

Nalanda Bulletin

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For Non-Muslims Only

Serving Others, Cultivating Ourselves

Nalanda's mission is deeply rooted in providing holistic Buddhist education and dedicated service to the community. At the 12th National Nalanda Members' Convention, over 100 members and core volunteers renewed their commitment and sense of purpose through a deeper appreciation of how serving others is inseparable from cultivating oneself on the spiritual path.

Find out more on pages 40 – 43.





20th

1918 – 2006

Contents

Issue No. 74 | May 2026

Nalanda Bulletin is also available for on-line reading at www.nalanda.org.my

- 1 “Serving Others, Cultivating Ourselves”
- 2 20th Memorial of Ven. K. Sri Dhammananda
- 4 Parents’ Induction Programme
- 6 *Mettā Bhāvanā* Learning Sessions
- 8 “*The Conquest of Asoka*” Musical Drama
- 9 NalandaTV presents Lunar New Year production
- 10 Endearing Tea-offering Ceremony & Gratitude Day
- 12 Hosting Persatuan Hilir Buddhist Perak at Wisdom Park
- 13 Māgha Pūja Service
- 14 Nalanda Branches’ 13th AGMs
- 16 Youth Stay-in Programme
- 18 Patron’s Day Observance
- 20 Dhamma Retreat with Ven. Ajahn Visālo
- 22 Hosting Ven. Ajahn Visālo at Nalanda

M K. Sri Dhammananda Memorial Observance

A Life of Wisdom & Compassion

Dhamma through Drama : The Conquest of Asoka
Legacy Exhibition : Terima Kasih, Dhammananda!
Institute Scholarly Engagement Series
Intra-Buddhist Dialogue
Forum for Young Adults
Dhammananda Youth Camp

- 24** Unity at Nalanda's 23rd AGM
- 25** Family Outing for K.L. Family Dhamma School
- 26** Undergraduate Stay-in Programme
- 28** Free School Learning Trip to Zoo Negara
- 30** Dhamma Workshop with Ven. Ajahn Kittisobhāno
- 32** NEO Centre Sungai Petani hosts *Brahma-Vihāra* workshop
- 33** Hosting UPM Buddhist Society Learning Camp
- 34** Youth Centre's Members' Day
- 36** Special Lectures on Kedah Tua by Dr. Ooi Eng Jin
- 38** Community Service on Earth Day
- 40** 12th National Nalanda Members' Convention
- 44** Wisdom Park Phase 2 Update
- 47** Upcoming Programmes (May – July 2026)
- 48** Reflection | Contacts



Warm welcome to Dhamma at Parents Induction Programme

January – March, Sri Serdang

Parents of newly-joined Dhamma School students at Sri Serdang participated in 'Parents Induction Programme' (PIP) which is tailored for those new to Dhamma to gain a basic understanding as a foundation for their learning.

The group explored an overview of the Buddhist spiritual path, qualities of the Buddha, Dhamma and Sangha, Pāli chanting, mental cultivation and Buddhist culture. Eager to learn, their efforts enabled them to better adjust to being in this Dhamma community just as their children integrate into Dhamma School. We wish our new parents a fruitful journey ahead. *Sādhu!*



Ice-breaking activities for parents to get to know each other.



Parents enjoyed the reflections and discussions in smaller groups.



Director of Dhamma School, Sis. See Hui Shien helped parents understand their children's learning journey.



Bro. Tong Siong Yeow introduced parents to Buddhist culture.



Director of Nalanda Centre, Sis. Nandini Tan helped parents to better approach Dhamma learning by forming a foundation firmly based on the Buddha, Dhamma and Sangha.



Learning together at *Mettā Bhāvanā* course



Ven. Pematana taught the eleven benefits of cultivating mettā.



Sis. Sunandā Ong expounded on various aspects of the practice.



Sis. R. Paruadi encouraged everyone to practise mettā daily.



Guided mettā meditation sessions helped participants learn experientially



Learning together with good friends encourages us to be more determined in our practice.



January – April, Sri Serdang



Small group discussions help participants to reflect on the benefits and challenges of their practice.

Over 12 weeks, participants of the *Mettā Bhāvanā* course were guided through foundational loving-kindness meditation as they gradually deepened their understanding not just in theory, but through direct experience.

Dhamma talks and discussions explored the timeless wisdom of the *Karaṇīya Mettā Sutta*, qualities essential for nurturing boundless loving-kindness and emotional awareness.

The sessions became a shared journey of growth as they supported one another and brought the teachings to life in meaningful and transformative ways.

We rejoice in their enthusiasm, steadfast effort, and the beautiful bonds of *kalyāna-mittatā*. *Sukhihontu!*



Mettā enables us to be better people imbued with kindness and patience.



Full steam ahead for fund-raising 'Asoka' musical

Ongoing from January

In conjunction with the 20th Memorial Observance of Ven. K. Sri Dhammananda, we dedicate the musical drama 'The Conquest of Asoka' to his Dhammaduta spirit.

Directed by Ach. S. Vijaya and Mr. Yang Wei Han, the drama gathers the Nalanda community in a meaningful expression of unity, dedication, and learning. Funds raised will support the construction of Wisdom Park Phase 2 which triples its capacity (*update on pg 44*).

The musical will be presented on 19 and 20 September 2026 at Menara KEN, TTDI. For sponsorship, please contact Sis. Wee Hwe Shean at 012 396-9922.



Director Ach. Vijaya guided the team from the initial planning and brainstorming.



The drama's cast and crew of 60 people eagerly learn from Director Mr. Yang Wei Han.



NalandaTV presents Lunar New Year production



Director Bro. Ajit Lim also provides guidance on the underlying values for the actors' benefit.

7 – 8 February, Selangor

NalandaTV brought together youths, Dhamma School facilitators, parents and students to produce a special Lunar New Year video which delivers wholesome messages for many to reflect on during the festivities.

This endeavour not only serves the wider community, it was also a platform for the team to hone new skills, develop courage, enhance teamwork and build trust as well as connections and have fun together!

We invite you to watch and share the video on YouTube by scanning the QR code on the left. Thank you NalandaTV!



Learning groups across Nalanda worked seamlessly together to bring the storyline to life.



Tea-offering Ceremony & Gratitude Day

February – March, Serdang, K.L., J.B.



Parents and children are guided by School facilitators to reflect on the kindness we receive.



Bowing to our parents as a symbol of our love, appreciation and respect.

Nalanda members, devotees, youths, Dhamma School parents and students came together in respective Centres in Serdang and K.L. (1 March), and J.B. (28 February) for the endearing annual Tea-offering Ceremony, to show gratitude to parents and elders in conjunction with Lunar New Year.

The morning learning sessions strengthened everyone's understanding of gratitude. Parents and children held each others' hands as they reflected on the unconditional love and multitude of blessings given by one's mother and father.

We thank Nalanda Dhamma School for organising this loving ceremony to strengthen familial ties. May gratitude stay in our hearts not just for a day, but flourish every day. *Sādhu.*



Sincerity and love in showing our gratitude to our family members.



Growing closer and happier as a family unit.



All smiles for family portraits at the photo booth!



Beautiful memories to keep in our hearts for many more years to come.



J.B.

Parents and children held hands as they reflected on the blessings of their families.



J.B.

Family Dhamma School students at NEO Centre J.B. appreciate this tradition to honour elders.



K.L.

Bearing deep appreciation for our parents who have loved us unconditionally.



K.L.

Familial ties continue to strengthen for Family Dhamma School in NEO Centre K.L.

Visit by Persatuan Buddhist Hilir Perak



3 March, Sri Serdang

On the auspicious night of the *Māgha Pūja*, Bro. Tan Siang Chye expounded on '*Ōvāda Patimokkha*', delivered by the Buddha under the same full-moon. He shared how to put these teachings into practice, and understand what are the common distractions.

Aptly, Bro. Siang Chye reminded us that our every effort to realise the teachings will keep us progressing on the Dhamma path. We also deepened our understanding of *hiri* (moral shame) and *ottappa* (moral dread) which checks unwholesome behaviours. May all fellow Dhamma practitioners and friends continued progress on the spiritual path. *Sādhu*.



The service started with chanting and meditation as a congregation.



Bro. Siang Chye shared how to avoid the pitfalls of ego and pride.



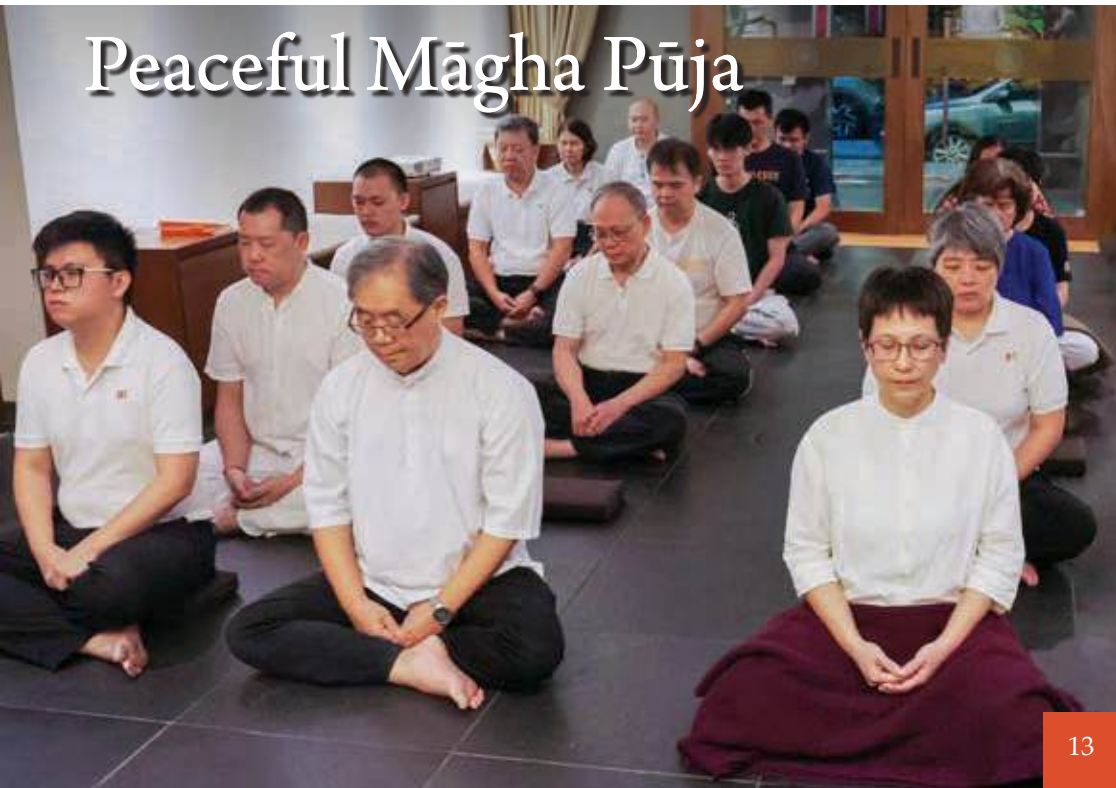
28 February, K.K.B.

We welcomed 33 members of Persatuan Buddhist Hilir Perak (PBHP) to Wisdom Park for a visit to the educational campus. This short and fruitful trip was led by PBHP's President Bro. Chuah Chong Hong and Deputy President Dr. Tang Boon Guan.

Being their first time in Wisdom Park, our PBHP friends went on a campus tour and also gave their time in service which included planting trees and light cleaning. We also had the opportunity to interact and gain a better understanding of one another.

We thank our friends from PBHP for visiting us and look forward to more insightful learning opportunities.

Peaceful Māgha Pūja



Nalanda Branches conduct Annual General Meetings

Nalanda Branches in Kuala Lumpur, Johor Bahru and Sungai Petani successfully concluded their respective 13th Annual General Meetings and elected the Branch Management Committees for a 2-year term from 2026 to 2028.

Our gratitude to the outgoing Management Committee members as well as all Branch members for their contribution and commitment to the Society's mission.

Photo : Installation of the new Branch committees at Nalanda Day Observance on 1 May.



28 February, Sg. Petani

Chairperson : Dr. Song Wai Leng

Dep. Chairperson : Sis. Ong Yen See

Branch Secretary : Sis. Lee An May, Sumedhā

Asst. Secretary : Dr. Lee Wai Heng

Branch Treasurer : Bro. Lau Yun Lee

Asst. Treasurer : Sis. Chen Chee Yuan, Vinnie

Committee Members :

1. Sis. Tan Hooi Leng

2. Sis. Heng Sok Hoon

3. Bro. Fong Chee Meng

4. Sis. Song Chu Jun

5. Sis. Lilian Yap Lee Yoong



1 March, Johor Bahru

Chairperson : Sis. Saw Geik Cheok
Dep. Chairperson : Bro. Yap Chong Huat, David
Branch Secretary : Sis. Cheong Boy Liew
Asst. Secretary : Sis. Yap Chong Man, Ann
Branch Treasurer : Sis. Ng Swee Foon, Vivienne
Asst. Treasurer : Sis. Ko Li Leng

Committee Members :

1. Sis. Ng Swee Meng, Angie
2. Sis. Yap Chong Yoon, Lisa
3. Sis. Yap Chong Yin, Alice
4. Bro. Tan Ying Boon
5. Sis. Christine Hoh Ai Lan



14 March, Kuala Lumpur

Chairperson : Sis. Tan Hui Mei, May
Dep. Chairperson : Bro. Ng Eek Chon
Branch Secretary : Sis. Tan Choi Hong, Ovia
Asst. Secretary : Sis. Lee Yoke Teng
Branch Treasurer : Sis. Lim Poh Chin
Asst. Treasurer : Sis. Thong Fee Shen

Committee Members :

1. Bro. Yong Keok Fatt
2. Sis. Ng Chee Hui, Grace
3. Sis. Lim Poh Fong, Camie
4. Bro. Ching Chee Hoong, Michael
5. Bro. Loh Voon Sin



Strengthening the Mind at Youth Stay-in Programme

6 – 8 March, K.K.B.

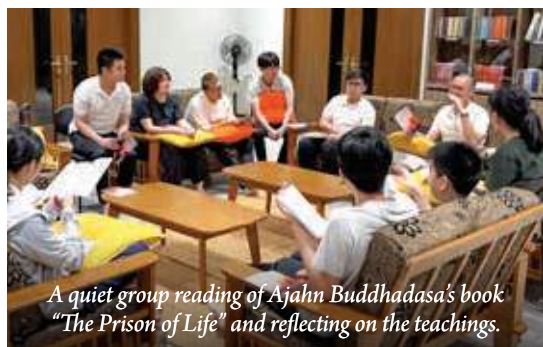
Nalanda Youth members gathered at Wisdom Park for a meaningful stay-in programme incorporating service and learning while strengthening bonds of friendship. This was also an opportunity for youths to care for the educational campus while deepening their connection with Dhamma and each other.

In their service, they learned tree pruning, composting and prepared for upcoming programmes. The days were grounded in chanting, meditation, Dhamma discussions and reflection.

Venturing out, the youths supported each other in navigating flowing water and narrow paths, culminating in a memorable programme for all.



Chanting helps us to deepen our faith and recollect the qualities of the Three Jewels.



A quiet group reading of Ajahn Buddhadasa's book "The Prison of Life" and reflecting on the teachings.



Discussing how to cultivate Dhamma in daily life and developing wise perspectives.



Every effort to strengthen the mind reaps benefits for us in our every day lives too.



Helping out the Green Warriors with the composting process.



Trimming the plants at Wisdom Park to maintain its conducive environment.



Fun with good friends over a shared meal and wholesome conversations.



Stronger bonds of fellowship enable us to support each other on our spiritual journey.



Nalanda Patron's Day

18 March, Kuala Lumpur

Nalanda leaders and members paying respects at the stupa of the late Ven. K. Sri Dhammananda.

On Nalanda Patron's Day, we pay tribute to all donors, benefactors and volunteers who contributed tremendously to the growth of Nalanda, and by extension, to the development of Buddhist education. This year, we also commenced the year-long commemoration of Ven. K. Sri Dhammananda's 20th Memorial Observance.

In Nalanda tradition, leaders and members paid homage at the memorial stupa of the late monk at the Buddhist Mahā Vihāra (BMV) in Brickfields, where he was abbot for over five decades.

Members reflected on how gratitude helps one to develop in strength and resilience to repay our patrons by paying it forward. Gratitude grows our courage to take on responsibilities by stepping up when others are not able to, and be persistent in preserving the precious Dhamma.

We wish all our benefactors well and may they rejoice in their good deeds towards the transmission of the Buddha's teachings to all ages. May those who have passed on be supported by their wholesome merits. *Sādhu anumodāna.*



Recollecting the virtues of the Buddha, Dhamma and Sangha at the Shrine Hall in BMV.



Sis. Nandini Tan reflects on the importance of bearing gratitude in our hearts.



Deputy President, Bro. Charlie Teng represents the group in offering light at the memorial stupa.



Circumambulating the stupa while reciting the qualities of the Sangha.



Making offerings of lunch dāna to venerable monks at BMV.



Sharing merits with the late Ven. Dhammananda and all our benefactors.



Bearing gratitude to all who have supported Buddhist education, we carry forward their mission of propagation.



Peaceful Dhamma Retreat with Ven. Ajahn Visālo

21 – 24 March, K.K.B.

Over 70 Nalanda members and core volunteers joined a dedicated Dhamma retreat under the guidance of Ven. Ajahn Visālo. Ajahn guided us on developing awareness and cultivating a mind of ease during meditation. He also advised us to cultivate awareness in our daily lives to observe our thoughts, feelings and intentions.

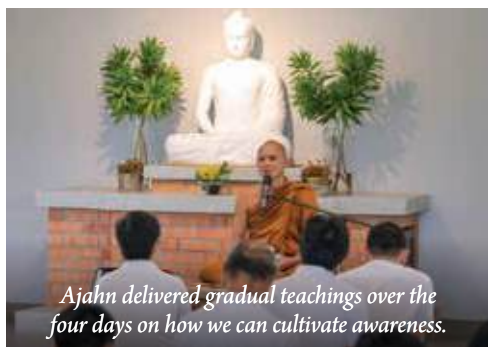
Ajahn addressed a wide range of questions from meditation experiences to life advice, giving very simple but heart-touching perspectives. We extend our deepest appreciation to Ajahn Visālo for his compassion in guiding us and wish him the very best of health. *Sādhū anumodāna!*



Ajahn Visālo guided the group in the meditation sessions.



Mindful working as we supported each other in maintaining the facilities.



Ajahn delivered gradual teachings over the four days on how we can cultivate awareness.



Harmonious chanting as a community in the mornings and evenings.



Walking meditation in the morning in the tranquil grounds of the campus.



Seeking advice from Ajahn during the group interviews.



Leaders represented the group to express our thanks and appreciation to Ajahn Visālo.



Mindfully offering meal dāna to Ajahn on the last day of the retreat.

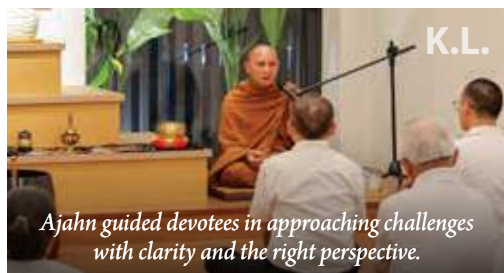
Hosting Ven. Ajahn Visālo



Giving guidance to cultivate a mind of ease through formal sitting and also in our daily lives.



"Be a silent witness to emotions, thoughts and feelings and learn to sit with the experience."



K.L.

Ajahn guided devotees in approaching challenges with clarity and the right perspective.



K.L.

Branch leaders seeking advice from Ajahn during his visit to NEO Centre K.L.



K.L.

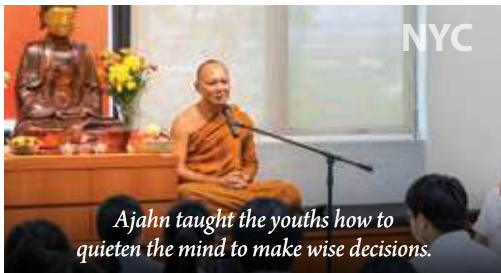
Guided meditation and Dhamma talk on Thursday, 26 March at NEO Centre K.L.

18 – 30 March, Sri Serdang



Pindacāra (alms-round) in Sri Serdang on Sunday, 29 March.

Guiding our children to properly make offerings to the Sangha.



Ajahn taught the youths how to quieten the mind to make wise decisions.



Bro. Chan Yu representing the youths to make offerings of requisites to Ajahn.



Youths benefitted greatly from the Dhamma Chat at the Youth Centre on Sunday, 29 March.



Unity at Nalanda's 23rd Annual General Meeting

29 March, Sri Serdang

At the Nalanda 23rd Annual General Meeting, members received and approved the 2025 Annual Report, rejoicing in the unity and steadfast commitment of all members, supporters, devotees, and volunteers. This collective effort contributed to the growing number of Dhamma learning programmes, including WACANA 2025.

President Sis. Buddhini Tan expressed heartfelt appreciation for everyone's unwavering support and harmonious teamwork for Nalanda's educational mission.

May members continue to sustain their resilience, commitment and unity in heart and mind towards our shared vision.





28 March, K.K.B.

65 Family Dhamma School parents, students, facilitators and volunteers from Nalanda Kuala Lumpur Branch embraced the spirit of “*Joyful Awareness*” in their first outing of 2026 at Wisdom Park.

The outing brought learning outside the classroom for families to anchor themselves in the present and cultivate a deep sense of communal harmony. Throughout the day, they explored quietening the mind and building trust amongst family members.



Spending quality time together as a family.

Joyful Family Outing to Wisdom Park



Undergraduate Stay-in at Wisdom Park

3 – 5 April, K.K.B.

Nalanda Youth Centre hosted a 3-day stay-in programme at Wisdom Park for undergraduates, themed “Strength in Serenity” for university students to enhance their ability to face life’s difficulties and embed Buddhist principles into daily living.

Grounded in daily chanting & meditation sessions, students were engaged in a series of inspiring learning sessions by Sis. Sunandā Ong to reflect on the nature of the mind and how to cultivate serenity. In a lively forum with Bro. Yeo DiSheng, Bro. Ajit Lim, and Sis. Ho Wen Ying, they asked practical questions on navigating university life, managing pressures, and applying Dhamma in facing challenges.

Students also reflected on their learning, expressed gratitude, and rejoiced in friendships and connections formed. We extend our heartfelt appreciation to all speakers, facilitators, volunteers, and participants. May the spirit of serenity and wisdom continue to guide their journey. *Sādhū anumodāna!*





Sis. Sunanda shared about the nature of the mind and ways to develop mindfulness.



The forum helped undergraduates learn from the speakers' personal experiences.



Lively activities by Bro. Ajit Lim kept the students on their toes and engaged.



Bro. Yeo Disheng delivering a Dhamma reflection after the morning meditation and chanting.



Discussions enable us to know we are not alone in facing our challenges.



Team building activities helped the youths grow closer to one another.



Morning walking meditation to hone our awareness.



The students expressed their gratitude for this opportunity to learn & build good friendships.



Learning Trip to Zoo Negara for Nalanda Free School students



Happy smiles as teachers, volunteers and students supported each other throughout the day.



Observing behaviours of the wildlife.



'Thumbs-up' from the teenagers!



5 April, Selangor



Learning from the interactive shows.

Over 40 students and teachers from Nalanda Free School enjoyed a learning trip to Zoo Negara, specially organised to take students beyond traditional classroom learning and provide them with engaging outdoor learning experiences.

For many students, it was an eye-opening trip as it was their first zoo visit. They observed wildlife up close, learned about the different species, and importance of conservation and protecting the natural habitats of wildlife. Bonds of friendship also flourished as they explored together.

We thank the School's teachers and volunteers for their efforts in organising this memorable learning trip for all the students. *Sādhu!*



Bearing calmness as they get close to the animals.

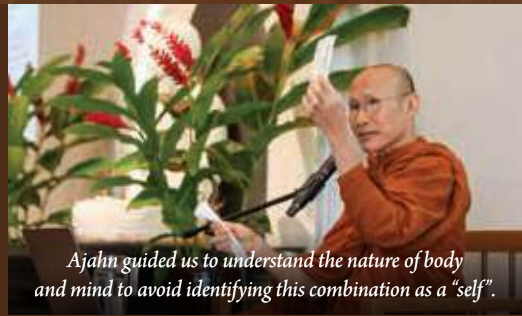


Dhamma Workshop with

11 – 12 April, Sri Serdang

Over 120 participants joined a two-day Dhamma Workshop led by Ven. Ajahn Kittisobhāno. Themed “*When Knowing Sets You Free*,” participants learned how understanding the essence of truth leads to inner transformation and liberation.

Ajahn presented a roadmap of seven progressive steps, offering practical tools and methods for self-exploration. Through such cultivation, one develops Right View, the first factor of the Noble Eightfold Path, enabling a clear understanding of the Four Noble Truths and the root of suffering. We express our gratitude to Ajahn Kittisobhāno for his compassionate teachings. *Sādhu!*



Ajahn guided us to understand the nature of body and mind to avoid identifying this combination as a “self”.



Together sharing merits upon completion of the fruitful workshop.



Ven. Ajahn Kittisobhāno



*Actively responding
as Ajahn asked questions.*



*"By seeing that all phenomena arise and cease naturally,
craving fades, leading to the cessation of suffering."*



*Answering the online quizzes
to test our understanding.*



*Offering of meal dāna to
Ajahn Kittisobhāno.*



Brahma-Vihāra Workshop with Ach. Tan Siang Chye

17 – 18 April, Sg. Petani

Nalanda Sungai Petani Branch hosted a two-day *Brahma-Vihāra* Workshop led by Acharya Tan Siang Chye to deepen our understanding of the Four Heavenly States which transforms our lives.

Cultivating kindness makes us less reactive and more able to respond without harm to others. Practising compassion helps us care deeply and act meaningfully. By rejoicing in others' success, we free ourselves from jealousy. And with equanimity, we stay steady amidst life's ups and downs.

Our gratitude to Ach. Siang Chye for his guidance. May we continue to nurture a boundless heart for the benefit of many.



Cultivating the Brahma-Vihāra will reap much joy and reduce unhappiness in our lives.



Members thanking Ach. Siang Chye for coming to Sungai Petani for the workshop.



UPM Buddhist Society Learning Camp at Nalanda



Hosting Ven. Chang Li (常礼法师) from Dharma Drum Mountain who conducted the learning session.

18 April, Sri Serdang

On Saturday 18 April, 30 members of Persatuan Buddhist University Putra Malaysia (PBUPM) held a one-day learning camp at Nalanda Centre. Being in close proximity to UPM, we were glad to host the students once again and to provide a conducive environment for their learning and training.



Students deep in discussions as they reflected on the sessions.

Young and energetic, the group relished the opportunity to receive guidance from spiritual teachers alongside like-minded friends. They also cultivated a sense of community that extends beyond the lecture room, supporting one another in their ongoing journey. We rejoice in their efforts and look forward to host them again.



Moving Forward at Youth Members' Day



Youth Leader, Bro. Yeo Disheng shared the Youth Centre's focus for the coming months.



Past Youth Leader Bro. Ajit Lim bidding farewell as he embarks on his next spiritual journey.



Rejoicing and celebrating our good friends' milestones in life.



19 April, Sri Serdang



Youth Mentor Sis. Nandini sharing her observation and advice to the Youth members.



Group discussion on how the Youth Centre can support everyone's learning.

Nalanda Youth Centre members gathered for Youth Members' Day to reconnect with each other and receive the latest updates as well as direction.

Rejoicing in the proactiveness of many members in actively learning and serving, Youth Leader, Bro. Yeo Disheng also urged everyone to step out of their comfort zones and benefit others. Youth Mentor, Sis. Nandini Tan encouraged youths to recollect and learn from Venerable K. Sri Dhammananda's missionary spirit as we commemorate his 20th Memorial Observance.

We rejoice over this harmonious gathering, and may the youths continue to grow and move forward with renewed spirit! *Sādhu anumodāna!*



Insightful Lectures on Kedah Tua by Dr. Ooi Eng Jin

Nalanda Institute Malaysia hosted Dr. Ooi Eng Jin and over 100 history enthusiasts at Nalanda Centre and NEO Centre S.P. for two lectures on interpreting recent discoveries in Bujang Valley.

The ancient civilisation of Kedah Tua played a vital role as a maritime hub, and a key political and cultural centre. Inscriptions discovered point to the presence of active Buddhist communities, traditions and practices.

The lively lectures led to dynamic and thought-provoking discussions with participants. We thank Dr. Ooi for an insightful session that deepened everyone's appreciation for preserving our Buddhist heritage.



Participants who were eager to learn more had opportunities to ask Dr. Ooi questions.



Director of Nalanda Institute Ach. Tan Siang Chye shared the importance of learning Buddhist history in this land.



14 March, Sungai Petani | 25 April, Sri Serdang



Describing the significance of Buddhist inscriptions discovered at Bukit Choras.



Bro. Khaw Seng Giap guided Dr. Ooi on a tour of NEO Centre Sg. Petani.



We feel privileged to be able to learn from Dr. Ooi and extend our deep appreciation for his efforts to engage more people in Buddhist history.



Earth Day at Nalanda

Our Power, Our Planet



School Director Sis. See Hui Shien sharing how to observe Earth Day with the right mindset.



Dhamma School students work together to clean the adjacent field for the benefit of the community.



Nalanda leaders planting a frangipani tree at K. Sri Dhammananda Centre, a symbol of growth & renewal.



No task is too big when we are all working together harmoniously.



26 April, Sri Serdang

To celebrate Earth Day, the Nalanda community came together to play our part as caretakers of Mother Earth. Expanding on the theme, “*Our Power, Our Planet*”, Director of Nalanda Dhamma School, Sis. See Hui Shien encouraged us to reduce our impact on the environment every day.

Everyone contributed wholeheartedly to clean and maintain Nalanda Centre and its surroundings. The spirit of kindness and compassion abound as all worked in unity with dedication and care for each other. May we continue to care for the Earth with mindfulness and compassion for future generations.



It is our collective responsibility to take care of the environment.



Sis. Buddhini Tan concluded with a meaningful reminder on the importance of giving back to the community.



Spirit of Unity at Members' Convention

1 – 3 May, K.K.B.

Members united at the 12th National Nalanda Members' Convention themed "*Serving Others, Cultivating Ourselves*". In the Nalanda Day speech, President Sis. Buddhini Tan highlighted Nalanda's steady journey from humble beginnings to a thriving community grounded in the aspiration to learn, practise, and share the Dhamma.

Every role matters as we all contribute to keeping the ship strong and moving forward. True strength lies in being good friends and also good teammates who journey together with mutual respect and a shared vision.

Members actively participated in the learning sessions to explore the close correlation between serving others and cultivating ourselves. We create

sustainable teams when we enhance our care to commitment, harmony to alignment and support to shared accountability. This accompanies a shift in our inner practice to let go of ego, manage expectations and work with differences.

As Nalanda moves forward, we express our deepest gratitude to all leaders past and present, members, donors, supporters, devotees and volunteers who have been part of this meaningful journey together to deliver Holistic Buddhist Education.

Reenergised in our spirit of service, let us play our part to ensure this strong and steady ship continues to contribute to the continuation of the *Buddha-Sāsana* for the benefit of many generations to come. *Sādhu!*

23rd Anniversary of **Nalanda Buddhist Society**



President Sis. Buddhini Tan sharing Nalanda's journey and direction to members on Nalanda Day.



Sis. Nandini Tan shared how we can enhance our service by being a good teammate.



Sis. Sunandā Ong talked about practising Brahma-Vihāra as a foundation of a strong community.



Sis. See Hui Shien shared how Dhamma practice manifests in our habits and interactions.



Sis. R. Paruadi shared about developing awareness and the practice of bhāvanā.



Achariya Vijaya giving his ovāda (advice) to Nalanda members.



Youth Leader Bro. Yeo Disheng giving an energetic message on the Youth Centre's 14th anniversary.



Witnessed by members, the new Branch committee pledged their oath of duty.



Sis. Sandy Lim sharing on her appointment as the new Assistant Director of the Institute.



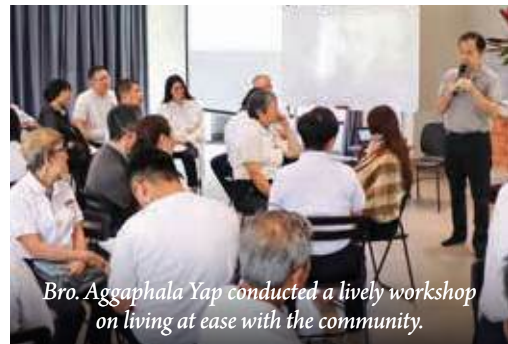
Ach. Siang Chye sharing his thoughts and observations on the Nalanda community.



The elective on Programme Design & Facilitation Skills imparted key factors we can adopt.



The People Engagement elective focussed on "Caring Enough to Reach Out".



Bro. Aggaphala Yap conducted a lively workshop on living at ease with the community.



Grounding every morning and evening with meditation and chanting.



Chanting the Mangala Sutta in the morning



Morning walking meditation before members gathered to share merits at the Memorial Pavilion.



Bro. Ananda Fong shared about his experiences learning and serving Ven. K. Sri Dhammananda.



Addressing concerns candidly and with openness for all members' benefits.



Nalanda leaders created a safe space for members to raise suggestions and concerns at the Townhall.



New Johor Bahru Branch Chairman, Sis. Saw Geik Cheok sharing her learning journey.



Members rejoicing in the encouraging words and wisdom from Bro. Ooi Choong Li.



Phase 2 construction begins at Wisdom Park

Construction has commenced for Wisdom Park Phase 2 with earthworks in January 2026. This is a major milestone after months of planning, and the Wisdom Park Development Committee continues to carefully oversee the construction of the multi-purpose hall which comprises a Main Hall, Central Kitchen and Dining Hall.

The Committee hold frequent technical meetings to discuss progress and liaises closely with our contractors in site meetings. Their commitment and efforts are key in progressing this much-needed expansion of the campus.

Let us all extend thoughts of loving-kindness to the Committee members, contractors, workers and volunteers, wishing them smooth and safe progress.



The Development Committee commits much effort and care for the expansion, to benefit the community.



Site meetings with the contractors led by the Technical Committee.



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*Ven. Ajahn Visālo led members to chant
blessings at the site of the multi-purpose hall.*



*Leaders represent the community to
share merits for the safe construction of Phase 2.*



*Ven. Ajahn Visālo leading members in reciting
verses of blessings for the new site.*



BPS404

Higher Certificate in Buddhist Studies

June – November 2026

Six modules including Buddhist history, concept of humanity & sociology, polity & economics, arts & culture, and a Tipitaka workshop.



Nalanda Institute

Registration closes on 7 June.
Find out more and register
by scanning the QR code.



家庭欢乐日义卖会
八月十六日星期日

NALANDA FAMILY FUN FAIR

16 AUG 2026

9 AM – 3 PM

NALANDA CENTRE, SRI SERDANG

Upcoming Programmes

May – July 2026

Month	Date	Programme	Location
MAY	01	Nalanda Day Observance	Wisdom Park
	01 – 03	12 th National Nalanda Members' Convention	Wisdom Park
	16	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan Market
JUN	30 – 31	<i>Buddha Day</i> – Wesak Observance B.E. 2570	Nalanda Centre
	01 – 07	<i>Buddha Day</i> – Wesak Observance B.E. 2570	Nalanda Centre
	06	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden
	14	Buddha Day Volunteer Appreciation	Nalanda Centre
	20	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan Market
	27	BPS 404 Certificate in Buddhist Studies commences*	Nalanda Centre
JULY	27 & 28	Mandarin Dhamma Workshop with Ven. Ajahn Kittisobhāno*	Nalanda Centre
	01	Nalanda Institute's 19th Anniversary	Nalanda Centre
	04	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden
	11	Young Working Adults Forum*	Menara KEN, TTDI
	18	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan Market
	26	Dhammacakka Day & Intra-Buddhist Dialogue	Nalanda Centre
	28	Dhamma Day Observance	Nalanda Centre

* Registration is required

Special Programmes at Nalanda

30 May – 7 June

Buddha Day Observance

Find out more at wesak.org.my

10 June – 9 September

10-week Satipatthana Meditation Session



14 June – 28 July

Gimhāna Retreat

Find out more at gimhana.nalanda.org.my

Dhamma Reflection

Time is a human invention and a human being is no different today from what his ancestor was two or three thousand years ago. We humans have the same propensity for good or evil as our forebears did during the time of the Buddha.

The difference may be that today, given our vast technological advances and education, we are in a better position to develop our good or evil natures. If we have the good sense to slow down and look at the Teachings without bias and practice them sincerely, we can raise the human race to high levels of divinity.

If we persist in ignoring the precious teaching we will continue to give in to the beast in us. The choice is ours.

– Extracted from *'Buddhism for the Future'* by Ven. K. Sri Dhammananda

'Like' our Facebook page at www.facebook.com/nalanda.org.my to connect with Nalanda for more Dhamma-rich news, views and articles!

Nalanda Contacts Please visit our website for directions to Nalanda.

Nalanda Buddhist Society Malaysia

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Nalanda Centre is open daily from 10am to 5pm. For visits, kindly call to make appointments.

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NEO Centre K.L. is open on Tuesdays – Fridays, 2 pm – 6 pm | Saturdays & Sundays, 9 am – 1 pm.

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