

Nalanda Bulletin

Published by **Nalanda Buddhist Society**

TM

Issue No. 70 | July 2025 | www.nalanda.org.my

For Non-Muslims Only

All in for Holistic Education!

In the months of June and July, Nalanda members and volunteers across generations have been joyfully coming together in preparation for the much-anticipated Family Fun Fair. Weekends are abuzz with lively pre-Fair sales, while dedicated teams continue to meet regularly — planning, preparing, and carefully coordinating with unity and care.

Care Bags are also reaching welfare homes to the delight of dozens of children and elderly. As excitement builds, everyone is working hand-in-hand to welcome visitors to a meaningful and memorable day on 17 August.

Let us rally together for holistic education!





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Nalanda Bulletin is also available for on-line reading at www.nalanda.org.my

Rejoicing in Selangor State-level Wesak Celebration on 17 May

Nalanda leaders and volunteers joined the Buddhist community at the Selangor State-level Wesak Celebration hosted by Maha Karuna Buddhist Society in Elmina, Shah Alam. We laud the efforts of the state government in forging inter-faith harmony and respect. We also rejoice in the participation of the wider community in commemorating the most important annual event for Buddhists worldwide.

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Young Working Adults explore career well-being

March – June, Kuala Lumpur

The Young Working Adults group from Nalanda Youth Centre embarked on an 8-session Happy Young Adults programme at NEO Centre Kuala Lumpur to learn from corporate leaders, and seasoned professionals.

Speakers led the youths to explore a wide range of topics on how to enhance career well-being and handle personal challenges in accordance to Dhamma. Discussions and reflections with *kalyana mitta* ensued to deepen their understanding. To join more of these programmes, please contact Bro. Yeo Disheng at 012-701 3126.



*Session with Datuk Charlie Chia on
"Managing Finance & Generating Wealth".*



*Session with Bro. Lok Eng Hong on
"Sustaining Motivation at Work".*



*Session with Sis. Foo Ai Li on
"Learning from Failures & Rejections".*



*Group activities filled with
fellowship and reflection.*



*Opportunities to share
reflections and opinions.*



*Meditation at the start of each session
to cultivate mindfulness and serenity.*



Stress Management Workshop for Undergraduates

13 April, Sri Serdang

Nalanda Youth Centre organised a Stress Management Workshop for students aged 16 to 23, guided by Dr. Phang Cheng Kar, a consultant psychiatrist and mindfulness-based therapist.

Dr. Phang introduced mindfulness-based activities such as Mindful Stretching, Mindful Breathing, and a Gratitude Workout to calm and ground their minds. The students also learned about emotional states and explored practical ways to care for their minds and hearts amidst daily stress.

With newly learnt skills in hand to manoeuvre and thrive in their studies, we wish the students resilience through all future challenges. *Sādhū anumodāna!*



We extend our appreciation to Dr. Phang for his guidance and insightful talk.



Discussions on the challenges they face as students.



Dhamma Chat with committee of KMB Widyodaya Indonesia

19 April, West Java



"Leadership roles shape a stronger Dhamma foundation and skills to harmonise the group."



Bro. KF Lee also paid respects to Ven. Subalaratano, Deputy Head of Sangha Theravāda Indonesia.

Bro. Lee Kong Foo, Nalanda Board of Management member and Youth Mentor, joined KMB Widyodaya, Prasetya Mulya University Buddhist Community for the Fellowship Building and Management Workshop at Vihāra Saung Paramita. The Camp aimed to prepare the new Committee with the guidance of spiritual mentors Ven. Sri Subalaratano Mahāthera, Ven. Pariñño, and Mr. Ir. Selamat Rodjali.

We extend our *anumodāna* to *kalyana mitta* Bro. Willing Chen, founding member of KMB Widyodaya who actively guides the students. May the incoming Committee's leadership bring much benefit to all beings.



Hosting Retreat by Serdang Buddhist Association



Ven. U Paññāsami guided participants throughout the retreat.



Cultivating mindfulness and serenity.

12 April, Sri Serdang

Serdang Buddhist Association organised a *Mettā Bhāvanā* Retreat at Nalanda Centre guided by Ven. U Paññāsami. The 90 participants deepened their understanding about cultivating the ennobling quality of loving-kindness. As participants listened intently to his instructions and put them into practice immediately, tranquillity and calm permeated the Centre.

We extend our appreciation to Ven. U Paññāsami for leading this retreat and to the Organising Team of Serdang Buddhist Association for this opportunity to host this joyful programme. *Sabbe satta sukhiontu – May all beings be well and happy!*

19 & 20 April, Sri Serdang

44 members of Seck Kia Eenh (SKE), Malacca journeyed across Klang Valley to visit a few Dhamma communities, led by SKE President Bro. Tan Kim See and Board of Management members.

We celebrated Earth Day together at Wisdom Park by planting trees, followed by a meaningful discussion on factors of unity and harmony in their community. There was an exchange of ideas on how to better engage with the wider Buddhist community in Malacca.

Together, let us continue unabated in our efforts to bring the profound Dhamma to more people for the welfare and happiness of all beings.



Nalanda President Sis Buddhini Tan welcoming friends from SKE to Wisdom Park.



Sis. Livin Leow presenting tokens of appreciation to SKE President Bro. Tan Kim See.

Hosting friends from Seck Kia Eenh, Malacca





Caring for Mother Nature in commemoration of Earth Day

Friends from Seck Kia Eenh planted a tree to green the Wisdom Park campus grounds.

19 & 20 April, K.K.B. & Serdang

To celebrate Earth Day, Nalanda members, students and devotees mobilised in sustainability and environmental efforts to clean and green the environment. A special lecture was also held on 19 April by lead of the Wisdom Park Landscaping Team, Dr. Chen Xing Wei on responsible food waste management.

On 20 April, devotees, youths, Dhamma School facilitators, parents & students spent the morning upkeeping the green spaces around Nalanda Centre, working harmoniously and happily together. Let us always have consideration in everything that we do every day to protect and preserve Mother Nature.



Green Warriors planting trees and shrubs.



Joyful service at Wisdom Park.



All smiles as volunteers support each other in service.



Trimming the bamboo trees around Nalanda Centre.



The Dhamma School students and Youth Centre worked together in high spirits.

1 May, Sri Serdang



22nd Anniversary of Nalanda Buddhist Society

We thank all our donors and benefactors for supporting Nalanda for the past 22 years.

1 May marked Nalanda Day with members, supporters, devotees and volunteers gathering at Nalanda Centre to celebrate the Society's 22nd Anniversary. President Sis. Buddhini Tan led the commemoration thanking the many nameless, faceless and selfless benefactors, and to reaffirm our steadfastness in upholding Nalanda's mission in holistic education.

This is a call to action for each of us to nurture wisdom, compassion, and resilience through Dhamma, and make the Buddha's teachings more relevant to people of all ages.

Let us forge forward with courage and conviction for the *Buddha-Sāsana*.



Starting the celebrations with communal chanting.



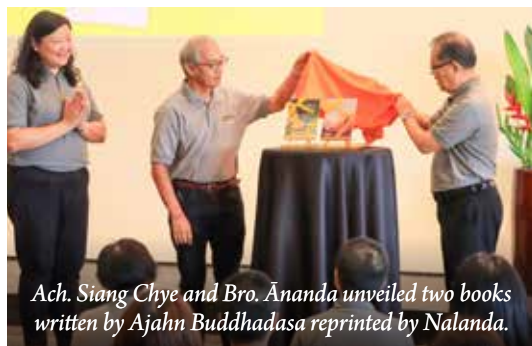
The 2025/2027 Board of Management undertook the pledge to serve the Society.



Sis. Buddhini thanked all donors and supporters who have contributed to Nalanda's growth.



Bro. Disheng shared the Youth Centre's progress and plans for the future.



Ach. Siang Chye and Bro. Ananda unveiled two books written by Ajahn Buddhadasa reprinted by Nalanda.



Members welcomed back Sis. Nandini Tan who had been away on self-retreat.



Ach. Siang Chye presented a preview of WACANA 2025.



Together with spiritual friends who showed their support during this anniversary celebration.



Nalanda Sungai Petani Branch organised a Meditation Course for its members and devotees at Nalanda Education & Outreach Centre in Bandar Mutiara, suitable for both beginners and seasoned meditators.

Over five months, participants enhanced their foundational knowledge of *bhāvanā* (mental cultivation), practised meditation together and explored how to overcome the Five Hindrances. Supported by good friends, the group also discussed their experience and challenges in their practice.

We rejoice in the energetic efforts of our friends in the North. A new meditation course is held in July and August, and we wish them continued progress on their spiritual path.



A Fruitful & Peaceful Buddha Day Observance

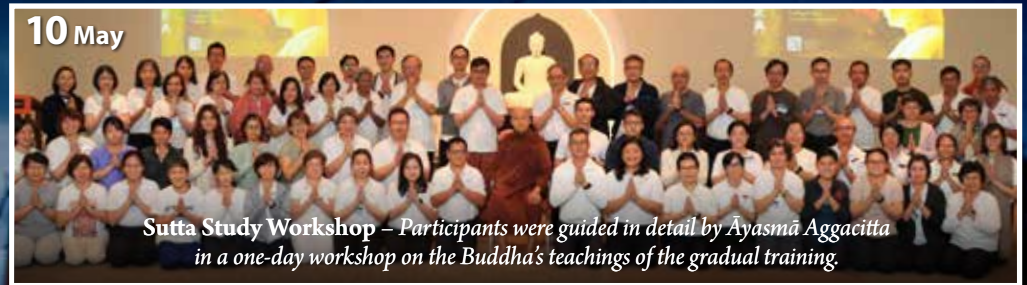
10 – 18 May, Sri Serdang

Over 3,000 members of the community came together for Buddha Day Observance B.E. 2569 at Nalanda Centre, over 9 days, to honour the Buddha. The series of educational programmes expanded on the theme “Leading a Life of Wisdom & Compassion”, including opportunities to perform wholesome deeds and selfless service for the welfare of others.

Wesak Theme B.E. 2569

Leading a Life of Wisdom & Compassion

10 May



Sutta Study Workshop – Participants were guided in detail by Āyasmā Aggacitta in a one-day workshop on the Buddha’s teachings of the gradual training.

14 May



Forum for Young Working Adults – An insightful forum with Datuk Charlie Chia, Sis. Ng Beng Lean and Sis. Wendy Khaw sharing their experiences on navigating their careers with wisdom and strength.

15 May



Special Dhamma teaching – An honour to host Ven. Luang Por Dumrong for a Dhamma teaching in Thai, translated into English by Ven. Ajahn Dton Dhirapaṇṇo.

17 May



Student-led Pindacāra – A refreshing Pindacāra as Nalanda Youth Centre undergraduates led the programme at Seri Kembangan morning market.

18 May



Blood Donation Drive – Over 230 donors steadily streamed into Nalanda Centre to donate blood with the support of doctors and nurses from the National Blood Bank (Pusat Darah Negara).

12 May – 'Wesak' Buddha Day

11 May



Buddha Day Eve
Communal chanting to start the service.



Buddha Day Eve
Dhamma talk by Sis. R. Paruadi.



Buddha Day Eve
Wayang Kulit show by Junior Dhamma School.

7am



Pindacāra
Offering alms with devotion and faith.

9 am



Buddha Day Service
Making offerings together to the Three Jewels.

9 am



Buddha Day Service
Sis. Buddhini Tan delivered the Society's Wesak message.

10 am



Buddha Day Morning Service
Dhamma talk by Bro. Tan Siang Chye.

11 am



Launching of Buddha Jayanti Exhibition
graced by the presence of Ven. Dheerananda.

11 am



Buddha Jayanti Exhibition
Dhamma School student explaining the tour exhibits to YB Yeo Bee Yin.

12 pm



Lunch Dāna Offering –
Cultivating generosity and kindness.

Afternoon



Blessings by the Sangha
Devotees thronged the Centre on this sacred occasion.

Afternoon



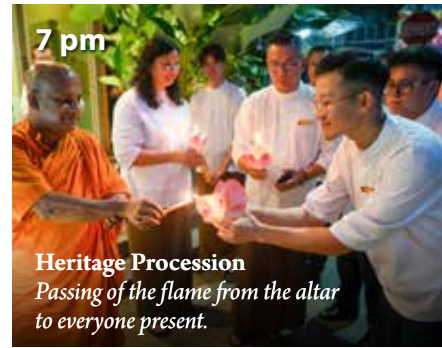
Building Tour
Leading visitors on an inspiring tour of Nalanda Centre.

6 pm



Mass Food Offering
Offering food to all devotees with a generous heart.

7 pm



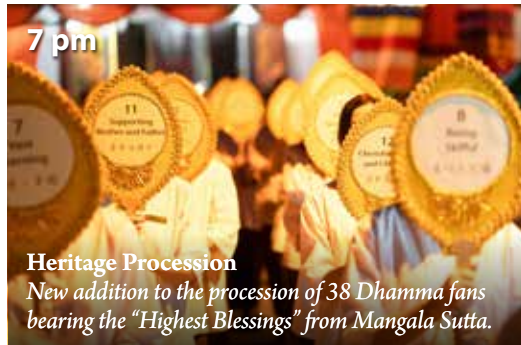
Heritage Procession
Passing of the flame from the altar to everyone present.

7 pm



Heritage Procession
The Buddha-rupam sedan borne by devotees led the procession around Sri Serdang.

7 pm



Heritage Procession
New addition to the procession of 38 Dhamma fans bearing the "Highest Blessings" from Mangala Sutta.

7 pm



Heritage Procession
Devotees walked peacefully to the rhythmic beating of drums and gongs.

9 pm



Night of Togetherness in Dhamma
A production on the life of Angulimala by Nalanda Dhamma School & Youth Centre.

10 pm



Night of Togetherness in Dhamma
Appreciation to all for a peaceful and fruitful Buddha Day observance.

Buddha Day in Kuala Lumpur

12 & 17 May, Kuala Lumpur



Nalanda Kuala Lumpur Branch members, devotees and Family Dhamma School students observed Buddha Day by learning Dhamma, offering *dāna*, and cultivating the mind.

With gratitude for the Buddha, the congregation maintained a serene, calm and peaceful environment throughout the 'Peace Walk' around the vicinity of Happy Garden on 17 May.

We express our deepest gratitude to venerable monks for their presence and guidance, and for leading hundreds of devotees in walking together on this sacred occasion.

We also extend our heartfelt appreciation to the organisers, donors, devotees and volunteers for their unwavering support which uplifted and touched the hearts of the community.



Buddha Day Service
Dhamma School students with Ven. Gnanawimala.



Buddha Day Service
Lunch dāna offered by the congregation.



Special Dhamma teaching
*Meditation and Dhamma talk
by Ven. U Paññāsami.*



Special Dhamma teaching
*Meditation and Dhamma talk
by Ven. U Paññāsami.*



Peace Walk
*Inspiring Dhamma talk
by Achariya S. Vijaya.*



Peace Walk
*Nalanda leaders leading
the Peace Walk.*



Peace Walk
*Keeping the mind calm and
peaceful during the Walk.*



Peace Walk
*Advice by Ven. Ratanasiri
to the congregation.*

Buddha Day in Johor Bahru

11 – 12 May, Johor Bahru

Nalanda Johor Bahru Branch brought together its members, devotees, students of its Family Dhamma School and the wider community for a meaningful Buddha Day Observance. We rejoice in all their efforts to honour the Buddha through learning and cultivating the mind. May your efforts bring about favourable conditions to achieve your noble aspirations.



Ven. P. Chandima giving advice to devotees in J.B.



Sis. Hui Shien giving a Dhamma sharing to the Family Dhamma School.



Bro. Ooi Boon Keat delivering a Dhamma talk during the Buddha Day Service.



Ven. P. Chandima engaging Dhamma School students to reflect on the Dhamma.



Pindacāra around the vicinity of NEO Centre J.B.



Offering food to devotees with an open and generous heart.



The Buddha-rupam sedan led the Heritage Procession in Johor Jaya.



A peaceful Heritage Procession through the streets.

Buddha Day in Sungai Petani

11 – 12 May, Sungai Petani

In Northern Malaysia, Nalanda Sungai Petani Branch engaged the local community this Buddha Day through a wide array of programmes to ground their faith in the Three Jewels, learn the sublime Dhamma, and perform wholesome deeds. We extend our appreciation to the Branch members and volunteers for connecting more people to the Buddha's teachings and may the community continue to deepen their understanding and practice of the Dhamma.



Bro. Aggaphala Yap
gave an inspiring talk.



Group discussions
and sharings.



A lively and engaging
learning session.



'Dhammayatra' Film Screening
A sizeable turnout for this special documentary
produced on a journey to the land of the Buddha.



'Dhammayatra' Film Screening
Sharing by Film Director
Mr. Yang Wei Han.



'Dhammayatra' Film Screening
Devotees had the opportunity to ask Mr. Yang Wei Han
questions on the film he produced and his experience.



Blood Donation Drive
Opportunity to cultivate generosity
and save lives!



Blood Donation Drive
All smiles from our generous
blood donors.

Delving into Dhamma in Annual *Gimhāna* Retreat

27 May – 13 July, Serdang

After the Buddha's Enlightenment on Wesak full-moon, He contemplated on the Dhamma with His perfectly clear faculty of comprehension for seven weeks. Then, the Buddha travelled for seven days from Bodhgaya to Sarnath, where He preached the *Dhammacakkappavattana Sutta* on the *Āsālha* full-moon.

During this period, we observed the Nalanda *Gimhāna* Retreat and commit ourselves to a period of relatively intensive Dhamma learning programme and group practice.



Every Sunday, we explored verses of the *Mangala Sutta*.



Gimhāna Group Meditation sessions were held on Wednesdays during the Retreat.



Every service would commence with chanting to recollect the qualities of the Three Jewels.



Sis. Nandini Tan conducted special sessions on the *Satipatthana Sutta* at NEO Centre K.L.



Nalanda youths also explored the *Mangala Sutta* with a more contextualised content.



Cultivating mindfulness in group sittings during *Uposatha* Service and weekly meditation sessions.



On the new-moon and full-moon days of the Retreat, devotees would gather to learn Dhamma.



Group meditation sessions to cultivate calmness and serenity.

31 May – 2 June, K.K.B.

Over 100 Nalanda members and core volunteers across Malaysia gathered in Wisdom Park for the 11th National Nalanda Members' Convention. It was a joyful reunion for everyone after a year of hard work and selfless service.

With the guidance of Nalanda's leaders and teachers, it was a highly spirited convention as members gained clarity of our personal contributions, and our role in the organisation. *Let us stay grounded in our core, and grow together with care!*

A truly uplifting 11th National Members' Convention



Sis. Buddhini Tan



Sis. Nandini Tan



Sis. Santi Cheang



Sis. Sumandā Ong



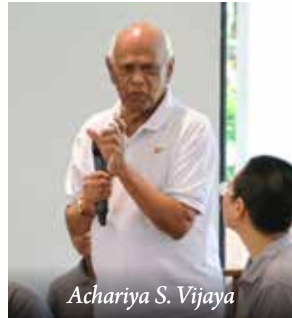
Dhamma Chats to bring up ideas and challenges faced in a safe space.



Sharing group reflections on success factors of various educational organisation.



Sis. R. Paruadi



Achariya S. Vijaya



Achariya Tan Siang Chye



Bro. Ananda Fong



Achariya S. Vijaya with the nominated Exemplary Nalanda members.



Dhamma-living as a community with daily morning and evening chanting and meditation.

6 – 8 June, Sri Serdang



Teenagers explore Buddhist heritage in historic Bujang Valley

39 facilitators and students from Teenage Dhamma School embarked on an enriching study tour to Bujang Valley in Kedah – a historically significant site often regarded as the cradle of early Buddhism in Malaysia.

Led by Nalanda Youth Leader Bro. Yeo Disheng and his dedicated team, they explored ancient archaeological sites and visited Bujang Valley Archaeological Museum. Students also developed team spirit and harmonious living through group activities, daily reflections, and Dhamma-sharing sessions.

Nurturing wholesome habits and spiritual friendships, students also took a meaningful step in their personal growth. Our appreciation to the organisers and volunteers for this inspiring tour. *Sādhu!*



Visiting and learning about the excavated ancient temples around the museum vicinity.



Learning about the structure of ancient temples.



Joyful group photos around Semerling Jetty.



Bro. Disheng led the group to understand the geographical structure in Bujang Valley.



Dhamma School Director Sis. See Hui Shien also guided the students' learning.



Sis. Nandini Tan reminded us of the importance of taking care of each other at all times.



Deepening spiritual learning with Ven. Jutipaño Mahāthero

12 June, Kuala Lumpur

Nalanda members and devotees were honoured to host Ven. Jutipaño Mahāthero and venerable monks at Nalanda Education and Outreach Centre K.L. Ven. Jutipaño guided us to better understand the real purpose of meditation and learning Dhamma.

Meditation cultivates the mind and restrains our afflictions while learning Dhamma enables us to establish Right View. In doing so, we endeavour to eliminate “self-attachment” and “self-conceit”. It is also important that we have clear spiritual goals such as vowing to attain the fruit of *Sotapanna* in this life.

We extend our appreciation to Ven. Jutipaño for his guidance and wish him good health and success in his noble endeavours.



Joyful learning as Ven. Jutipaño shared the Dhamma candidly and skilfully.



Strengthening Family Harmony at Parents' Day Celebration

15 June, Sri Serdang



A time for families to reconnect and reflect on the deep bonds that unite them.

The community at Nalanda including Dhamma School students and parents gathered to celebrate Parents' Day - a meaningful occasion dedicated to honouring the invaluable role of parents in our lives.

In simple yet meaningful activities, parents and children reflected on the essential virtues that hold a family together. Students presented hand-crafted gifts to their parents as tokens of appreciation, expressing their love and gratitude for the tireless care and sacrifices they had made.

The celebration concluded with a touching gesture of respect, as students humbly paid homage to their parents, acknowledging their immeasurable sacrifices and care.



Sincere care and appreciation nurtures a family with warmth and harmony.

Dhamma Camp for Friends of Wisdom Park Singapore Chapter



Everyone had a joyful and fruitful Dhamma Camp, with the candid advice and guidance of Ven. Ayya Hāsapañña and Ven. Ayya Jotikā as well as the support of kalyana mittas.

18 – 23 June, K.K.B.



Ven. Ayya Hāsapañña shared very relatable teachings on dealing with challenges in life.



Every morning, the group will gather for meditation and chanting to ground the day.



Many opportunities arose for campers to seek clarification.

Over 40 members of Friends of Wisdom Park Singapore Chapter immersed themselves in Dhamma learning, mindfulness practice, and reflections in Wisdom Park, guided by Ven. Ayya Hāsapañña and Ven. Ayya Jotikā.

In the tranquil grounds of this educational campus, the group found welcomed respite from the busy city life in the 6-day camp which was filled with joyful learning, camaraderie and wholesome activities.

We thank our *kalyana mittas* for their unwavering support to this community project. Our deep appreciation also goes out to Ven. Ayya Hāsapañña and Ven. Ayya Jotikā for their teachings. May they have the highest blessings. *Sādhu!*



Friends of Wisdom Park offering their service to green the campus grounds.



Blessed opportunities to offer dāna to venerable nuns.



Spirited Gathering at Youth Members' Day

19 June, Sri Serdang

In this joyful gathering, Youth Leader Bro. Yeo Disheng introduced the newly appointed officers for 2025/2027 and led the group in recollecting factors that make Nalanda Youth Centre thrive.

The Young Working Adults Team and Undergraduates Team then presented their respective goals and strategies for the rest of 2025, highlighting learning opportunities and direction. Members also reflected on their learning and shared how they aspire to grow in this platform.

Youth Mentor Bro. Lee Kong Foo encouraged everyone to use this avenue to learn, serve and grow. We express our deep gratitude towards our mentors and leaders for their support and guidance, and wish our youths a joyful year of growth ahead.



Welcoming the new officers who step up with determination to serve the Youth Centre.



Youth Mentor Bro. Lee Kong Foo, conveyed the importance to embed Dhamma in our everyday lives.



Nalanda Youths host friends from IMU Buddhist Society

22 June, Sri Serdang

Nalanda Youths warmly welcomed 7 students from IMU (International Medical University) Buddhist Society for the weekly Youth Sunday Service as well as an exchange and discussion.

Learning with good friends, Bro. Yeo Disheng guided the group in exploring the verses of the Mangala Sutta. The session concluded with group reflection as everyone listened attentively to each other's sharings and learning points.

We relished the opportunity to better know our friends from IMU Buddhist Society and to exchange perspectives on walking the Dhamma path. These moments of sincere dialogue and joyful connections are truly meaningful. We look forward to future reunions and continued collaboration.



Ice-breaking activities to get to know each other better.



Sis. Ho Wen Ying led the group on a building tour of Nalanda Centre.

22 June, Kuala Lumpur

Over 50 students and facilitators from Junior Dhamma School Serdang and Family Dhamma School Kuala Lumpur embarked on an educational outing to the Perdana Botanical Gardens and Bank Negara Malaysia Museum.

Students participated enthusiastically in interactive games designed to cultivate wise financial habits and explored the diverse currencies of ASEAN nations. A group quiz also encouraged them to work as a team and seek answers by engaging actively with the exhibits and displays.

We extend our sincere appreciation to all facilitators for thoughtfully organising this meaningful outing.



Dhamma School Outing to Kuala Lumpur



A simple picnic outdoors in Perdana Botanical Gardens, whilst learning the value of contentment.



Interactive games at Bank Negara Museum.



Facilitators guiding students in their learning.



Strengthening bonds of friendship as they support and care for each other during the trip.



Quizzes to learn and cultivate wise financial habits.



Students now have a better appreciation of money and its history.

Enriching Camp in Wisdom Park for Family Dhamma Schools



27 – 29 June, K.K.B.

Families returned home inspired to live the Dhamma more fully and more connected with one another.



Preparing the ground for planting trees.



Propagating plants for future planting.

Over 80 participants and volunteers from Nalanda Dhamma Schools in Serdang, Kuala Lumpur, and Johor Bahru came together at Wisdom Park for a Family Stay-in Programme.

Themed “Joy of Dhamma”, the learning sessions and activities deepened their understanding of Buddhist values while strengthening bonds between parents and children.

A memorable highlight was the shadow puppet performance, as families performed stories based on Dhamma teachings, lighting up the night with laughter and heartfelt moments under the starry sky.

We thank the organisers, Dhamma speakers, facilitators, and volunteers who created a joyful and supportive environment. *Sādhu anumodāna!*



Bro. Aggaphala Yap conducting a parenting workshop on “Raising a child with Dhamma values”.



Dhamma School Director Sis. See Hui Shien guided the children in their learning.



Sis. Nandini Tan, Wisdom Park EXCO Lead, welcomed participants to the educational campus.



In the nostalgic outdoor setting, parents and children presented Dhamma stories creatively.



A heartfelt gratitude night for children to express their love and thanks to their parents.



Families had grown closer and more appreciative of each other.

Honouring the Buddha's teachings on Dhamma Day & Dhammacakka Day

9 & 13 July, Sri Serdang

To commemorate Āsālha Full-moon, the sacred occasion when the Buddha first expounded the Dhamma as the Enlightened One, devotees recited the famed *Dhammacakkapavattana Sutta* and learned about this discourse on Dhamma Day, Wednesday 9 July.

Shortly, on Sunday 13 July, all learning divisions of Nalanda – including Dhamma School juniors, teenagers, youths, parents, and adults gathered to commemorate Dhammacakka Day. The discourse reverberated throughout the Centre as

the congregation chanted with devotion and vigour led by Bro. Ajita Lim. This also marked the conclusion of the annual Gimhāna Retreat held from 27 May to 13 July.

During the service, Bro. Tan Siang Chye emphasised the need to have time for daily retreat and practice, reminding participants that wisdom must arise for us to progress spiritually. May we continue walking the Noble Path diligently and ensure the continuous turning of the 'Wheel of Dhamma'.

Mangala Sutta



Dhamma Day Service commenced with Buddha Pūja.



A blessing to be able to recite the Buddha's words on the anniversary of this iconic discourse.



Calming the mind to prepare ourselves for the evening learning.



Sis. Paruadi shared how the Buddha skilfully taught the profound Dhamma to His first five disciples.



Dhammacakka Day Observance commenced with 'Achariya Abhivādana'.



In chanting the discourse, we recollected the Buddha's profound teachings.

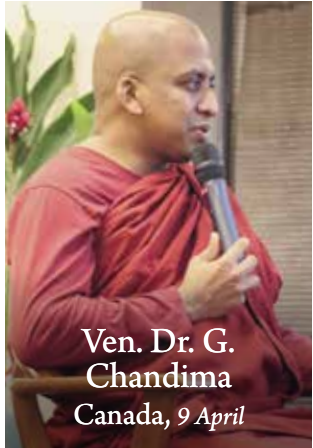


Bro. Siang Chye enhanced our learning of the Mangala Sutta in this final Gimhāna Service.

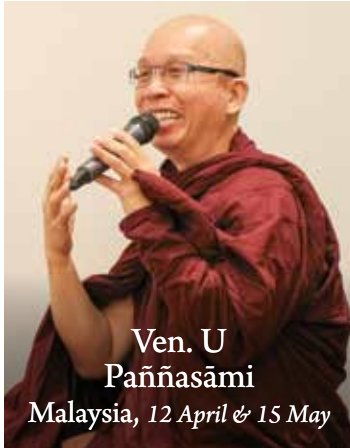


The Observance was completed with Sanghika Dāna (lunch offering to monks).

Blessed opportunities to host Sangha members at Nalanda & Wisdom Park



Ven. Dr. G.
Chandima
Canada, 9 April



Ven. U
Paññasāmi
Malaysia, 12 April & 15 May



Ven. Āyasma
Aggacitta
Malaysia, 9–11 May



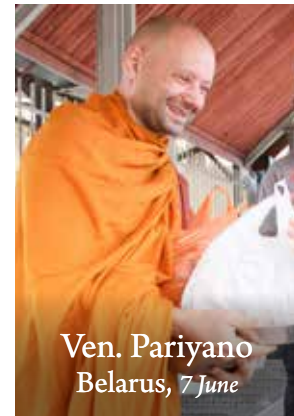
Ven. B. Dheerananda
& Ven. Gnanawimala,
Sri Lanka, 11–12 May



Ven. Siriawimala
& Ven. Ratanasiri
Sri Lanka, 17 May



(From L-R) Ven. Ajahn Dton, Ven. LP Dtumrong, Ven. LP Dumrong,
Ven. Mahapunñño, Ven. Mettacitto, Thailand, 15 May



Ven. Pariyano
Belarus, 7 June



Ven. Jutipaṇṇo
Malaysia, 12 June



Ven. Nandawbartha
& Ven. Passana
Myanmar & Malaysia, 19 July



Ven. Sajjana
Myanmar, 20 July



Ven. Ayya Anupama
Sri Lanka, 19 April



Ven. Ji-Chi 继持
Malaysia, 29 April



Ven. Ayya Hasapaṇṇa
& Ven. Ayya Jotikā
Malaysia, 17 – 23 June



Ven. Chi Kwang
Sunim
Australia, 29 June



Ven. Sayalay Daw
Carudassini
Myanmar, 19 July

Nalanda

FAMILY FUN FAIR

家庭欢乐日义卖会
八月十七日 星期日

SUNDAY
17 AUGUST 9 AM – 3 PM
NALANDA CENTRE, SRI SERDANG

Fund-raising to support the building of
Wisdom Park Phase 2, and the operations of
Nalanda Dhamma School & Free School.
此义卖会是为筹募‘智慧园’第二期的
建筑以及佛学校、义学校的经费。



3357, Jalan 18/31, Taman Sri Serdang,
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WACANA 2025 Buddhist Conference

Conference Theme

Awakening to
Community Well-being
Contemporary Perspectives

20 December
Saturday, 9 am – 6pm

Menara KEN TTDI
Kuala Lumpur

Jointly organised by



Upcoming Programmes August – September 2025

AUG



Memorial Day

SEPT



Family Fun Fair
in Johor Bahru

02	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden
16	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan Market
17	Family Fun Fair	Nalanda Centre
24	J.B. Monthly Sunday Service	NEO Centre J.B.
24	Family Fun Fair Volunteer Appreciation	Nalanda Centre
31	19th K. Sri Dhammananda Memorial Day	Nalanda Centre
05 – 07	K.L. Family Dhamma School Stay-in Programme *	Wisdom Park
06	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden
07	J.B. Monthly Sunday Service	NEO Centre J.B.
09	Young Working Adults Monthly Gathering	NEO Centre K.L.
13 – 15	Young Working Adults Stay-in Programme *	Wisdom Park
20	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan Market
21	Family Fun Fair in Johor Bahru	NEO Centre J.B.

Meditation Retreat with Ven. Luang Por Viradhammo *

Nalanda Buddhist Society will be hosting a 7-day meditation retreat guided by Ven. Luang Por Viradhammo. The retreat will be held from 6 – 12 December 2025 at Wisdom Park and is limited to 50 places.



* Registration is required.

Weekly Programmes at Nalanda

Sunday Service

Sundays, 9 am – 12 pm | Nalanda Centre, Sri Serdang

Youth Sunday Service

Sundays, 9 am – 12 pm | Nalanda Youth Centre, Sri Serdang

Weekly Group Meditation

Wednesdays, 8.30 pm – 10.00 pm | Nalanda Centre, Sri Serdang

Wednesdays, 8.00 pm – 10.00 pm | NEO Centre Johor Bahru

Thursdays, 8.00 pm – 10.00 pm | NEO Centre Kuala Lumpur

Dhamma Reflection

Of all the mental states that contribute to a happy, healthy mind, one that is often overlooked is respect. But having somebody or something in your life that inspires within you the feeling of respect is a great blessing.

To appreciate respect fully, it's necessary to take some time to observe just how it feels in the heart. I've done this, and to me it's a beautiful feeling. I cherish it, and I feel deep gratitude to people who live their lives in such a way as to inspire it within me.

A life without respect is poor and self-absorbed. A life with respect is rich and open. When one feels a steadily growing respect for the Buddha, Dhamma and Sangha, and a joy in expressing that respect through body, speech and mind, one has truly embarked upon the path to liberation.

– Ven. Ajahn Jayasāro

‘Like’ our Facebook page at www.facebook.com/nalanda.org.my to connect with Nalanda for more Dhamma-rich news, views and articles!

Nalanda Contacts Please visit our website for directions to Nalanda.

Nalanda Buddhist Society Malaysia

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Tel. No. +603-8938 1500 / 1501

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Facebook www.facebook.com/nalanda.org.my

Nalanda Centre is open daily from 10am to 5pm. For visits, kindly call to make appointments.

Nalanda Education & Outreach (NEO) Centre, Kuala Lumpur

524, Jalan Riang 12, Taman Gembira, 58200 Kuala Lumpur.

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NEO Centre K.L. is open on Tuesdays – Fridays, 2 pm – 6 pm | Saturdays & Sundays, 9 am – 1 pm.

Nalanda Education & Outreach (NEO) Centre, Johor Bahru

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