and unhindered progress in his noble aspirations. *Sādhū.*



*Members and volunteers warmly welcomed Ajahn Visālo at Nalanda Centre.*



*Bro. Ajita hosted the Building Tour, revealing the many hidden Buddhist symbolism at the Centre.*



*Pindacāra at OUG and Happy Garden markets as part of the Buddha Day programme.*



*Ajahn Visālo encouraged the congregation to be relentless in their cultivation towards lasting peace.*



*Ajahn giving his advice to questions posed by the Dhamma School teenage students.*



*The Dhamma School students had the opportunity to host Ajahn for lunch dāna offering.*



# Hosting Ven. Ajahn Achalo & Ven. Ajahn Tissaro at Nalanda

12 – 13 May, Sri Serdang & KKB

On Saturday 13 May, we joyfully welcomed Venerable Ajahn Achalo to Nalanda Centre for a Dhamma talk, four years since his last visit. Ajahn shared with us his journey as a monk and personal experiences in turning difficult situations into constructive ones by turning negative perceptions around.

Ajahn advised us to maintain a forgiving mindset as we work with others especially as a community dedicated to missionary work. It is important to acknowledge that just like ourselves, others are challenged by defilements and strive to develop themselves.

We extend our gratitude to Ajahn Achalo for his valuable advice and wish Ajahn blessings of good health and peace.



*On 12 May, we hosted Ajahn at Wisdom Park for a tour of the campus grounds.*



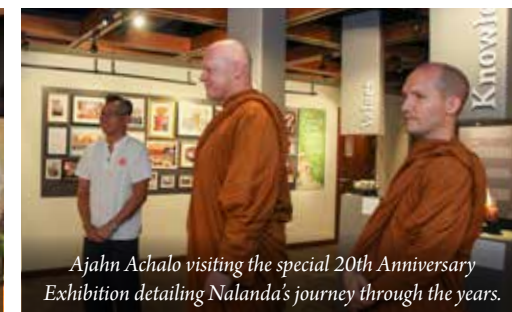
*Ajahn shared his endearing story of how he overcame obstacles to be a monk, to relate how we can change our approach to life's challenges simply by changing our perspectives to be more positive.*



*Bro. Charlie explained to Ajahn the facilities and programmes at Wisdom Park.*



*Dhamma School students hosted Ajahn Achalo at the Buddha Jayanti Exhibition they prepared for Wesak.*



*Ajahn Achalo visiting the special 20th Anniversary Exhibition detailing Nalanda's journey through the years.*



# BPS 104 participants complete their course at Wisdom Park

*Participants hailed from Klang Valley, Johor Bahru and Sungai Petani where they attended seven classes since February at the respective NEO Centres.*

## 20 – 21 May, KKB

On 20 – 21 May, BPS 104 Buddhist Course in Mandarin participants immersed themselves in Dhamma at Wisdom Park. Through experiential activities, discussions, talks and a forum, they delved deeper into how to live in accordance with the Buddha’s teachings. The highlight of the stay-in was the Certificate Presentation Ceremony to mark the successful completion of their BPS 104 course journey.

With the support of spiritual friends, participants shared that they had opened their hearts to Dhamma and experienced positive transformation. We rejoice over their learning spirit and congratulate all participants for completing the course. *Sadhu anumodana!*



*Sis. Nandini Tan shared about how we can be more grounded in gratitude and respect.*



*A mindful walk in the morning around the grounds of Wisdom Park.*



*Outdoor activities at the pavilions form part of their learning and reflections.*



*A Dhamma forum with Bro. Tong, Sis. Nandini, Sis. Sandy and Sis. Sua (from left to right).*



*Participants were recognised for their participation and completion of the course.*



*Participants have become good friends as they encourage each other on the spiritual path.*



# Family Dhamma School Outing at Wisdom Park

*The Family Dhamma School extended their learning to include performing service and exploring more about family relationship at their first school outing.*

27 May, Kuala Kubu Bharu

On Saturday 27 May, 80 students and facilitators of Family Dhamma School had their first school outing to Wisdom Park. The trip aimed to cultivate family well-being and experience the joy of service. After the morning chanting, the families fanned out across the grounds for fun learning activities and a tree-planting session.

The children had a learning session with Ven. Jayanando, a Malaysian monk, whilst parents reflected on their learning that morning. We thank the School facilitators for organising this fulfilling and wholesome day where families spent quality time together. We look forward to welcoming Family Dhamma School back to Wisdom Park!



*School Coordinator Sis. Sadhikā welcomed the participants to Wisdom Park.*



*Ven. Jayanando was on a visit to Wisdom Park and gave a short talk to the children.*



*Parents and children cultivating faith and devotion together as a family unit.*



*The students enjoyed learning how to plant shrubs and trees.*



*Fun outdoor activities with sharings and reflections.*



*Parents reflecting on their experience in doing service together with their children.*



## Hosting senior *bhikkhus* of Ajahn Chah lineage

27 & 30 May, Sri Serdang & KKB

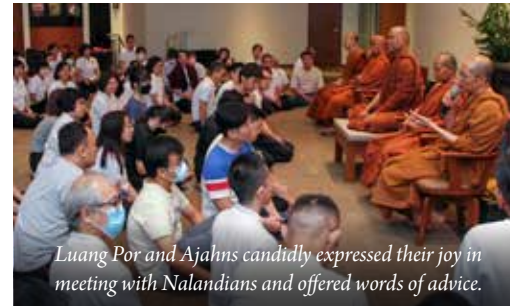
On 27 & 30 May, Nalanda was honoured to host 5 senior monks from Ajahn Chah lineage on 27 & 30 May at Nalanda Centre and Wisdom Park, who were on a Dhamma tour across Malaysia and Singapore.

The entourage was headed by Luang Por Lai Thipadhammo, a senior Thai forest monk who trained under the late Ajahn Chah. Luang Por was accompanied by Luang Por Sawang Kalyāno, Luang Por Charlie Piyadhammo, Ajahn Dton Dhirapanno and Ajahn Meng Techadhammo.

We thank Venerable Ajahns for gracing our Centre and delivering precious Dhamma teachings to the community, and may they enjoy good health, happiness and peace.



*Members and volunteers joyfully welcomed Venerable Ajahns at Nalanda Centre.*



*Luang Por and Ajahns candidly expressed their joy in meeting with Nalandians and offered words of advice.*



*Venerable Ajahns were delighted with the open spaces and natural settings of Wisdom Park.*



*Luang Por Lai Thipadhammo delivered the Dhamma talk in Thai with Ajahn Dton as his translator.*



*Venerable Ajahns compassionately accepted our offering of requisites to the Mahā Sangha.*



*Blessing the community with sutta recitation for the smooth progress of Nalanda and Wisdom Park.*



# Hosting Ven. Alokavamsa at Nalanda Centre

29 May – 15 June, Serdang

Nalanda was blessed to host Ven. Alokavamsa and Sayalay Mitta Devi at Nalanda Centre for a 3-week stay. There were bountiful opportunities to serve and learn from Venerable who led evening meditation sittings, and gave words of advise to devotees at the daily meal-offerings and candid discussions.

Venerable also visited forest monasteries in Taiping and Penang, including Sāsanārakkha Buddhist Sanctuary and Nandaka Vihara. May Venerable Alokavamsa, Sayalay Mitta Devi, Pak James, Pak Nyoman and Bro. Dwayne have the best of health, continued spiritual progress, and success in their noble work. *Sadhu anumodana!*



*Venerable administering the Three Refuges & Five Precepts every morning before the meal-offering.*



*Ven. Alokavamsa led the monthly Pindacāra hosted by Nalanda Kuala Lumpur Branch.*



*Ven. Alokavamsa visited Dhamma Earth in Semenyih and toured the monastery facilities.*



*Members and volunteers had abundant opportunities to offer dāna every day during their stay.*



*Ven. Alokavamsa delivered a talk on Ānāpānasati at the weekly meditation in NEO Centre KL.*



*Atop Penang Hill with senior disciples of Pa-Auk Sayadaw.*



# Youth Centre leads Study Tour to Bujang Valley

Nalanda  
**20th**  
 anniversary  
 2003-2023

3 – 5 June, Sungai Petani

From 3 to 5 June, Nalanda Youth Centre organised its first Youth study tour to Bujang Valley. Youth leaders Bro. Yeo Disheng and Bro. Lim Ajit led 36 youths to immerse themselves in the rich Buddhist history dating back to 1st Century BCE. Exploring historical sites including Sungai Batu, Merbok, and Semerling in Kedah, they learned how early traders from India sailed across the Bay of Bengal and built settlements in Bujang Valley, establishing their religious practice here.

We thank Nalanda Sungai Petani Branch members for hosting the group and the organisers for bringing history alive in this memorable trip. *Sadhu anumodāna!*



*Dr. Song, Chairman of Nalanda Sungai Petani Branch warmly welcomed the youths to Kedah.*



*Bro. Disheng explained about the stupa which was uncovered at Sungai Batu Archeological Site in 2008.*



*Explanation at Candi Batu Pahat located near the Bujang Valley Archeological Museum.*



*On the grounds of the museum, Bro. Disheng pointed out the 'batu pahat' used to construct one of the 'candi'.*



*Sis. Sandy shared about the spread of ancient kingdoms and polities in South-east Asia.*



*The group visited Sammadithi Meditation Grove and learned from its Abbot Venerable Sukhito.*





## Exploring verses from the Dhammapada

4 May, 10 June, 29 June, Sri Serdang

Nalanda Institute hosted the Dhammapada Study Series, for devotees to learn and reflect on chosen verses from the profound Dhammapada. A total of 150 participants joined the sessions on 4 May, 10 & 29 June.

In today's society where conflict is rife, participants related well to these iconic verses which teach us to overcome challenges through training our own mind instead of blaming and complaining about others. Peace of mind is always closer at hand when we do not harbour unwholesome thoughts and hatred.

We extend our thanks to the organisers, volunteers, and participants for availing and making these learning opportunities a conducive and beneficial platform to reflect on the Buddha's words.



*Achariya Tan Siang Chye led the group to explore verses from 'The Fool & the Wise'.*



*Sis. Paruadi led the second session on 10 June to reflect on 8 verses from 'The Twin Verses'.*



*Sis. Chin Hui sharing her experience in helping the students enhance their interest to learn.*

4 June, Sri Serdang

On 4 June, Nalanda Dhamma School facilitators gathered to take stock of students' progress and plan for upcoming programmes. Led by School Director Sis. See Hui Shien, they ensured future programmes would support students' learning and skills.

Sis. Lum Jin Sun also conducted a counselling workshop for the facilitators on effective communication with students and discussed handling common challenges optimally.

We thank our Dhamma School facilitators for guiding our children and teenagers towards more skillful and harmonious lives in accordance to Dhamma. Let us rejoice in their selfless deeds and wish them a fruitful year ahead. *Sadhu anumodāna!*



*Facilitators are dedicated in their service to nurture the seed of Dhamma in our children.*



## Continuous learning for Dhamma School Facilitators



# Fruitful 10-day Meditation Retreat with Ven. Gavesi

*We extend our appreciation to Ven. Gavesi for his care and compassion in guiding the practitioners in the cultivation of the mind. We also thank the organising team and volunteers for their efforts in making this retreat a success.*

16 – 25 June, KKB

From 16 to 25 June, 40 yogis and volunteers gathered at Wisdom Park for a 10-day meditation retreat guided by Venerable Gavesi. At the onset of the retreat, meditators received clear instructions on Vipassana meditation from Venerable who trained in Samattha and Vipassana techniques in the Mahasi Sayadaw tradition.

The meditators kept strictly to the daily schedule of alternating between hourly walking and sitting sessions. Ven. Gavesi continued giving the group guidance in the interviews as well as evening talks. We rejoice in the diligence of the meditators in their practice. May their practice bear fruit. *Sadhu!*



*Ven. Gavesi giving relevant and pertinent teachings to guide the meditators in their practice.*



*Cultivating calmness, determination and endurance during the sitting sessions.*



*Building up mindfulness in the walking meditation sessions.*



*Ven. Gavesi conducting interview sessions to help meditators overcome their challenges.*



*Sis. Nandini leading the group to thank Ven. Gavesi for his guidance, and to seek for forgiveness.*



*Meditators and volunteers sending off Venerable at the end of the fruitful retreat.*



# ‘Happy Young Adults’ Programme comes to a joyful conclusion

*Group photo at the Happy Young Adults Forum that featured insightful sharings by Buddhist practitioners who shared on achieving career success being a journey, not a destination.*

## 27 June, Sri Petaling

On 27 June, the “Happy Young Adults” programme of 2023 culminated in a public forum on “Achieve Career Success NOW”, after eight weekly sessions to address common challenges faced by young working adults.

Organised by Nalanda Youth Centre, over 50 youths learned from forum panellists Bro. Benny Liow, Bro. Lee Kong Foo and Sis. Livin Leow who shared their diverse experience and perspectives on navigating challenges towards a successful career with Dhamma principles.

We thank the organisers for these enriching learning opportunities for our young friends in their journey of establishing their careers.



*The panelists shared their own career experience and how they overcame the highs and lows.*



*The first session conducted by Bro. Tan Siang Chye on developing true inner confidence.*



*A session conducted by Sis. Paru on “Living A Meaningful Life”.*



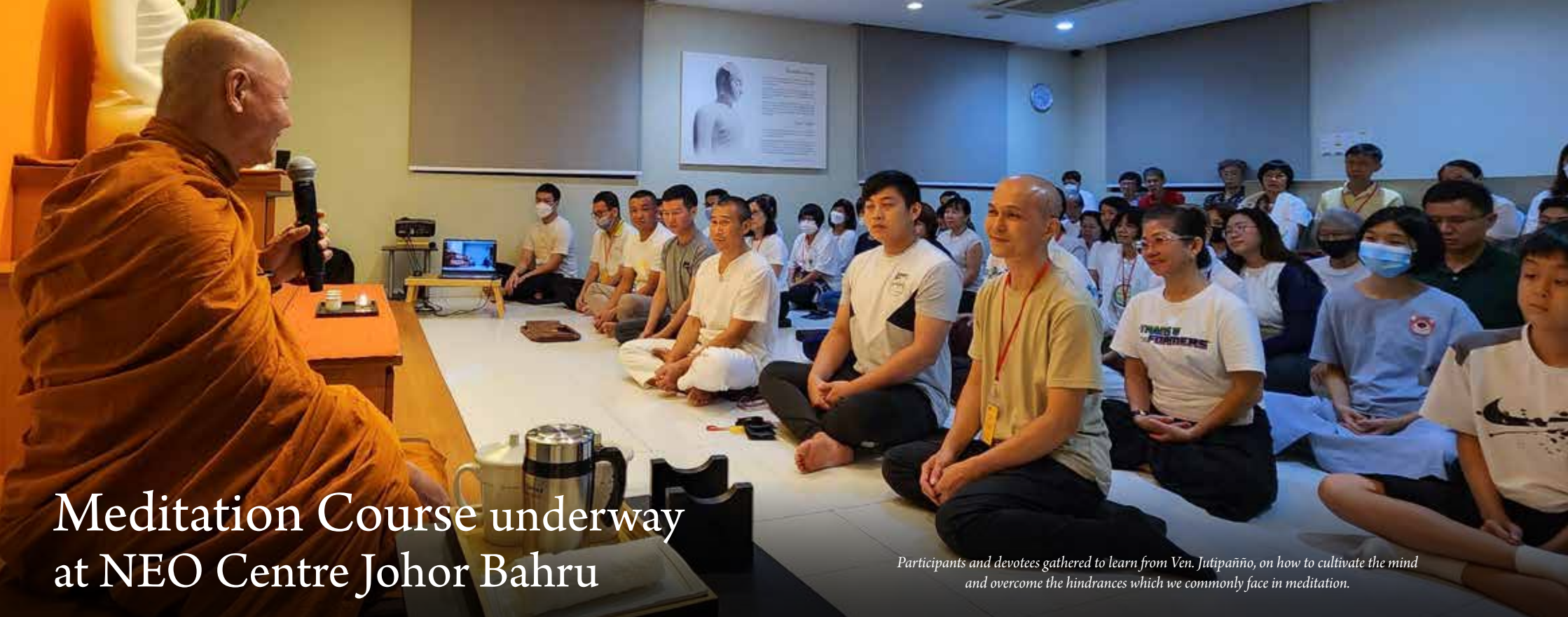
*Participants asked questions pertinent to their individual challenges.*



*Sis. See Hui Shien shared about honing our mindset in order to work well with others.*



*Discussions help the youths to know that they are not alone in facing challenges at work.*



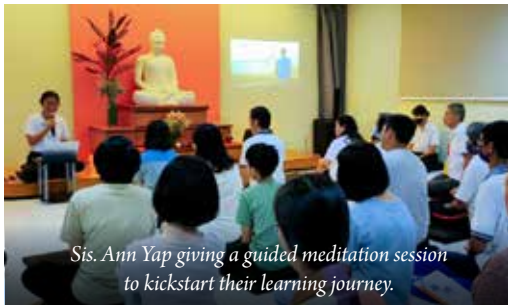
# Meditation Course underway at NEO Centre Johor Bahru

*Participants and devotees gathered to learn from Ven. Jutipaṇṇo, on how to cultivate the mind and overcome the hindrances which we commonly face in meditation.*

## From 24 May, Johor Bharu

For three months from 24 May, participants of 'Bhāvanā Class for Beginners' gather every Wednesday at Nalanda Education and Outreach Centre, Johor Bahru to explore the Buddha's teachings on cultivation of the mind and learn meditation through guided sessions.

On 21 June, Ven. Jutipaṇṇo Mahāthero, Abbot of Dhamma Light Meditation Centre at Api-Api, Johor, led the meditation session, emphasising on the dangers of the untrained mind. With a deeper understanding and appreciation of this noble practice, we wish the meditators continued progress in their learning and practice. *Sadhu anumodāna.*



*Sis. Ann Yap giving a guided meditation session to kickstart their learning journey.*



*Opportunities to ask questions to clear their doubts around their meditative experience.*



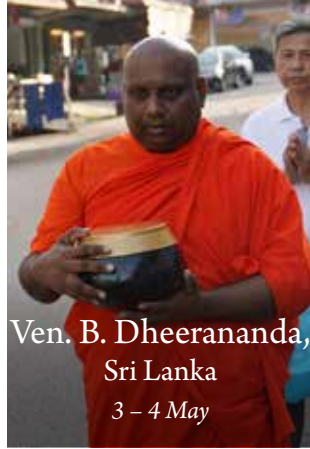
*Participants are also guided in standing meditation, so that they can utilise these learnings to put into practice as suitable times in their daily lives.*

# Hosting Sangha Members at Nalanda

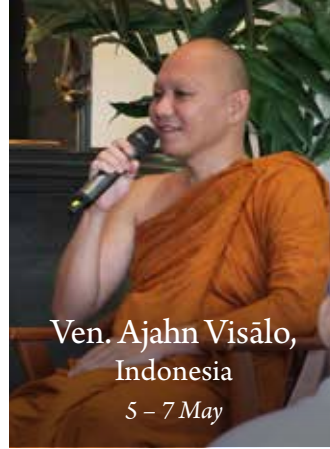
*Blessed is the opportunity to associate with the wise!*



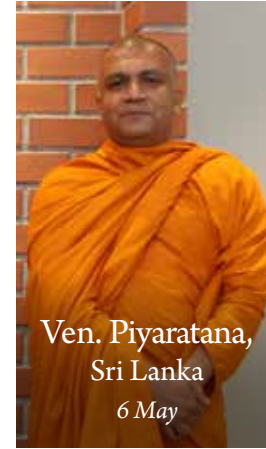
Ven. Gnanawimala &  
Ven. Rahula, Sri Lanka  
3 - 4 May



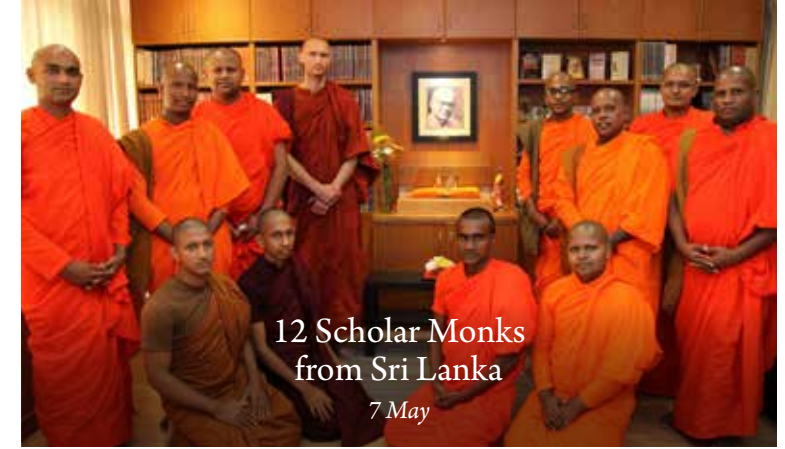
Ven. B. Dheerananda,  
Sri Lanka  
3 - 4 May



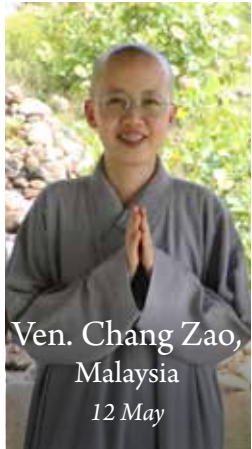
Ven. Ajahn Visālo,  
Indonesia  
5 - 7 May



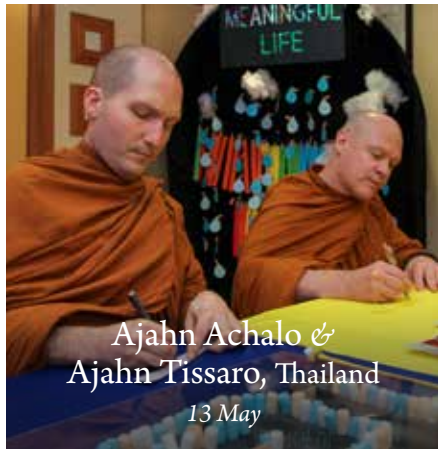
Ven. Piyaratana,  
Sri Lanka  
6 May



12 Scholar Monks  
from Sri Lanka  
7 May



Ven. Chang Zao,  
Malaysia  
12 May



Ajahn Achalo &  
Ajahn Tissaro, Thailand  
13 May



Ven. Rāhula,  
Mexico  
19 May



Ven. Jayanando,  
Malaysia  
27 - 28 May



LP Lai, LP Sawang, LP Charlie,  
Ajahn Dton, Ajahn Meng, Thailand  
27 & 30 May



Ven. Alokavamsa,  
Indonesia  
29 May - 15 June



Sayalay Mitta Devi,  
Indonesia  
29 May - 15 June



Bhikkhu Chandaratana &  
Bhikkhuni Subhagya, Sri Lanka  
31 May



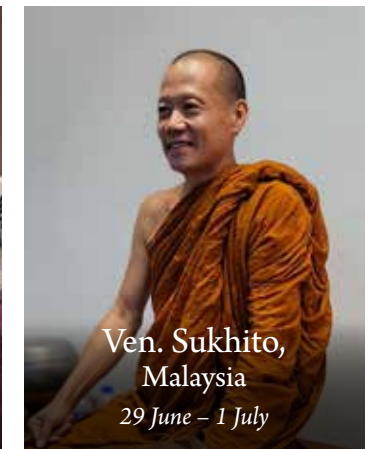
Ven. Gavesi,  
Malaysia  
16 - 25 June



Ven. Jutipaṇṇo,  
Malaysia  
21 June



Sayadaw U Indaka,  
Myanmar  
24 June



Ven. Sukhito,  
Malaysia  
29 June - 1 July



# Nalanda 2023 FAMILY FUN FAIR

13 AUGUST, SUNDAY | 9AM - 3PM | SRI SERDANG

家庭欢乐日义卖会 八月十三日(星期日)

Fund-raising to support **Nalanda Dhamma School and Free School.**

此义卖会是为 **Nalanda** 佛学校及义学校筹募经费。



Sponsor a "care bag" with coupons at RM20 per bag to gift provisions and food to those in need.

Nalanda volunteers will help to send your gifts to senior citizens' homes and orphanages around the Klang Valley.

我们欢迎您赞助“献爱心”计划，

以 RM20 固本向有需要的人提供日常用品和食物。

我们的义工将帮忙把物资运送到巴生谷一带的老人院和孤儿院。



## Ways you can help

我们欢迎您的参与

- 1 Setting up stalls 开设摊位及零售物品
- 2 Donations in cash or kind 捐助或赞助商品
- 3 Helping to sell coupons 销售固本
- 4 Serving as a volunteer 加入义工团队
- 5 Bring your family and friends to the Fun Fair 扶老携幼，共襄盛举

NBS 2316 L

## Contacts 联络人

Mdm Emily 016-339 9887 | Mdm Ai Li 010-232 3919 | Mdm Bee Poh 012-300 0135

## Upcoming Programmes

July – Sept 2023

\* Registration is required.

### JULY



Wisdom Park Open Day

### AUG



Family Fun Fair

### SEPT



Dhamma Living Camp for Youths

01	Nalanda Institute's 16th Anniversary	Nalanda Centre
01	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre KL / Taman O.U.G. & Happy Garden
02	<i>Dhamma Day</i> – Asalha Full-moon	Nalanda Centre
08 & 09	Wisdom Park Open Day*	Wisdom Park
08-10	Sutta Study Workshop with Ven. Aggacitta*	Wisdom Park
11	Dhamma Teaching by Ajahn Kalyano	NEO Centre SP
22	Dhamma Teaching by Ven. Ajahn Jayasāro	Nalanda Centre
23	Dhamma Teaching by Ven. Subhara	Nalanda Centre
05	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre KL / Taman O.U.G. & Happy Garden
13	Nalanda Family Fun Fair	Nalanda Centre
31	17th K. Sri Dhammananda Memorial Day	Nalanda Centre
02	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre KL / Taman O.U.G. & Happy Garden
03	Nalanda Family Fun Fair in Johor Bharu	NEO Centre J.B.
28-01	Dhamma Living Camp for Young Adults*	Wisdom Park

### Special events :

- \* Svagatam Inspiring Programme – 16 July to 17 September
- \* BPS 204 – Intermediate Buddhist Studies in Mandarin – 29 July to 14 October
- \* Dhamma-Living Camp for Young Adults – 28 September to 1 October

Be a Volunteer at

## Nalanda Family Fun Fair

13 August 2023



Register NOW as a Volunteer!

Service opportunities between 7 am – 5 pm.



# Dhamma Reflection

If we want to effectively make use of the Buddha's Teaching to promote social harmony and universal peace, we must begin to see the world as the Buddha did. We must "see the world as it really is".

We must use all our efforts to give an understanding of the three characteristics of *Aniccā* (impermanence), *Dukkha* (unsatisfactoriness) and *Anattā* (non-self). All of us, who have inherited this rich treasure from various sources, must come together to help all of mankind gain ultimate happiness.

– Excerpt from "Buddhism for the Future" by Ven. K. Sri Dhammananda

'Like' our Facebook fanpage at [www.facebook.com/nalanda.org.my](http://www.facebook.com/nalanda.org.my) to connect with Nalanda for more Dhamma-rich news, views and articles!

## Nalanda Contacts Please visit our website for directions to Nalanda.

### Nalanda Buddhist Society Malaysia

Nalanda Centre, 3357, Jalan 18/31, Taman Sri Serdang, 43300 Seri Kembangan, Selangor.

Tel. No. +603-8938 1500 / 1501

Website [www.nalanda.org.my](http://www.nalanda.org.my)

E-mail [info@nalanda.org.my](mailto:info@nalanda.org.my)

Facebook [www.facebook.com/nalanda.org.my](http://www.facebook.com/nalanda.org.my)

Nalanda Centre is open daily from 10am to 5pm. For visits, kindly call to make appointments.

### Nalanda Education & Outreach (NEO) Centre, Kuala Lumpur

524, Jalan Riang 12, Taman Gembira, 58200 Kuala Lumpur.

Tel. No. +603-7972 8843

Facebook [www.facebook.com/NeoCentre.KL](http://www.facebook.com/NeoCentre.KL)

E-mail [neo-kl@nalanda.org.my](mailto:neo-kl@nalanda.org.my)

NEO Centre KL is open on Tuesdays – Fridays, 2 pm – 10 pm | Saturdays & Sundays, 9 am – 2 pm.

### Nalanda Education & Outreach (NEO) Centre, Johor Bahru

30, Jalan Dedap 26, Taman Johor Jaya, 81100 Johor Bahru, Johor.

Tel. No. +607-350 3870

Facebook [www.facebook.com/NeoCentre.JB](http://www.facebook.com/NeoCentre.JB)

E-mail [neo-jb@nalanda.org.my](mailto:neo-jb@nalanda.org.my)

### Nalanda Education & Outreach (NEO) Centre, Sungai Petani

210, Jalan Bandar Mutiara 2/2, Bandar Mutiara, 08000 Sungai Petani, Kedah.

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